



Team Aquatic Supplies
Virtual BC Swim Coaches Conference

Friday October 1st | 10:00am - 12:00pm

Age Group & Senior Stream

<p>An Outstanding Year of Performances - Despite or Because of COVID? <i>Michel Bérubé</i></p>
<p>New Beginnings: An Opportunity for Change <i>Steve Norris</i></p>
<p>Lessons Learned from 2020 <i>Scott Flood, Tina Hoeben, Tyler Lewall</i></p>
<p>Panel Discussion: Where Can We Go From Here? <i>Michel Bérubé & Steve Norris</i></p>

Saturday October 2nd | 11:00am - 2:40pm

Age Group & Senior Stream

Grassroots Stream

<p>Building Engagement: Applying Game Design Elements to Swimming <i>Paul Hossack, Form Swim</i></p>	
<p>Biomechanical Myths in Swimming <i>Dr. Allan Wrigley</i></p>	<p>Teaching Freestyle <i>Chad Webb, WLBF</i></p>
<p>Team Building - Culture <i>Martin Gingras & Philip Garverick, Pointe Claire SC</i></p>	<p>Teaching Backstroke <i>Tina Hoeben, KISU</i></p>
<p>Break</p>	
<p>Effective Warm-up & Swim Down <i>Liz Johnson</i></p>	<p>Teaching Breaststroke <i>Abderrahmane Tissira, SFU</i></p>
<p>Resilience and the Coaching Mind <i>Laura Watson</i></p>	<p>Teaching Butterfly <i>Jy Lawrence, PSW</i></p>
<p>Biomechanical Similarities and Differences Between Strokes <i>Dr. Allan Wrigley</i></p>	

Registered participants will be sent the videoconferencing links prior to each session.