



## SWIM BC PERFORM

**AGE:** Women Aged 18 Years & Older (As of December 31<sup>st</sup>)  
Men Aged 18 Years & Older (As of December 31<sup>st</sup>)

**IDENTIFICATION:** Priority 1  
Swimmers who meet the residency requirements, who are year of birth 2004 and older, and have achieved a minimum of one Swimming Canada On-Track 3 time standard between September 1, 2021, and August 31, 2022, will be selected to the Swim BC Perform Provincial Team.

Priority 2  
Any swimmers who meet the residency requirements, who are year of birth 2004 and older, and have achieved a minimum of one Swimming Canada On-Track 3 time standard at any point through the current 2022 – 2023 season (September 1, 2022 through August 31, 2023) **or** has been selected to a Canadian Senior National team during the 2022 – 2023 season (September 1, 2022 through August 31, 2023) will be selected to the Swim BC Perform team.

[Swimming Canada On-Track 3 Time Standards](#)

**ATHLETE INTAKE:** The Head Coach and the Swimmer will be notified that they have been identified and will be required to complete the athlete intake on the Swim BC Learning & Development Hub including: Demonstrating an understanding of the Swim BC Code of Conduct and Ethics Policy, Swim BC Travel Policy, and Swim BC Athlete Selection and Coach Appointment Policy; Completion of the Swim BC Athlete Agreement Form, Swim BC Photo and Video Consent Form, CCES True Sport Clean 101 Course, CAC Safe Sport (Valid for 5 Years); Upload of a Headshot Photo; and Completion of the Swim BC Provincial Team Intake form.

**SUPPORT:** Perform swimmers will have access to the following enhanced support:

- Swim BC Learning & Development Hub
- Golden Flipper Challenge
- Benchmark Training Sets
- Video Race Analysis at BC Provincial Championships
- CSI Pacific Member Benefits
- Swim BC Advance Provincial Team Kitting

*All initiatives are tentative and subject to change.*