



BENCHMARK TRAINING SETS

8 X 50 Best Average on 1:30

WOMEN						
#	NAME	AGE	CLUB	COURSE	DISTANCE	TIME
1	FIRTH, Kailyn	16	PSW	Back	SCM	0:32.16
2	LEONG, Ella	16	GATOR	Back	SCM	0:39.61
3	ROH, Hyewon	15	PSW	Back	SCM	0:40.48
4	PARK, Seohyeong	15	PSW	Back	SCM	0:49.70
1	TIAN, Xinyi	12	PSW	Breast	SCM	0:39.25
2	YANG, Vivian	17	LOSC	Breast	SCM	0:39.38
3	GLYNES, Charlotte	15	KISU	Breast	SCM	0:39.41
4	ZHANG, Mofan	16	PSW	Breast	SCM	0:39.56
5	DE MITRI, Kyah	15	KISU	Breast	SCM	0:39.83
6	MCEACHERN, Nina	14	KISU	Breast	SCM	0:39.90
7	HOANG, Kaylee	16	GATOR	Breast	SCM	0:42.72
8	HANNA, Elizabeth	17	KISU	Breast	SCM	0:43.25
1	WEATHERHEAD, Taryn	15	KISU	Fly	SCM	0:32.44
2	BURTON-SMITH, Hope	14	PSW	Fly	SCM	0:37.81
3	JIANG, Rhianna	13	PSW	Fly	SCM	0:39.85
4	SUKKAU, Uma	15	GATOR	Fly	SCM	0:40.69
1	WINSER, Marlee	15	KISU	Free	SCM	0:31.00
2	OH, Eunsoo	17	PSW	Free	SCM	0:31.77
3	RUTTEN, Hannah	15	KISU	Free	SCM	0:31.93
4	GRECOFF, Isabelle	17	KISU	Free	SCM	0:32.05
5	LEE, Sephora	16	GATOR	Free	SCM	0:32.81
6	ISAAK, Hope	16	KISU	Free	SCM	0:34.03
7	ZENG, Melissa	15	GATOR	Free	SCM	0:34.30
8	WANG, Angelica	14	PSW	Free	SCM	0:34.30
9	HAMILTON, Norah	16	KISU	Free	SCM	0:34.48
10	ALLEN, Sarocha	13	PSW	Free	SCM	0:34.55
11	CLARK, Adriene	16	KISU	Free	SCM	0:34.72
12	NGUYEN, Kieu-vy	15	GATOR	Free	SCM	0:34.79
13	SHEN, Helen	15	GATOR	Free	SCM	0:36.14
14	BARTON, Paige	15	KISU	Free	SCM	0:38.02
15	ZHANG, Dolly	15	PSW	Free	SCM	0:38.87
16	MENG, Chuyi	15	PSW	Free	SCM	0:38.91