



2021-22 SWIM BC DIVISIONAL TIME STANDARDS - FRASER & ISLAND DIVISION -

FEMALE						
EVENT	12 & UNDER		13 - 14		15 & OVER	
	LCM	SCM	LCM	SCM	LCM	SCM
50 Free	0:32.28	0:31.65	0:30.90	0:30.30	0:30.03	0:29.44
100 Free	1:11.10	1:09.71	1:07.30	1:05.98	1:05.05	1:03.77
200 Free	2:34.45	2:31.42	2:25.11	2:22.26	2:20.51	2:17.76
400 Free	5:25.75	5:19.37	5:03.80	4:57.84	4:57.29	4:51.46
800 Free	11:17.37	11:04.09	10:32.70	10:20.29	10:17.33	10:05.23
1500 Free	21:40.55	21:15.05	20:14.79	19:50.97	19:45.27	19:22.03
50 Back	0:38.04	0:37.30	0:35.11	0:34.43	0:34.19	0:33.52
100 Back	1:20.72	1:19.14	1:15.03	1:13.56	1:12.75	1:11.32
200 Back	2:53.71	2:50.30	2:41.34	2:38.18	2:36.66	2:33.58
50 Breast	0:43.71	0:42.64	0:39.98	0:39.01	0:38.73	0:37.78
100 Breast	1:33.38	1:31.10	1:26.26	1:24.15	1:23.24	1:21.21
200 Breast	3:21.15	3:16.25	3:06.72	3:02.17	2:59.76	2:55.38
50 Fly	0:36.31	0:35.60	0:34.02	0:33.35	0:32.64	0:32.00
100 Fly	1:20.58	1:19.00	1:14.87	1:13.40	1:12.15	1:10.73
200 Fly	3:01.30	2:57.75	2:49.85	2:46.52	2:40.39	2:37.25
200 IM	2:54.09	2:50.68	2:46.21	2:42.95	2:38.38	2:35.27
400 IM	6:10.76	6:03.49	5:48.21	5:41.38	5:40.77	5:34.09

CLUBS

ADVENT - Advent Swim Academy
 AOSC - Abbotsford Olympians SC
 ARIE - Arie Swimming Club
 COMOX - Comox Valley Aquatic Club
 CRKW - Campbell River Killer Whales
 DST - Duncan Stingrays Swim Team
 DYNA - Dynamo Swim Club
 HANEY - Haney Seahorse Swim Club
 HYACK - Hyack Swim Club
 ISC - Island Swimming Club
 LCSC - Ladysmith/Chemainus
 LOSC - Langley Olympians Swim Club
 NRST - Nanaimo Riptides Swim Team
 PSW - Pacific Sea Wolves
 RAC - Ravensong Aquatic Club
 SFA - Simon Fraser Aquatics
 SFU - Simon Fraser University
 SKSC - Surrey Knights Swim Club
 SPART - Spartan Swim Club
 TSUN - Port Alberni Tsunami
 TYEE - Tyee Aquatic Club
 UVIC - UVIC VIKES Swim Team
 UVPCS - UVIC Pacific Coast Swimming
 WGB - Whitehorse Glacier Bears SC

MALE						
EVENT	12 & UNDER		13 - 14		15 & OVER	
	LCM	SCM	LCM	SCM	LCM	SCM
50 Free	0:32.29	0:31.66	0:28.96	0:28.40	0:27.27	0:26.74
100 Free	1:10.41	1:09.03	1:03.29	1:02.05	0:59.35	0:58.19
200 Free	2:34.08	2:31.06	2:17.38	2:14.68	2:09.51	2:06.97
400 Free	5:24.34	5:17.98	4:58.34	4:52.49	4:36.83	4:31.40
800 Free	11:26.25	11:12.80	10:18.46	10:06.33	9:47.76	9:36.24
1500 Free	21:33.60	21:08.23	19:25.80	19:02.94	18:27.95	18:06.22
50 Back	0:38.54	0:37.78	0:33.86	0:33.20	0:31.27	0:30.66
100 Back	1:21.74	1:20.14	1:12.25	1:10.84	1:07.03	1:05.71
200 Back	2:53.64	2:50.24	2:36.63	2:33.56	2:25.92	2:23.06
50 Breast	0:43.24	0:42.19	0:37.96	0:37.03	0:35.33	0:34.47
100 Breast	1:32.73	1:30.47	1:21.56	1:19.57	1:16.30	1:14.44
200 Breast	3:19.04	3:14.19	2:57.67	2:53.33	2:45.46	2:41.42
50 Fly	0:36.51	0:35.80	0:32.31	0:31.68	0:30.15	0:29.56
100 Fly	1:20.72	1:19.14	1:10.75	1:09.36	1:06.62	1:05.31
200 Fly	3:06.70	3:03.04	2:42.35	2:39.17	2:28.61	2:25.70
200 IM	2:53.83	2:50.42	2:36.73	2:33.66	2:26.38	2:23.51
400 IM	6:15.15	6:07.79	5:32.74	5:26.22	5:15.42	5:09.24