



SWIM BC OPEN WATER ADVANCE

AGE: Women Aged 15 to 17 Years (As of December 31st)
Men Aged 16 to 17 Years (As of December 31st)

IDENTIFICATION: Swimmers who meet the residency requirements, who achieve the Swim BC Advance 5km *time standard*, are ranked top 5 women or top 5 men in this event, and who have competed in a FINA or Swimming Canada sanctioned Open Water event in since September 1, 2021, will be selected to the Swim BC Advance Provincial Team.

The 5 km pool swim must follow the protocol and submitted to Swim BC prior to March 31, 2023

[2022-23 Swim BC Provincial Team Time Standards](#)

ATHLETE INTAKE: The Head Coach and the Swimmer will be notified that they have been identified and will be required to complete the athlete intake on the Swim BC Learning & Development Hub including: Demonstrating an understanding of the Swim BC Code of Conduct and Ethics Policy, Swim BC Travel Policy, and Swim BC Athlete Selection and Coach Appointment Policy; Completion of the Swim BC Athlete Agreement Form, Swim BC Photo and Video Consent Form, CCES True Sport Clean 101 Course, CAC Safe Sport (Valid for 5 Years); Upload of a Headshot Photo; and Completion of the Swim BC Provincial Team Intake form.

SUPPORT: Advance Open Water swimmers will have access to the following enhanced support:

- Swim BC Learning & Development Hub
- Golden Flipper Challenge
- Benchmark Training Sets
- Virtual Olympian Mentorship
- Open Water Swim Camp
- Pan Provincial Open Water Swim Camp Bursary (*Max 2 Women + 2 Men*)
- CSI Pacific Member Benefits
- Swim BC Advance Provincial Team Kitting

All initiatives are tentative and subject to change.