



## 2022 SWIM BC WINTER PROVINCIAL CHAMPIONSHIPS

### GROUP A

CDSC, CHENA, CONNU, CSSCS, DYNA, HANEY, HST, ISC, KCS, KISU, LCSC, NRST, PGB, SFA, SKSC, SQUP, TRUW, UVPSC, WGB, WLBF, WSWSC, WVOSC

<b>Session</b>			<b>Warm-up</b>	<b>Start</b>
1 Thursday Preliminaries	Girls	East Pool	7:30 - 8:20 AM	8:30 - 10:01 AM
2 Thursday Preliminaries	Boys	West Pool	7:30 - 8:20 AM	8:30 - 9:55 AM
5 Thursday Finals			2:30 - 3:20 PM	3:30 - 7:28 PM
6 Friday Preliminaries	Girls	West Pool	11:15 - 12:05 PM	12:15 - 2:10 PM
7 Friday Preliminaries	Boys	East Pool	11:15 - 12:05 PM	12:15 - 2:19 PM
10 Friday Finals			3:15 - 4:05 PM	4:15 - 7:55 PM
11 Saturday Preliminaries	Girls	East Pool	7:30 - 8:20 AM	8:30 - 10:24 AM
12 Saturday Preliminaries	Boys	West Pool	7:30 - 8:20 AM	8:30 - 10:31 AM
15 Saturday Finals			3:15 - 4:05 PM	4:15 - 7:10 PM
16 Sunday Preliminaries	Girls	West Pool	11:00 - 11:50 AM	12:00 - 1:37 PM
17 Sunday Preliminaries	Boys	East Pool	11:00 - 11:50 AM	12:00 - 1:35 PM
20 Sunday Finals			2:45 - 3:35 PM	3:45 - 7:28 PM



## 2022 SWIM BC WINTER PROVINCIAL CHAMPIONSHIPS

### GROUP A – SESSION TIME OUTS

Session #1 – Thursday, March 10<sup>th</sup>  
Women East Pool

Warm-up: 7:30 - 7:50 AM  
Racing: 8:30 - 10:01 AM

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Round	Event	Entries	Heats	Starts At
Prelims	1 Girls 200 Freestyle	81	11	8:30 AM
Prelims	3 Girls 100 Backstroke	69	9	9:03 AM
Prelims	5 Girls 200 Butterfly	36	5	9:20 AM
Prelims	7 Girls 50 Breaststroke	52	7	9:36 AM
Finals	49 Girls 10 - 12 4 X 50 Free Relay	6	1	9:44 AM
Finals	51 Girls 13 - 14 4 X 50 Free Relay	13	2	9:47 AM
Finals	53 Girls 15 - 17 4 X 50 Free Relay	13	2	9:53 AM
Finals	55 Girls 18 & O 4 X 50 Free Relay	2	1	9:58 AM
	Swimmer Count for Warm-ups: 158	====	====	
	Entry / Heat Totals:	272	38	
	Finish Time			10:01 AM

Session #2 – Thursday, March 10<sup>th</sup>  
Men West Pool

Warm-up: 7:30 - 7:50 AM  
Racing: 8:30 – 9:55 AM

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Round	Event	Entries	Heats	Starts At
Prelims	2 Boys 200 Freestyle	63	8	8:30 AM
Prelims	4 Boys 100 Backstroke	64	8	8:52 AM
Prelims	6 Boys 200 Butterfly	41	6	9:07 AM
Prelims	8 Boys 50 Breaststroke	87	11	9:25 AM
Finals	50 Boys 10 - 12 4 X 50 Free Relay	5	1	9:37 AM
Finals	52 Boys 13 - 14 4 X 50 Free Relay	8	1	9:41 AM
Finals	54 Boys 15 - 17 4 X 50 Free Relay	20	3	9:44 AM
Finals	56 Boys 18 & O 4 X 50 Free Relay	4	1	9:51 AM
	Swimmer Count for Warm-ups: 187	====	====	
	Entry / Heat Totals:	292	39	
	Finish Time			9:55 AM



## 2022 SWIM BC WINTER PROVINCIAL CHAMPIONSHIPS

### GROUP A & B – SESSION TIME OUTS

Session #5 – Thursday, March 10<sup>th</sup>  
Finals Session

Warm-up: 2:30 – 3:20 PM  
Racing: 3:30 – 7:28 PM

Round	Event	Entries	Heats	Starts At
Finals	1 Girls 200 Freestyle	32	4	3:30 PM
Finals	2 Boys 200 Freestyle	32	4	3:43 PM
Finals	3 Girls 100 Backstroke	32	4	3:55 PM
Finals	4 Boys 100 Backstroke	32	4	4:04 PM
Finals	101 Girls 50 Multi-Class Para 50 Back	0	0	4:13 PM
Finals	201 Girls 100 Multi-Class Para 100 Back	2	1	4:13 PM
Finals	102 Boys 50 Multi-Class Para 50 Back	0	0	4:16 PM
Finals	202 Boys 50 Multi-Class Para 100 Back	3	1	4:16 PM
Finals	5 Girls 200 Butterfly	32	4	4:19 PM
Finals	6 Boys 200 Butterfly	32	4	4:33 PM
Finals	7 Girls 50 Breaststroke	32	4	4:46 PM
Finals	8 Boys 50 Breaststroke	32	4	4:52 PM
Finals	103 Girls Multi-Class Para 200 Free	1	1	4:58 PM
Finals	203 Girls Multi-Class Para 400 Free	0	0	5:02 PM
Finals	104 Boys Multi-Class Para 200 Free	2	1	5:02 PM
Finals	204 Boys Multi-Class Para 400 Free	1	1	5:05 PM
Timed Finals	9 Girls 10 - 12 800 Freestyle	8	1	5:14 PM
Timed Finals	10 Boys 10 - 12 800 Freestyle	8	1	5:26 PM
Timed Finals	9 Girls 13 - 14 800 Freestyle	8	1	5:37 PM
Timed Finals	10 Boys 13 - 14 800 Freestyle	8	1	5:49 PM
Timed Finals	11 Girls 18 & Over 1500 Freestyle	3	1	6:00 PM
Timed Finals	12 Boys 18 & Over 1500 Freestyle	5	1	6:20 PM
Timed Finals	9 Girls 10 - 14 800 Freestyle (2 per Lane*)	21	3	6:40 PM
Timed Finals	10 Boys 10 - 14 800 Freestyle (2 per Lane*)	22	3	7:04 PM
	Swimmer Count for Warm-ups: 254	====	====	
	Entry / Heat Totals:	305	35	
	Finish Time			7:28 PM

*\* Alternating one heat of girls two per lane, then one heat of boys two per lane.*



## 2022 SWIM BC WINTER PROVINCIAL CHAMPIONSHIPS

### GROUP A – SESSION TIME OUTS

Session #6 – Friday, March 11<sup>th</sup>  
Women West Pool

Warm-up: 11:15 – 12:05 PM  
Racing: 12:15 – 2:10 PM

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Round	Event	Entries	Heats	Starts At
Prelims	13 Girls 100 Freestyle	86	11	12:15 PM
Prelims	15 Girls 200 Breaststroke	53	7	12:33 PM
Prelims	17 Girls 10 - 14 400 Freestyle	32	4	12:58 PM
Prelims	19 Girls 15 & Over 400 IM	18	3	1:20 PM
Prelims	21 Girls 50 Backstroke	69	9	1:38 PM
Finals	57 Girls 10 - 12 4 X 50 Medley Relay	5	1	1:50 PM
Finals	59 Girls 13 - 14 4 X 50 Medley Relay	12	2	1:53 PM
Finals	61 Girls 15 - 17 4 X 50 Medley Relay	13	2	1:59 PM
Finals	63 Girls 18 & O 4 X 50 Medley Relay	3	1	2:05 PM
	Swimmer Count for Warm-ups: 158	=====	=====	
	Entry / Heat Totals:	291	40	
	Finish Time			2:10 PM

Session #7 – Friday, March 11<sup>th</sup>  
Men East Pool

Warm-up: 11:15 – 12:05 PM  
Racing: 12:15 – 2:19 PM

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Round	Event	Entries	Heats	Starts At
Prelims	14 Boys 100 Freestyle	100	13	12:15 PM
Prelims	16 Boys 200 Breaststroke	60	8	12:35 PM
Prelims	18 Boys 10 - 14 400 Freestyle	29	4	1:02 PM
Prelims	20 Boys 15 & Over 400 IM	27	4	1:24 PM
Prelims	22 Boys 50 Backstroke	69	9	1:46 PM
Finals	58 Boys 10 - 12 4 X 50 Medley Relay	6	1	1:58 PM
Finals	60 Boys 13 - 14 4 X 50 Medley Relay	8	1	2:02 PM
Finals	62 Boys 15 - 17 4 X 50 Medley Relay	19	3	2:06 PM
Finals	64 Boys 18 & O 4 X 50 Medley Relay	5	1	2:15 PM
	Swimmer Count for Warm-ups: 189	=====	=====	
	Entry / Heat Totals:	323	44	
	Finish Time			2:19 PM



## 2022 SWIM BC WINTER PROVINCIAL CHAMPIONSHIPS

### GROUP A & B – SESSION TIME OUTS

Session #10 – Friday, March 11<sup>th</sup>  
Finals Session

Warm-up: 3:15 – 4:05 PM  
Racing: 4:15 – 7:55 PM

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Round	Event	Entries	Heats	Starts At
Finals	13 Girls 100 Freestyle	32	4	4:15 PM
Finals	14 Boys 100 Freestyle	32	4	4:23 PM
Finals	105 Girls Multi-Class Para 100 Free	1	1	4:31 PM
Finals	106 Boys Multi-Class Para 100 Free	3	1	4:33 PM
Finals	15 Girls 200 Breaststroke	0	0	4:35 PM
Finals	16 Boys 200 Breaststroke	2	1	4:50 PM
Finals	17 Girls 10 - 14 400 Freestyle	16	2	5:04 PM
Finals	18 Boys 10 - 14 400 Freestyle	16	2	5:16 PM
Finals	19 Girls 15 & Over 400 IM	16	2	5:27 PM
Finals	20 Boys 15 & Over 400 IM	16	2	5:39 PM
Finals	107 Girls Multi-Class Para 150 IM	0	0	5:51 PM
Finals	207 Girls Multi-Class Para 200 IM	1	1	5:51 PM
Finals	108 Boys Multi-Class Para 150 IM	0	0	5:57 PM
Finals	208 Boys Multi-Class Para 200 IM	3	1	5:57 PM
Finals	21 Girls 50 Backstroke	32	4	6:02 PM
Finals	22 Boys 50 Backstroke	32	4	6:09 PM
Timed Finals	23 Girls 15 - 17 1500 Free (Fast Heat)	8	1	6:15 PM
Timed Finals	24 Boys 15 - 17 1500 Free (Fast Heat)	8	1	6:35 PM
Timed Finals	23 Girls 15 - 17 1500 Free (2 per Lane)	15	2	6:55 PM
Timed Finals	24 Boys 15 - 17 1500 Free (2 per Lane)	24	3	7:15 PM
	Swimmer Count for Warm-ups: 221	=====	=====	
	Entry / Heat Totals:	257	21	
	Finish Time			7:55 PM



## 2022 SWIM BC WINTER PROVINCIAL CHAMPIONSHIPS

### GROUP A – SESSION TIME OUTS

Session #11 – Saturday, March 12<sup>th</sup>  
Women East Pool

Warm-up: 7:30 – 8:20 AM  
Racing: 8:30 – 12:24 AM

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Round	Event	Entries	Heats	Starts At
Prelims	25 Girls 10 - 14 400 IM	32	4	8:30 AM
Prelims	27 Girls 15 & Over 200 IM	25	4	8:55 AM
Prelims	29 Girls 50 Butterfly	92	12	9:07 AM
Prelims	31 Girls 100 Breaststroke	60	8	9:20 AM
Prelims	33 Girls 15 & Over 400 Freestyle	24	3	9:35 AM
Finals	65 Girls 10 - 12 4 X 100 Freestyle Relay	5	1	9:51 AM
Finals	67 Girls 13 - 14 4 X 100 Freestyle Relay	12	2	9:59 AM
Finals	69 Girls 15 - 17 4 X 100 Freestyle Relay	13	2	10:09 AM
Finals	71 Girls 18 & O 4 X 100 Freestyle Relay	2	1	10:19 AM
	Swimmer Count for Warm-ups: 166	=====	=====	
	Entry / Heat Totals:	265	37	
	Finish Time			10:24 AM

Session #12 – Saturday, March 12<sup>th</sup>  
Men West Pool

Warm-up: 7:30 – 8:20 AM  
Racing: 8:30 – 10:31 AM

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Round	Event	Entries	Heats	Starts At
Prelims	26 Boys 10 - 14 400 IM	20	3	8:30 AM
Prelims	28 Boys 15 & Over 200 IM	41	6	8:49 AM
Prelims	30 Boys 50 Butterfly	89	12	9:06 AM
Prelims	32 Boys 100 Breaststroke	74	10	9:18 AM
Prelims	34 Boys 15 & Over 400 Freestyle	27	4	9:36 AM
Finals	66 Boys 10 - 12 4 X 100 Freestyle Relay	5	1	9:56 AM
Finals	68 Boys 13 - 14 4 X 100 Freestyle Relay	8	1	10:04 AM
Finals	70 Boys 15 - 17 4 X 100 Freestyle Relay	19	3	10:10 AM
Finals	72 Boys 18 & O 4 X 100 Freestyle Relay	3	1	10:24 AM
	Swimmer Count for Warm-ups: 180	=====	=====	
	Entry / Heat Totals:	286	41	
	Finish Time			10:31 AM



## 2022 SWIM BC WINTER PROVINCIAL CHAMPIONSHIPS

### GROUP A & B – SESSION TIME OUTS

Session #15 – Saturday, March 12<sup>th</sup>  
Finals Session

Warm-up: 3:15 – 4:05 PM  
Racing: 4:15 – 7:55 PM

Round	Event	Entries	Heats	Starts At
Finals	25 Girls 10 - 14 400 IM	16	2	4:15 PM
Finals	26 Boys 10 - 14 400 IM	16	2	4:28 PM
Finals	27 Girls 15 & Over 200 IM	16	2	4:41 PM
Finals	28 Boys 15 & Over 200 IM	16	2	4:47 PM
Finals	29 Girls 50 Butterfly	32	4	4:54 PM
Finals	30 Boys 50 Butterfly	32	4	4:59 PM
Finals	31 Girls 100 Breaststroke	32	4	5:05 PM
Finals	32 Boys 100 Breaststroke	32	4	5:14 PM
Finals	109 Girls Multi-Class Para 50 Breast	0	0	5:22 PM
Finals	209 Girls Multi-Class Para 100 Breast	1	1	5:22 PM
Finals	110 Boys Multi-Class Para 50 Breast	0	0	5:26 PM
Finals	210 Boys Multi-Class Para 100 Breast	3	1	5:26 PM
Finals	33 Girls 15 & Over 400 Freestyle	16	2	5:28 PM
Finals	34 Boys 15 & Over 400 Freestyle	16	2	5:39 PM
Timed Finals	35 Girls 13 - 14 1500 Free (Fast Heat)	8	1	5:49 PM
Timed Finals	36 Boys 13 - 14 1500 Free (Fast Heat)	8	1	6:09 PM
Timed Finals	35 Girls 15 - 17 1500 Free	3	1	6:29 PM
Timed Finals	36 Boys 15 - 17 1500 Free	8	1	6:49 PM
	Swimmer Count for Warm-ups: 181	=====	=====	
	Entry / Heat Totals:	255	34	
	Finish Time			7:10 PM



## 2022 SWIM BC WINTER PROVINCIAL CHAMPIONSHIPS

### GROUP A – SESSION TIME OUTS

Session #16 – Sunday, March 13<sup>th</sup>  
Women West Pool

Warm-up: 11:00 – 11:50 AM  
Racing: 12:00 – 1:37 PM

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Round	Event	Entries	Heats	Starts At
Prelims	37 Girls 50 Freestyle	87	11	12:00 PM
Prelims	39 Girls 200 Backstroke	66	9	12:11 PM
Prelims	41 Girls 100 Butterfly	57	8	12:42 PM
Prelims	43 Girls 10 - 14 200 IM	53	7	12:55 PM
Finals	73 Girls 4 X 200 Freestyle Relay	16	2	1:18 PM
	Swimmer Count for Warm-ups: 146	=====	=====	
	Entry / Heat Totals:	279	37	
	Finish Time			1:37 PM

Session #17 – Sunday, March 13<sup>th</sup>  
Men East Pool

Warm-up: 11:00 – 11:50 AM  
Racing: 12:00 – 1:35 PM

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Round	Event	Entries	Heats	Starts At
Prelims	38 Boys 50 Freestyle	99	13	12:00 PM
Prelims	40 Boys 200 Backstroke	55	7	12:13 PM
Prelims	42 Boys 100 Butterfly	65	9	12:36 PM
Prelims	44 Boys 10 - 14 200 IM	38	5	12:50 PM
Finals	74 Boys 4 X 200 Freestyle Relay	18	3	1:06 PM
	Swimmer Count for Warm-ups: 159	=====	=====	
	Entry / Heat Totals:	275	37	
	Finish Time			1:35 PM





## 2022 SWIM BC WINTER PROVINCIAL CHAMPIONSHIPS

### GROUP A & B – SESSION TIME OUTS

Session #20 – Sunday, March 13<sup>th</sup>  
Finals Session

Warm-up: 2:45 – 3:35 PM  
Racing: 3:45 – 7:28 PM

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Round	Event	Entries	Heats	Starts At
Finals	37 Girls 50 Freestyle	32	2	3:45 PM
Finals	38 Boys 50 Freestyle	32	2	3:51 PM
Finals	111 Girls Multi-Class Para 50 Free	1	2	3:56 PM
Finals	112 Boys Multi-Class Para 50 Free	3	2	3:58 PM
Finals	39 Girls 200 Backstroke	32	4	3:59 PM
Finals	40 Boys 200 Backstroke	32	4	4:14 PM
Finals	41 Girls 100 Butterfly	32	4	4:28 PM
Finals	42 Boys 100 Butterfly	32	4	4:36 PM
Finals	113 Girls Multi-Class Para 50 Fly	0	0	4:44 PM
Finals	213 Girls Multi-Class Para 100 Fly	1	1	4:44 PM
Finals	114 Boys Multi-Class Para 50 Fly	1	0	4:46 PM
Finals	214 Boys Multi-Class Para 100 Fly	2	1	4:48 PM
Finals	43 Girls 10 - 14 200 IM	16	2	4:50 PM
Finals	44 Boys 10 - 14 200 IM	16	2	4:57 PM
Timed Finals	45 Girls 15 - 17 800 Free (Fast Heat)	8	1	5:04 PM
Timed Finals	46 Boys 15 - 17 800 Free (Fast Heat)	8	1	5:15 PM
Timed Finals	45 Girls 18 & Over 800 Free (Fast Heat)	2	1	5:26 PM
Timed Finals	46 Boys 18 & Over 800 Free (Fast Heat)	8	1	5:37 PM
Timed Finals	47 Girls 10 - 12 1500 Free (Fast Heat)	6	1	5:48 PM
Timed Finals	48 Boys 10 - 12 1500 Free (Fast Heat)	7	1	6:09 PM
Timed Finals	45 Girls 15 & Over 800 Free (2 per Lane*)	31	4	6:30 PM
Timed Finals	46 Boys 15 & Over 800 Free (2 per Lane*)	30	4	6:54 PM
	Swimmer Count for Warm-ups: 230	=====	=====	
	Entry / Heat Totals:	333	44	
	Finish Time			7:28 PM

\* Alternating one heat of girls two per lane, then one heat of boys two per lane.