



2021-22 SWIM BC DIVISIONAL TIME STANDARDS - VANCOUVER COASTAL DIVISION -

FEMALE						
EVENT	12 & UNDER		13 - 14		15 & OVER	
	LCM	SCM	LCM	SCM	LCM	SCM
50 Free	0:32.77	0:32.13	0:31.37	0:30.76	0:30.49	0:29.89
100 Free	1:12.18	1:10.76	1:08.32	1:06.98	1:06.03	1:04.74
200 Free	2:36.79	2:33.71	2:27.31	2:24.42	2:22.64	2:19.84
400 Free	5:30.69	5:24.20	5:08.40	5:02.36	5:01.79	4:55.87
800 Free	11:27.63	11:14.15	10:42.29	10:29.69	10:26.68	10:14.40
1500 Free	22:00.25	21:34.36	20:33.19	20:09.01	20:03.23	19:39.64
50 Back	0:38.62	0:37.86	0:35.65	0:34.95	0:34.71	0:34.03
100 Back	1:21.94	1:20.34	1:16.17	1:14.68	1:13.85	1:12.40
200 Back	2:56.34	2:52.88	2:43.79	2:40.57	2:39.03	2:35.91
50 Breast	0:44.37	0:43.29	0:40.59	0:39.60	0:39.32	0:38.36
100 Breast	1:34.79	1:32.48	1:27.56	1:25.43	1:24.50	1:22.44
200 Breast	3:24.20	3:19.22	3:09.55	3:04.93	3:02.49	2:58.04
50 Fly	0:36.86	0:36.14	0:34.53	0:33.85	0:33.13	0:32.48
100 Fly	1:21.80	1:20.20	1:16.01	1:14.51	1:13.24	1:11.80
200 Fly	3:04.05	3:00.44	2:52.42	2:49.04	2:42.82	2:39.63
200 IM	2:56.73	2:53.27	2:48.73	2:45.42	2:40.78	2:37.63
400 IM	6:16.37	6:08.99	5:53.49	5:46.56	5:45.93	5:39.15

CLUBS

CDSC - Canadian Dolphins Swim Club
 CHENA - Chena Swim Club
 CHIN - Chinook Swim Club
 DELTA - Delta Sungod Swim Club
 GATORS - Killarney Gators
 HST - Hollyburn Swim Team
 RAPID - Richmond Rapids Swim Club
 SFC - Swim Faster Club
 SQUP - Squamish Pirates Swim Club
 UBCT - University of British Columbia
 VPSC - Vancouver Pacific Swim Club
 WDSC - Winskill Dolphins
 WSC - Wayland Swim Club
 WSWSC - Whistler Seawolves Swim Club
 WVOSC - West Vancouver Otters

MALE						
EVENT	12 & UNDER		13 - 14		15 & OVER	
	LCM	SCM	LCM	SCM	LCM	SCM
50 Free	0:32.78	0:32.14	0:29.40	0:28.83	0:27.69	0:27.14
100 Free	1:11.48	1:10.08	1:04.25	1:02.99	1:00.25	0:59.07
200 Free	2:36.42	2:33.35	2:19.46	2:16.72	2:11.48	2:08.90
400 Free	5:29.26	5:22.80	5:02.86	4:56.92	4:41.03	4:35.51
800 Free	11:36.65	11:22.99	10:27.83	10:15.52	9:56.67	9:44.97
1500 Free	21:53.20	21:27.45	19:43.46	19:20.26	18:44.73	18:22.68
50 Back	0:39.12	0:38.36	0:34.38	0:33.70	0:31.74	0:31.12
100 Back	1:22.98	1:21.35	1:13.35	1:11.91	1:08.04	1:06.71
200 Back	2:56.27	2:52.82	2:39.01	2:35.89	2:28.13	2:25.22
50 Breast	0:43.90	0:42.83	0:38.53	0:37.60	0:35.86	0:34.99
100 Breast	1:34.13	1:31.84	1:22.79	1:20.78	1:17.45	1:15.57
200 Breast	3:22.06	3:17.13	3:00.36	2:55.96	2:47.96	2:43.87
50 Fly	0:37.07	0:36.34	0:32.80	0:32.16	0:30.61	0:30.01
100 Fly	1:21.94	1:20.34	1:11.82	1:10.41	1:07.63	1:06.30
200 Fly	3:09.53	3:05.81	2:44.81	2:41.58	2:30.86	2:27.90
200 IM	2:56.46	2:53.00	2:39.11	2:35.99	2:28.60	2:25.68
400 IM	6:20.83	6:13.37	5:37.79	5:31.16	5:20.20	5:13.92