



**2021-22 SWIM BC DIVISIONAL TIME STANDARDS
- FRASER & ISLAND DIVISION -
* ADJUSTED TIME STANDARDS ***

FEMALE						
EVENT	12 & UNDER		13 - 14		15 & OVER	
	LCM	SCM	LCM	SCM	LCM	SCM
50 Free	00:34.54	00:33.87	00:32.45	00:31.82	00:31.53	00:30.91
100 Free	01:16.08	01:14.59	01:10.67	01:09.28	01:08.30	01:06.96
200 Free	02:45.26	02:42.02	02:32.37	02:29.37	02:27.54	02:24.65
400 Free	05:55.52	05:48.56	05:25.37	05:18.99	05:12.15	05:06.03
800 Free	12:19.28	12:04.79	11:17.62	11:04.33	10:48.20	10:35.49
1500 Free	23:39.42	23:11.59	21:41.04	21:15.53	21:09.42	20:44.53
50 Back	00:41.52	00:40.71	00:36.87	00:36.15	00:35.90	00:35.20
100 Back	01:28.10	01:26.37	01:18.78	01:17.24	01:16.39	01:14.89
200 Back	03:05.87	03:02.22	02:49.41	02:46.09	02:44.49	02:41.26
50 Breast	00:46.77	00:45.62	00:41.98	00:40.96	00:40.67	00:39.67
100 Breast	01:39.92	01:37.48	01:30.57	01:28.36	01:27.40	01:25.27
200 Breast	03:35.23	03:29.99	03:16.06	03:11.28	03:08.75	03:04.15
50 Fly	00:38.85	00:38.09	00:35.72	00:35.02	00:34.27	00:33.60
100 Fly	01:27.95	01:26.22	01:18.61	01:17.07	01:15.76	01:14.27
200 Fly	03:17.87	03:14.00	03:01.91	02:58.34	02:48.41	02:45.11
200 IM	03:06.28	03:02.63	02:54.52	02:51.10	02:46.30	02:43.03
400 IM	06:44.65	06:36.71	06:05.62	05:58.45	05:57.81	05:50.79

CLUBS

- ADVENT - Advent Swim Academy
- AOSC - Abbotsford Olympians SC
- COMOX - Comox Valley Aquatic Club
- CRKW - Campbell River Killer Whales
- DST - Duncan Stingrays Swim Team
- DYNA - Dynamo Swim Club
- HANEY - Haney Seahorse Swim Club
- HYACK - Hyack Swim Club
- ISC - Island Swimming Club
- LCSC - Ladysmith/Chemainus
- LOSC - Langley Olympians Swim Club
- NRST - Nanaimo Riptides Swim Team
- PSW - Pacific Sea Wolves
- RAC - Ravensong Aquatic Club
- SFA - Simon Fraser Aquatics
- SFU - Simon Fraser University
- SKSC - Surrey Knights Swim Club
- SPART - Spartan Swim Club
- TSUN - Port Alberni Tsunami
- UVIC - UVIC VIKES Swim Team
- UVPCS - UVic Pacific Coast Swimming
- WGB - Whitehorse Glacier Bears SC

MALE						
EVENT	12 & UNDER		13 - 14		15 & OVER	
	LCM	SCM	LCM	SCM	LCM	SCM
50 Free	00:34.55	00:33.88	00:30.12	00:29.54	00:28.36	00:27.81
100 Free	01:15.34	01:13.86	01:05.82	01:04.53	01:01.72	01:00.52
200 Free	02:44.87	02:41.63	02:22.88	02:20.07	02:14.69	02:12.05
400 Free	05:53.98	05:47.04	05:10.27	05:04.19	04:47.90	04:42.26
800 Free	12:28.97	12:14.29	10:56.06	10:43.19	10:23.50	10:11.28
1500 Free	23:31.84	23:04.15	20:36.68	20:12.43	19:35.31	19:12.26
50 Back	00:41.24	00:40.42	00:35.21	00:34.53	00:32.52	00:31.89
100 Back	01:27.46	01:25.75	01:15.14	01:13.67	01:09.71	01:08.34
200 Back	03:05.79	03:02.16	02:42.90	02:39.70	02:31.76	02:28.78
50 Breast	00:47.19	00:46.05	00:40.27	00:39.28	00:36.74	00:35.85
100 Breast	01:41.21	01:38.74	01:26.52	01:24.41	01:19.35	01:17.42
200 Breast	03:37.23	03:31.94	03:08.47	03:03.87	02:52.08	02:47.88
50 Fly	00:39.85	00:39.07	00:34.27	00:33.61	00:31.36	00:30.74
100 Fly	01:28.10	01:26.37	01:15.05	01:13.58	01:09.28	01:07.92
200 Fly	03:23.76	03:19.77	02:52.22	02:48.85	02:37.65	02:34.56
200 IM	03:06.00	03:02.35	02:43.00	02:39.81	02:32.24	02:29.25
400 IM	06:49.44	06:41.41	05:46.05	05:39.27	05:28.04	05:21.61

The adjusted time standards are temporary and will be reviewed for future standard development.