



SWIM BC PACIFIC WAVE

AGE: Women Aged 12 to 17 Years (As of December 31st)
Men Aged 12 to 17 Years (As of December 31st)

IDENTIFICATION: Swimmers who meet the age and residency requirements and who achieve three or more Swim BC Pacific Wave *time standards* between September 1, 2021, and August 31, 2022, will be selected to the Swim BC Pacific Wave Provincial Team.

[2022-23 Swim BC Provincial Team Time Standards](#)

ATHLETE INTAKE: The Head Coach and the Swimmer will be notified that they have been identified and will be required to complete the athlete intake on the Swim BC Learning & Development Hub including: Demonstrating an understanding of the Swim BC Code of Conduct and Ethics Policy; Upload of a Headshot Photo; and Completion of the Swim BC Provincial Team Intake form.

SUPPORT: Pacific Wave swimmers will have access to the following enhanced support:

- Swim BC Learning & Development Hub
- Golden Flipper Challenge
- Benchmark Training Sets
- Virtual Olympian Mentorship
- Video Race Analysis at BC Provincial Championships
- Swim BC Pacific Wave Provincial Team Kitting

All initiatives are tentative and subject to change.