



Competitive Swimming Competition Information

Prince George 2022 BC Games

July 21 - 24, 2022

Provincial Advisor / Entries Coordinator:

Carrie Matheson (carrie.matheson@swimbc.ca)

Meet Manager:

Jason Smith (jason@pgbsc.org)

Age Eligibility:

Able Body: Eligible birth years: 2008, 2009 and 2010 only ([Technical Package](#))

Para-swimming: Eligible birth years: 1992 and 2009, inclusive ([Technical Package](#))

Special Olympics: Athletes must be 12-40 as of July 21, 2022 ([Technical Package](#))

Venue:

Prince George Aquatic Centre (scm)

Eligibility Requirements:

BC Games general eligibility rules state able-bodied athletes may attend only **one** BC Games, and Para-athletes may attend **two** BC Games.

The following sport-specific eligibility requirements are in effect for the 2022 BC Summer Games:

- All able-bodied and para-swimmers must be registered with Swim BC.
- Any able-bodied swimmer holding a SNC Western Championship qualifying time, prior to April 1, 2022, are ineligible.
- Any Para-swimmers who attended the Can-Am Championships are ineligible.
- For able-bodied swimmers, the minimum standard for entry into the meet shall be the Swim BC Divisional standards for a swimmer's zone. In zones where the full complement of competitors cannot be filled then the Provincial Advisor will have the discretion of lessening the minimum time standards.
- Able-bodied Swimmers will be limited to a maximum of five (5) individual events plus relays.
- Para Swimmers will be limited to a maximum of six (6) individual events plus relays.

Events:

Able-bodied Time Final (TF) Events:

200 Individual Medley
4x50 Free Relay, 4x50 Medley Relay
4x50 Mixed Medley Relay, 4x50 Mixed Free Relay

Able-bodied Heats & Finals Events:

50, 100, 200 Freestyle
50, 100 Backstroke; 50, 100 Breaststroke; 50, 100 Butterfly
100 Individual Medley

Para Time Finals (TF) Events:

50 Free, 100 Free
50 /100 Back
150/200 IM
50 / 100 Breast
50 /100 Fly

Relays:

Competitors can only swim on one relay team per event. Competitors may only swim for their Zone Team. Each zone will have one designate that will count towards points but may swim others as exhibition.

Rules:

Swimming Canada rules will be in effect at the Games competition.

Swim BC competition warm up safety procedures will be in effect and monitored by safety marshals.

The Swim BC heats/finals scratch rule will be in effect.



Medals: Minus-One Rule implemented for all sports - when there are four or more competitors or teams, bronze, silver, and gold medals will be awarded; when there are three competitors or teams, silver and gold medals will be awarded and when there are two competitors or teams only a gold medal will be awarded.

Notwithstanding the “Minus-One rule”, Bronze, Silver and Gold medals will be presented in the following events:

**Able-Bodied:
(M & F)** 50 Freestyle, 100 Freestyle, 200 Freestyle
50, 100 Backstroke; 50, 100 Breaststroke; 50, 100 Breaststroke; 50, 100 Butterfly,
100, 200 IM
4x50 Medley Relay, 4x50 Free Relay
4x50 Mixed Medley Relay, 4x50 Mixed Free Relay

**Para-Swimming:
(Mixed gender)** 50 Free, 100 Free
50/100 Back, 50/100 Breast, 50/100 Fly
150/200 IM

Zone Team Compositions:

Able-Bodied Swimmers Zones 2 – 6 are permitted 20 athletes per zone - 10 male & 10 female
Zones 1, 7 & 8 are permitted 10 athletes per zone – 5 male & 5 female
Wildcards: 30 wildcards are permitted for the sport
Maximum Athletes: A total of 160 athletes are permitted for the able-bodied portion.

Para-Swimming 8 athletes total (regardless of zone)

Special Olympics 24 athletes total (regardless of zone)

Coaches/Managers: 1 Head Coach and 1 Assistant Coach/manager per zone (one of each gender).

Para Coaches/Managers: 1 Head Coach and 3 Assistant Coaches for the sport. Where the Zone team includes both male and female athletes, the Head Coach and one Assistant Coach must be of the opposite gender, otherwise at least one must be the same gender as the athletes. One Head Coach is required for the sport.

Coaching Standards: All Head Coaches must be “NCCP Fundamentals Coach Certified”. Assistant coaches must be “NCCP Fundamentals Coach trained” and have completed the Make Ethical Decisions online evaluation. Adult supervisors are required to have completed CAC’s Safe Sport Training.

Please note that the role of coaches and managers at the BC Games includes traveling to and from the Host Community with your team/zone and residing with your team/zone in BC Games accommodation in a supervisory capacity.

Registration Deadlines

- Zone reps must upload [team lists](#) (including alternates for wildcard selections) to the BC Summer Games website no later than **4:00pm June 12, 2022**

Entry Deadline

- Clubs must submit a Hy-tek compatible entry file to the [Swimming Canada meet registration system](#) no later than **July 5, 2022**. Updates to entry times may be submitted no later than July 18, 2022 (after Summer Provincials)



Schedule of Events

Friday, July 21, 2022 PRELIMS			
Warm-Up:		12:30 - 1:30pm	
Competition:		1:45 - 4:00pm	
FEMALE	MALE		EVENT
1	2	AB	100 IM
3	4	AB	50 Free
101	102	Para	50 Free
301	302	SO	50 Free
5	6	AB	100 Fly
7	8	AB	50 Back
103/203	104/204	Para	50/100 Back
303	304	SO	50 Back
9	10	AB	100 Free
11	12	AB	50 Breast

Friday, July 21, 2022 FINALS			
Warm-Up:		6:00-7:00pm	
Competition:		7:15-9:00pm	
Awards:		9:15 - 9:45pm	
FEMALE	MALE		EVENT
1	2	AB	100 IM
3	4	AB	50 Free
5	6	AB	100 Fly
105/205	106/206	Para	50/100 Fly
305	306	SO	50 Fly
7	8	AB	50 Back
9	10	AB	100 Free
107	108	Para	100 Free
307	308	SO	100 Free
11	12	AB	50 Breast
309	310	SO	50 Breast
13		AB	4x50 Mixed Medley Relay

SATURDAY, July 22, 2022 PRELIMS			
Warm-Up:		12:00-1:00pm	
Competition:		1:15-3:30pm	
FEMALE	MALE		EVENT
15	16	AB	200 Free
311	312	SO	200 Free
17	18	AB	100 Breast
107/207	108/208	Para	50/100 Breast
313	314	SO	50 Breast
19	20	AB	50 Fly
21	22	AB	100 Back

SATURDAY, July 22, 2022 FINALS			
Warm-Up:		5:30-6:30pm	
Competition:		6:45-8:30pm	
Awards:		8:45-9:15pm	
FEMALE	MALE		EVENT
15	16	AB	200 Free
17	18	AB	100 Breast
315	316	SO	100 Breast
19	20	AB	50 Fly
21	22	AB	100 Back
109/209	110/210	Para	50/100 Back
317	318	SO	100 Back
23		AB	4x50 Mixed Free Relay

SUNDAY, July 23, 2022 PRELIMS			
Warm-Up:		7:00-8:00am	
Competition:		8:15-9:45am	
Awards:		10:00-10:30am	
FEMALE	MALE		EVENT
25	26	AB	4x50 Free Relay
319		SO	4x50 Mixed Free Relay
111/211	112/212	Para	150/200 IM
27	28	AB	200 IM (TF)
320	321	SO	100 IM
29	30	AB	4x50 Medley Relay