



Team Aquatic Supplies
BC Swim Coaches Conference
Preliminary Schedule

Westin Resort & Spa, Whistler, BC

One BC - Moving Forward Together

Thursday September 30th

3:00 – 6:00	Swim BC Technical Program & Principles: 2021 and Beyond One BC Workshop: Authoring our Story of Swimming in BC <i>Cory Beatt, Swim BC Technical Director</i>
6:00 - 7:30	Conference Registration
8:00 - 10:00	Coaches Social

Friday October 1st

8:30 - 9:30	Age Group to Senior Swimming: The New Trajectory <i>Dr. Stephen Norris</i>
9:45 - 10:45	Team Building: Developing Culture for the New Generation <i>Martin Gingras & Philip Garverick, Pointe Claire Swim Club</i>
11:00 - 12:00	New Beginnings: An opportunity for Change <i>Dr. Stephen Norris</i>
12:00 – 12:30	FORM Smart Goggles: Real-time metrics integration
1:00 - 2:00	Women in Coaching Luncheon <i>*Invitation Only - Laura Watson, OTP</i>
2:00 - 3:00	Planning for a Successful Taper <i>Liz Johnson, CSI Pacific</i>
3:15 - 4:15	Resilience and the Coaching Mind <i>Laura Watson, OTP</i>
4:30 - 5:30	BC Talks: Lessons Learned from 2020 <i>Brad Dalke (KCS) Tina Hoeben (KISU) Tyler Lewall (COMOX)</i> 10 min talks; Moderated Q & A
8:30 - 9:30	Welcome Reception

Saturday October 2nd

	Age Group / National	Grassroots / Age Group Stream
9:00 – 10:00	Better Activation <i>Eugene Liang, Triathlon Canada</i>	Teaching Freestyle <i>Chad Webb, WLBF</i>
10:15 – 11:15	Developing Distance Free for Males <i>Martin Gingras, Pointe Claire SC</i>	Teaching Backstroke <i>Tina Hoeben, KISU</i>
11:30 – 12:30	The Well-Rounded Age Group Athlete <i>Philip Garverick, Pointe Claire SC</i>	Teaching Breaststroke <i>Abderrahmane Tissira, SFU</i>
12:30 – 2:00	BREAK	
2:00 – 2:45	Swim BC AGM	Effective Warm-up, Swim Down & Recovery <i>Liz Johnson, CSI Pacific</i>
2:45 – 3:30		TBA <i>Eugene Liang, Triathlon Canada</i>
3:45 – 5:00	Building Engagement: Applying Game Design Elements to Swimming <i>Paul Hossack, Form Swim</i>	
6:00 – 7:00	Awards Warm-up & Cocktail Hour	
7:00 – 10:00	Swim BC Awards Banquet / BC Swimming Hall of Fame Inductions <i>Inductees: Richard Weinberger, Donovan Tilledsley, Ted Simpson</i>	

Sunday October 3rd

9:00 – 10:00	Resetting: COVID as a catalyst for disruptive innovation <i>James Bretzlaff (MBA), Management Consultant</i>	Teaching Butterfly <i>Jy Lawrence, PSW</i>
10:15 – 1:15	Why Para? Professional Development, Inclusion & Legacy <i>Wayne Lomas, Swimming Canada Assoc Dir HP & Para National Coach and Staff</i> <i>NB – attendees receive an additional 3 NCCP PD points</i>	

***Please note, the speaker roster and session times may change without notice**

***All BC Swimming Congress plans are contingent on public health guidance; plans may change without notice.**