



# SWIM BC DIVISIONAL CHAMPIONSHIPS NORTH & INTERIOR DIVISION

## 2020-21 NORTH & INTERIOR DIVISION TIME STANDARDS

	FEMALE					
	12 & U		13 & 14		15 & O	
	LCM	SCM	LCM	SCM	LCM	SCM
<b>50 Free</b>	34.11	33.44	31.82	31.20	30.47	29.87
<b>100 Free</b>	1:16.84	1:15.33	1:09.99	1:08.62	1:06.39	1:05.09
<b>200 Free</b>	2:48.63	2:45.32	2:33.24	2:30.24	2:24.44	2:21.61
<b>400 Free</b>	5:45.84	5:39.06	5:15.60	5:09.41	5:01.60	4:55.69
<b>800 Free</b>	12:10.79	11:56.46	11:09.15	10:56.03	10:45.28	10:32.63
<b>1500 Free</b>	23:08.50	22:41.27	21:11.39	20:46.46	20:26.04	20:02.00
<b>50 Back</b>	41.26	40.45	37.63	36.89	35.48	34.78
<b>100 Back</b>	1:27.49	1:25.77	1:20.41	1:18.83	1:16.62	1:15.12
<b>200 Back</b>	3:09.93	3:06.21	2:50.18	2:46.03	2:44.48	2:41.25
<b>50 Breast</b>	46.97	46.05	43.61	42.75	40.61	39.81
<b>100 Breast</b>	1:41.39	1:39.40	1:34.20	1:32.35	1:29.36	1:27.61
<b>200 Breast</b>	3:40.74	3:36.41	3:24.16	3:17.26	3:11.29	3:07.54
<b>50 Fly</b>	40.59	39.79	35.77	35.07	33.77	33.11
<b>100 Fly</b>	1:34.07	1:32.23	1:23.31	1:21.68	1:15.97	1:14.48
<b>200 Fly</b>	3:39.30	3:35.00	3:03.66	3:00.06	2:51.67	2:46.67
<b>200 IM</b>	3:06.73	3:03.07	2:53.87	2:50.46	2:41.91	2:38.74
<b>400 IM</b>	6:37.91	6:30.11	5:57.36	5:50.35	5:47.73	5:40.91

	MALE					
	12 & U		13 & 14		15 & O	
	LCM	SCM	LCM	SCM	LCM	SCM
<b>50 Free</b>	35.13	34.44	31.09	30.48	27.59	27.05
<b>100 Free</b>	1:18.55	1:17.01	1:08.58	1:07.24	1:00.24	59.06
<b>200 Free</b>	2:53.33	2:49.93	2:34.77	2:31.74	2:14.25	2:11.62
<b>400 Free</b>	5:54.97	5:48.01	5:09.51	5:03.44	4:39.24	4:41.63
<b>800 Free</b>	13:25.24	13:09.45	11:29.81	11:16.28	10:06.40	9:54.51
<b>1500 Free</b>	25:29.95	24:59.95	21:10.50	20:45.59	19:12.16	18:49.57
<b>50 Back</b>	43.93	43.07	38.04	37.29	32.93	32.28
<b>100 Back</b>	1:32.33	1:30.52	1:20.42	1:18.84	1:10.57	1:09.19
<b>200 Back</b>	3:22.28	3:18.31	2:50.11	2:45.96	2:36.06	2:33.00
<b>50 Breast</b>	49.46	48.49	43.39	42.54	37.57	36.83
<b>100 Breast</b>	1:44.58	1:42.53	1:30.87	1:29.09	1:20.89	1:19.30
<b>200 Breast</b>	3:48.17	3:43.70	3:11.34	3:04.87	2:57.41	2:53.69
<b>50 Fly</b>	43.89	43.03	36.28	35.57	30.67	30.07
<b>100 Fly</b>	1:36.90	1:35.00	1:24.20	1:22.55	1:08.41	1:07.07
<b>200 Fly</b>	3:45.66	3:41.24	3:05.78	3:02.14	2:43.22	2:40.02
<b>200 IM</b>	3:14.41	3:10.60	2:50.87	2:47.52	2:30.06	2:27.12
<b>400 IM</b>	6:53.32	6:45.22	5:45.03	5:38.26	5:11.27	5:05.17

## CLUBS

- BVOSC - Bulkley Valley Otters
- CEE - Chetwynd Electric Eels
- CKSC - Kootenay Swim Club
- CONNU - Fort St. John Inconnu
- CSSSC - Columbia Shuswap Selkirks
- CTSC - Cranbrook Tritons
- CVSC - Columbia Valley Swim Club
- DCS - Dawson Creek Seals
- EVDSC - Elk Valley Dolphins
- KAJ - Kelowna Aquajets
- KCS - Kamloops Classic Swimming
- KISU - KISU Swim Club
- KMSC - Kitimat Marlins
- PGB - Prince George Barracudas
- PRASC - Prince Rupert Amateur SC
- SOSC - Summerland Orca Swim Club
- TBSC - Terrace Bluebacks Swim Club
- TRAX - TRAX Swim Club
- TRUW - Thompson Rivers University
- VKSC - Vernon Kokanee Swim Club
- WLBF - Williams Lake Bluefins
- WRSC - Waveriders Swim Club



# SWIM BC DIVISIONAL CHAMPIONSHIPS FRASER & ISLAND DIVISION

## 2020-21 FRASER & ISLAND DIVISION TIME STANDARDS

	FEMALE					
	12 & U		13 & 14		15 & O	
	LCM	SCM	LCM	SCM	LCM	SCM
<b>50 Free</b>	32.10	31.47	30.63	30.03	29.43	28.85
<b>100 Free</b>	1:10.40	1:09.02	1:07.10	1:05.78	1:03.52	1:02.27
<b>200 Free</b>	2:35.48	2:32.43	2:28.30	2:25.39	2:18.07	2:15.36
<b>400 Free</b>	5:12.00	5:05.88	5:04.84	4:58.86	4:52.22	4:46.49
<b>800 Free</b>	10:55.49	10:42.64	10:34.95	10:22.50	10:35.48	10:23.02
<b>1500 Free</b>	22:04.30	21:38.33	20:06.41	19:42.75	20:07.41	19:43.74
<b>50 Back</b>	38.99	38.23	37.16	36.43	34.12	33.45
<b>100 Back</b>	1:20.79	1:19.21	1:18.16	1:16.63	1:11.79	1:10.38
<b>200 Back</b>	2:53.96	2:50.55	2:44.85	2:41.62	2:34.13	2:31.11
<b>50 Breast</b>	45.05	44.17	42.77	41.93	40.75	39.95
<b>100 Breast</b>	1:33.00	1:31.18	1:29.42	1:27.67	1:24.24	1:22.59
<b>200 Breast</b>	3:21.55	3:17.60	3:10.28	3:06.55	3:02.52	2:56.35
<b>50 Fly</b>	37.39	36.66	35.28	34.59	32.95	32.30
<b>100 Fly</b>	1:24.02	1:22.37	1:19.33	1:17.77	1:11.55	1:10.15
<b>200 Fly</b>	3:29.74	3:25.63	3:05.76	3:02.12	2:47.48	2:44.20
<b>200 IM</b>	2:53.75	2:50.34	2:47.07	2:43.79	2:37.00	2:33.92
<b>400 IM</b>	5:59.74	5:52.69	5:52.15	5:45.25	5:44.32	5:37.57

	MALE					
	12 & U		13 & 14		15 & O	
	LCM	SCM	LCM	SCM	LCM	SCM
<b>50 Free</b>	32.74	32.10	28.91	28.34	26.62	26.10
<b>100 Free</b>	1:12.32	1:10.67	1:03.18	1:01.94	58.00	56.86
<b>200 Free</b>	2:38.06	2:34.96	2:19.51	2:16.77	2:07.33	2:04.83
<b>400 Free</b>	5:29.98	5:23.51	4:50.01	4:44.32	4:32.93	4:27.58
<b>800 Free</b>	11:38.67	11:24.97	10:39.31	10:26.77	9:55.66	9:43.98
<b>1500 Free</b>	22:06.44	21:40.43	20:03.72	19:40.12	18:51.75	18:29.56
<b>50 Back</b>	40.88	40.08	36.17	35.46	32.48	31.84
<b>100 Back</b>	1:23.71	1:22.07	1:15.81	1:14.32	1:08.01	1:06.68
<b>200 Back</b>	3:00.60	2:57.06	2:41.46	2:37.52	2:32.02	2:29.04
<b>50 Breast</b>	48.44	47.49	41.87	41.05	36.45	35.74
<b>100 Breast</b>	1:37.31	1:35.40	1:24.32	1:22.67	1:16.90	1:15.39
<b>200 Breast</b>	3:33.71	3:29.52	3:06.43	3:00.31	2:50.44	2:47.10
<b>50 Fly</b>	41.38	40.57	34.18	33.51	29.80	29.22
<b>100 Fly</b>	1:29.92	1:28.16	1:14.32	1:12.86	1:05.54	1:04.25
<b>200 Fly</b>	3:39.90	3:35.59	2:49.36	2:46.04	2:35.45	2:32.40
<b>200 IM</b>	2:58.87	2:55.36	2:36.88	2:33.80	2:23.53	2:20.72
<b>400 IM</b>	6:15.09	6:07.74	5:31.82	5:25.31	5:01.82	4:55.90

## CLUBS

- ADVENT - Advent Swim Academy
- AOSC - Abbotsford Olympians SC
- ARIE - Arie Swimming Club
- COMOX - Comox Valley Aquatic Club
- CRKW - Campbell River Killer Whales
- DST - Duncan Stingrays Swim Team
- DYNA - Dynamo Swim Club
- HANEY - Haney Seahorse Swim Club
- HYACK - Hyack Swim Club
- ISC - Island Swimming Club
- LCSC - Ladysmith/Chemainus
- LOSC - Langley Olympians Swim Club
- NRST - Nanaimo Riptides Swim Team
- PSW - Pacific Sea Wolves
- RAC - Ravensong Aquatic Club
- SFA - Simon Fraser Aquatics
- SFU - Simon Fraser University
- SKSC - Surrey Knights Swim Club
- SPART - Spartan Swim Club
- TSUN - Port Alberni Tsunami
- TYEE - Tyee Aquatic Club
- UVIC - UVIC VIKES Swim Team
- UVPCS - UVic Pacific Coast Swimming
- WGB - Whitehorse Glacier Bears SC



# SWIM BC DIVISIONAL CHAMPIONSHIPS VANCOUVER COASTAL DIVISION

## 2020-21 VANCOUVER COASTAL DIVISION TIME STANDARDS

## CLUBS

	FEMALE					
	12 & U		13 & 14		15 & O	
	LCM	SCM	LCM	SCM	LCM	SCM
<b>50 Free</b>	32.85	32.21	31.44	30.82	29.99	29.40
<b>100 Free</b>	1:12.53	1:11.11	1:07.91	1:06.58	1:05.69	1:04.40
<b>200 Free</b>	2:39.82	2:36.69	2:28.47	2:25.56	2:24.83	2:21.99
<b>400 Free</b>	5:29.57	5:23.11	5:06.69	5:00.68	4:57.52	4:51.69
<b>800 Free</b>	11:37.79	11:24.11	10:45.30	10:32.65	10:17.49	10:05.38
<b>1500 Free</b>	21:33.07	21:07.72	20:26.08	20:02.04	19:33.23	19:10.22
<b>50 Back</b>	39.75	38.97	36.54	35.82	35.91	35.21
<b>100 Back</b>	1:23.82	1:22.18	1:17.23	1:15.72	1:14.84	1:13.37
<b>200 Back</b>	3:00.77	2:57.23	2:50.00	2:46.67	2:45.24	2:42.00
<b>50 Breast</b>	45.67	44.77	42.96	42.12	41.64	40.82
<b>100 Breast</b>	1:37.81	1:35.89	1:29.84	1:28.08	1:27.65	1:25.93
<b>200 Breast</b>	3:23.64	3:19.65	3:17.65	3:13.77	3:09.19	3:05.48
<b>50 Fly</b>	38.44	37.69	35.67	34.97	34.22	33.55
<b>100 Fly</b>	1:26.97	1:25.26	1:20.07	1:18.50	1:16.73	1:15.23
<b>200 Fly</b>	3:32.90	3:28.73	3:22.69	3:16.79	2:58.13	2:52.94
<b>200 IM</b>	2:58.74	2:55.24	2:49.01	2:45.70	2:44.37	2:41.15
<b>400 IM</b>	6:16.30	6:08.92	5:54.06	5:47.12	5:51.39	5:42.82

CDSC - Canadian Dolphins Swim Club  
 CHENA - Chena Swim Club  
 CHIN - Chinook Swim Club  
 DELTA - Delta Sungod Swim Club  
 GATORS - Killarney Gators  
 HST - Hollyburn Swim Team  
 RAPID - Richmond Rapids Swim Club  
 SFC - Swim Faster Club  
 SQUP - Squamish Pirates Swim Club  
 UBCT - University of British Columbia  
 VPSC - Vancouver Pacific Swim Club  
 WDSC - Winskill Dolphins  
 WSC - Wayland Swim Club  
 WSWSC - Whistler Seawolves Swim Club  
 WVOSC - West Vancouver Otters

	MALE					
	12 & U		13 & 14		15 & O	
	LCM	SCM	LCM	SCM	LCM	SCM
<b>50 Free</b>	32.71	32.07	28.56	28.00	26.70	26.18
<b>100 Free</b>	1:12.00	1:10.59	1:03.95	1:02.70	58.52	57.37
<b>200 Free</b>	2:38.68	2:35.57	2:21.88	2:19.10	2:10.59	2:08.03
<b>400 Free</b>	5:27.85	5:21.42	4:54.17	4:48.40	4:39.24	4:33.76
<b>800 Free</b>	11:50.86	11:36.92	11:34.02	11:20.41	10:22.49	10:10.28
<b>1500 Free</b>	24:34.29	24:05.38	21:58.63	21:32.77	19:42.72	19:19.53
<b>50 Back</b>	40.04	39.25	35.75	35.05	32.96	32.31
<b>100 Back</b>	1:23.56	1:21.92	1:15.13	1:13.66	1:10.37	1:08.99
<b>200 Back</b>	3:00.37	2:56.83	2:46.42	2:43.16	2:33.00	2:30.00
<b>50 Breast</b>	46.06	45.16	40.04	39.25	36.28	35.57
<b>100 Breast</b>	1:33.94	1:32.10	1:24.14	1:22.49	1:18.51	1:16.97
<b>200 Breast</b>	3:25.11	3:21.09	3:01.34	2:55.21	2:53.26	2:47.40
<b>50 Fly</b>	39.23	38.46	33.86	33.20	30.03	29.44
<b>100 Fly</b>	1:27.72	1:26.00	1:14.22	1:12.76	1:06.81	1:05.50
<b>200 Fly</b>	3:43.96	3:39.57	2:48.89	2:43.97	2:40.95	2:37.79
<b>200 IM</b>	2:58.26	2:54.76	2:39.48	2:36.35	2:27.94	2:25.04
<b>400 IM</b>	6:08.76	6:01.53	5:34.95	5:28.38	5:23.61	5:17.26