



**2021-22 SWIM BC DIVISIONAL TIME STANDARDS
- NORTH & INTERIOR DIVISION –
* ADJUSTED TIME STANDARDS ***

FEMALE						
EVENT	12 & UNDER		13 - 14		15 & OVER	
	LCM	SCM	LCM	SCM	LCM	SCM
50 Free	00:37.29	00:36.56	00:35.03	00:34.35	00:34.04	00:33.37
100 Free	01:22.13	01:20.52	01:16.28	01:14.79	01:13.73	01:12.28
200 Free	02:58.40	02:54.90	02:44.48	02:41.26	02:39.27	02:36.15
400 Free	06:23.81	06:16.28	05:44.37	05:37.62	05:36.98	05:30.37
800 Free	13:18.09	13:02.44	12:11.53	11:57.18	11:39.76	11:26.04
1500 Free	25:32.33	25:02.28	23:24.53	22:56.98	22:50.41	22:23.54
50 Back	00:43.94	00:43.08	00:39.81	00:39.02	00:38.76	00:37.99
100 Back	01:33.24	01:31.41	01:25.05	01:23.38	01:22.47	01:20.85
200 Back	03:20.65	03:16.72	03:02.89	02:59.30	02:57.58	02:54.09
50 Breast	00:50.48	00:49.25	00:45.32	00:44.22	00:43.90	00:42.83
100 Breast	01:47.87	01:45.23	01:37.78	01:35.39	01:34.35	01:32.05
200 Breast	03:52.35	03:46.69	03:31.66	03:26.49	03:23.76	03:18.80
50 Fly	00:41.94	00:41.12	00:38.56	00:37.80	00:36.99	00:36.27
100 Fly	01:34.94	01:33.07	01:24.87	01:23.20	01:21.77	01:20.18
200 Fly	03:33.61	03:29.42	03:16.38	03:12.53	03:05.44	03:01.81
200 IM	03:21.10	03:17.16	03:08.40	03:04.71	02:59.53	02:56.01
400 IM	07:16.83	07:08.27	06:34.71	06:26.97	06:26.27	06:18.69

CLUBS

- BVOSC - Bulkley Valley Otters
- CEE - Chetwynd Electric Eels
- CKSC - Kootenay Swim Club
- CONNU - Fort St. John Inconnu
- CSSSC - Columbia Shuswap Selkirks
- CTSC - Cranbrook Tritons
- CVSC - Columbia Valley Swim Club
- EVDSC - Elk Valley Dolphins
- KAJ - Kelowna Aquajets
- KCS - Kamloops Classic Swimming
- KISU - KISU Swim Club
- KMSC - Kitimat Marlins
- PGB - Prince George Barracudas
- PRASC - Prince Rupert Amateur SC
- SOSC - Summerland Orca Swim Club
- TBSC - Terrace Bluebacks Swim Club
- TRUW - Thompson Rivers University
- VKSC - Vernon Kokanee Swim Club
- WLBF - Williams Lake Bluefins
- WRSC - Waveriders Swim Club

MALE						
EVENT	12 & UNDER		13 - 14		15 & OVER	
	LCM	SCM	LCM	SCM	LCM	SCM
50 Free	00:37.67	00:36.94	00:32.85	00:32.19	00:30.92	00:30.31
100 Free	01:22.14	01:20.53	01:11.77	01:10.37	01:07.30	01:05.98
200 Free	03:03.36	02:59.77	02:35.77	02:32.73	02:26.87	02:23.98
400 Free	06:25.96	06:18.40	05:38.30	05:31.67	05:13.91	05:07.76
800 Free	13:36.64	13:20.63	11:55.34	11:41.31	11:06.50	10:53.43
1500 Free	25:39.38	25:09.20	22:28.40	22:01.97	21:21.49	20:56.37
50 Back	00:44.96	00:44.08	00:38.40	00:37.65	00:35.46	00:34.76
100 Back	01:35.36	01:33.49	01:21.93	01:20.32	01:16.01	01:14.52
200 Back	03:22.58	03:18.61	02:57.61	02:54.14	02:45.46	02:42.22
50 Breast	00:50.45	00:49.22	00:43.05	00:41.99	00:40.06	00:39.09
100 Breast	01:48.19	01:45.54	01:32.49	01:30.23	01:26.52	01:24.41
200 Breast	03:52.22	03:46.55	03:21.47	03:16.55	03:07.62	03:03.04
50 Fly	00:42.60	00:41.77	00:36.64	00:35.92	00:34.19	00:33.52
100 Fly	01:36.06	01:34.17	01:21.82	01:20.23	01:15.54	01:14.06
200 Fly	03:42.17	03:37.82	03:07.79	03:04.10	02:51.89	02:48.52
200 IM	03:22.79	03:18.82	02:57.73	02:54.24	02:45.98	02:42.74
400 IM	07:26.43	07:17.67	06:24.86	06:17.32	05:57.67	05:50.67

The adjusted time standards are temporary and will be reviewed for future standard development.