



BC Winter Divisionals - Fraser & Island

Hosted by Nanaimo Riptides Swim Team

February 25 - 27, 2022

Nanaimo, BC

Age Groups

12 & Under, 13 -14, 15 & 0

Time Final Events:

- 400 IM
- 400 & 800 Free
- 200 F/M Free Relay, 200 F/M Medley Relay, 400 Mixed Medley Relay

Prelims/Final Events:

- 50-100-200 Fly, Back, Breast, Free
- 200 IM

**THURSDAY, FEBRUARY 24TH THERE WILL BE LANES OPEN
TIMES TO BE DETERMINED**

BC Winter Divisionals - Fraser & Island

February 25-27, 2022

Hosted by Swim BC & Nanaimo Riptides Swim Club

Sanctioned by Swim BC: #36769

Swim BC and Nanaimo Riptides Swim Team would like to begin by acknowledging that the land on which we gather lies within the traditional, ancestral and unceded territory of the Snuneymuxw peoples.

SAFE SPORT

Swim BC believes that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe and inclusive sport environment that is free of abuse, harassment, and discrimination.

Swim BC is dedicated to providing a safe and inclusive environment, which involves promoting Open and Observable Environments. This means making meaningful and concerted efforts to avoid situations where a coach/official/staff member, etc. might be alone with an athlete. All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both 'open' and 'observable' to others.

All participants in this event are reminded that they are bound by Swim BC's Policies and Procedures, including but not limited, to the Code of Conduct and Ethics policy, the Gender Equity policy and the Screening and CRC policy.

COMPETITION HOSTS

Swim BC and Nanaimo Riptides Swim Club

VENUE

Nanaimo Aquatic Centre
741 Third Street
Nanaimo, BC

POOL

8-lane 25 metre competition pool - Deep End
2-lane 25 metre warm-up/cool-down pool - Shallow End

MEET MANAGER Jeremy Orton (meets@nanaimoriptides.com)
MEET REFEREE Glenn Greig
OFFICIALS COORDINATOR Tanya Evans (officials@nanaimoriptides.com)
SWIM BC & ENTRIES CONTACT Carrie Matheson (carrie.matheson@swimbc.ca)

WARM UP AND SESSION TIMES		
Friday, February 25, 2022		
Prelims	Warm-up	7:30 - 8:50am
	Competition	9:00am - 1:30pm
Finals	Warm-up	3:30 - 4:20pm
	Competition	4:30 - 7:30pm
Saturday, February 26, 2022		
Prelims	Warm-up	7:30 - 8:50am
	Competition	9:00am - 1:30pm
Finals	Warm-up	3:30 - 4:20pm
	Competition	4:30 - 7:30pm
Sunday, February 27, 2022		
Prelims	Warm-up	7:00 - 8:20 am
	Competition	8:30am - 1:00pm
Finals	Warm-up	2hrs. after prelims
	Competition	3hrs. after prelims

Note: All Session completion times are approximate

BC Winter Divisionals - Fraser & Island

February 25-27, 2022

Hosted by Swim BC & Nanaimo Riptides Swim Club

ELIGIBILITY

1. All swimmers must be registered with a Swim BC, SNC, or other FINA recognized club.
2. Qualifying period is from January 1, 2020, to the entry deadline.
3. During the Qualifying Period, athletes must have attained at least ONE Divisional qualifying time (in their age group) AND not more than FOUR Provincial qualifying times, in an appropriately sanctioned competition as of the entry deadline.
4. Swimmers MAY NOT enter the events in which they have a Provincial qualifying time in.
5. Age groups for individual events will be 12 & Under, 13-14, 15 & Over
6. Swimmer age is as of the first day of competition.
7. Swimmers cannot swim in an "older" age group, with the exception being swimmers who "age up" between February 26th and March 10th, inclusive.
 - a. In these cases, swimmers will be moved into the "older" age category and will be subject to the same entry rules as other swimmers.
 - b. In these cases, swimmers will be moved into the older age category and will be subject to the same entry rules as other swimmers. **Email Entries Contact to ensure the swimmer is entered into the correct age category; send swimmer's name, DOB and SNC Registration Number by the entry deadline.**

NON-QUALIFIED SWIMS

Entries not meeting the qualifying standards will not be accepted.

ENTRIES

1. Entries will be validated against the SNC meet results database; invalid entry times, unofficial splits, or converted entry times will not be accepted.
2. NO CONVERTED TIMES. All LCM entries will be converted to SCM by meet management and seeded accordingly.
3. "Custom Time" entries will not be accepted in individual events; swimmers must have a valid provable entry time in each event they enter.
4. For reference purposes, please email a .pdf copy of entries to the Entries Contact: Carrie Matheson (carrie.matheson@swimbc.ca)
5. Relay entries MUST include names along with the relay entries. Relay swimmers may be changed at the meet. If a relay is entered without FOUR (4) names, it will be seeded as "NT".
6. Individual Fees (including Swim BC Competition Surcharge) are \$75.00 per swimmer.
7. Relay Fees are \$12.00 per relay.
8. Cheques payable to: **NRST**.
E-Transfers can be accepted at admin@nanaimoriptides.com
9. All fees MUST be paid to the Clerk of Course desk prior to the start of the meet.

10. Entries must be uploaded to SNC meet listings website prior to the entry deadline.
 - a. Please include the correct contact name, phone number, and email address when uploading entries.
11. Late entries (entries received or uploaded after Monday, Feb 14, 2022) will be accepted at the discretion of Meet Management. If accepted, all Meet Fees will be doubled.

ENTRY DEADLINE:

MONDAY, FEBRUARY 14, 2022 AT 9:00 PM (PST)

SCRATCH DEADLINE:

TUESDAY, FEBRUARY 22, 2022 AT 12:00 NOON

COVID RESTRICTIONS

Meet Management reserved the right to alter the meet information and/or event schedule to comply with the current Public Health Orders and Facility Rules. That information will be distributed to all clubs as soon as possible.

1. Everyone 12 and older must be double vaccinated and show proof of vaccination (swimmers, coaches, volunteers/officials).
2. No spectators are allowed in the building.
3. Everyone must wear masks at all times except when in the pool.

GENERAL MEET RULES

1. This meet will observe rules as outlined in the current SNC Rulebook.
2. POOL DEPTH: Competition Pool - Deep End 3.8m, Shallow End 2.6 m; Warm-Up Pool - Deep End 2.4m, Shallow End 2m.
 - a. Starts will be conducted from Starting Platforms (blocks) as per FINA FR 2.3 and SW 4.1
3. There will be no deck entries, exhibition swims, or time trials.
4. Swim BC Competition Warm-up Safety Procedures will apply.
5. Fastest three heats of all events will be circle-seeded.
6. There will be an "A" final only.
7. Backstroke Ledges will **not** be available.
8. Time Final events (including relays) with 9 or 10 entrants, will be seeded such that the fastest heat will have all lanes filled.
9. All swim-offs are to be run at a time mutually agreed upon by coaches and officials. Every effort will be made to run the swim-off by the end of the session in which the tie occurred.
10. Coaches are asked to check in with the Meet Manager immediately upon arrival to pay entry fees, pick up Meet Package and receive information regarding any changes.
11. A coaches' meeting will be held 10 minutes prior to the start of the meet and as necessary throughout the meet.
12. Violations of the Swim BC Code of Conduct and Ethics policy may result in immediate disqualification from the meet.
13. All participants are to respect the facility rules including: no deck changing and no outside shoes on deck.
14. Coaches and officials: please bring your own refillable water bottle (no glass containers). Water filling stations are available throughout the facility.

BC Winter Divisionals - Fraser & Island

February 25-27, 2022

Hosted by Swim BC & Nanaimo Riptides Swim Club

400 & 800 FREESTYLE and 400 IM

1. These events are time finals.
2. There will be a positive check-in for the 400m (Free & IM) and 800m (Free) events.
 - a. Deadline will be 30mins after the start of the session in which the event will be swum. (9:30am)
3. The Top 8 in each group will swim in a single heat in the Final Session of that day.
4. All other swimmers will be senior-seeded, swum fastest-to-slowest alternating genders; two per lane, if necessary, to meet session timelines.
5. Distance Lap Counters will not be available.

PARA-SWIMMING

1. There will be no para specific events at this meet.

RELAYS

1. Age groups for relays will be 12 & Under, 13-14, and 15 & Over
2. All relays are time finals. There are no qualifying times for relays. NT entries will be accepted for relay events.
3. For relays, no more than **TWO** (2) swimmers may be from a younger age group. In such cases, the swimmer(s) may swim in both their own age-group relay as well as in one or more older age group relays.
4. Mixed relay teams must have 2 Females and 2 Males per team.
 - a. No official splits will be taken during the Mixed Relay events.
5. Only swimmers whose names appear on the meet entries shall compete in relay events.
6. Swimmers who will be in relays only shall be listed in their club's Hy-tek entry file as "Relay Only Swimmers"; such swimmers will be subject to all swimmer surcharges.
 - a. A relay team may have no more than two "relay-only" swimmers.
 - b. An email must also be sent to the Entries Contact notifying them of the relay-only swimmers and their SNC ID number and date of birth.**
7. Deadline for relay name/order changes will be 30 minutes prior to the start of the Final session.

SCORING

1. Individual scoring: 20-17-16-15-14-13-12-11
Relay scoring: 40-34-32-30-28-26-24-22

AWARDS

1. Medals will be awarded for 1st, 2nd, and 3rd places in all individual and relay events.
2. Ribbons will be awarded for 4th, 5th, 6th, 7th, and 8th places in individual events only.
3. Awards will be presented at the end of Sunday Finals.

SCRATCHES

Scratches received prior to Feb 22nd at noon will not incur Meet Fees.

1. There is no scratch penalty for no-shows, step downs and unexcused and/or incomplete swims during prelims and/or time finals.
2. The following rules apply for all finalists plus alternates as listed on the official posting of prelims results.
 - a. For all final events, no-shows, step downs and unexcused incomplete swims will be considered "late scratches" and subject to the late scratch penalty of \$20. Fines are to be paid immediately. The swimmer and/or relay swimmers in question shall not swim subsequent events until the fine is paid.
 - b. For finals, the scratch deadline will be 30 minutes following the completion of the preliminary events (excluding time final events).
 - c. For finals, email scratches will not be accepted.

COACH COMPLIANCE

Registration

Head Coaches must be, at minimum, registered in the SNC "A2" registration class. Assistant Coaches must be, at minimum, registered in the SNC "C" registration class. **All coaches must be fully registered and compliant with Swim BC Registration Requirements.**

Failure to adhere to the Swim BC Registration Requirements presents substantial risks to Swim BC and its members.

It is incumbent upon each Coach to manage their registration and certification levels. Go to the CAC's [The Locker](#) for more information.

BC Winter Divisionals - Fraser & Island

February 25-27, 2022

Hosted by Swim BC & Nanaimo Riptides Swim Club

Schedule of Events

FRIDAY, FEBRUARY 25, 2022 PRELIMS			
Warm-Up:		7:30 - 8:50am	
Competition:		9:00am - 1:30pm	
FEMALE	MALE	AGE	EVENT
1	2	Open	200 IM
3	4	Open	100 Back
5	6	Open	200 Fly
7	8	Open	50 Breast
9	10	Open	400 Free (TF)

FRIDAY, FEBRUARY 25, 2022 FINALS			
Warm-Up:		3:30 - 4:20pm	
Competition:		4:30 - 7:30pm	
FEMALE	MALE	AGE	EVENT
1	2	Open	200 IM
3	4	Open	100 Back
5	6	Open	200 Fly
7	8	Open	50 Breast
9	10	Open	Top 8 (of each age group) of 400 Free
11	12	12 & Under	200 Free Relay
13	14	13 - 14	200 Free Relay
15	16	15 & Over	200 Free Relay

SATURDAY, FEBRUARY 26, 2022 PRELIMS			
Warm-Up:		7:30 - 8:50am	
Competition:		9:00am - 1:30pm	
FEMALE	MALE	AGE	EVENT
17	18	Open	200 Free
19	20	Open	50 Fly
21	22	Open	100 Breast
23	24	Open	50 Free
25	26	Open	200 Back
27	28	Open	400 IM (TF)

SATURDAY, FEBRUARY 26, 2022 FINALS			
Warm-Up:		3:30 - 4:20pm	
Competition:		4:30 - 7:30pm	
FEMALE	MALE	AGE	EVENT
17	18	Open	200 Free
19	20	Open	50 Fly
21	22	Open	100 Breast
23	24	Open	50 Free
25	26	Open	200 Back
27	28	Open	Top 8 (of each age group) of 400 IM
29	30	12 & Under	200 Medley Relay
31	32	13 - 14	200 Medley Relay
33	34	15 & Over	200 Medley Relay

SUNDAY, FEBRUARY 27, 2022 PRELIMS			
Warm-Up:		7:00 - 8:20am	
Competition:		8:30am - 1:00pm	
FEMALE	MALE	AGE	EVENT
35	36	Open	200 Breast
37	38	Open	100 Free
39	40	Open	50 Back
41	42	Open	100 Fly
43	44	Open	800 Free (TF)
45		12 & Under	400 Mixed Medley Relay
46		13 - 14	400 Mixed Medley Relay
47		15 & Over	400 Mixed Medley Relay

SUNDAY, FEBRUARY 27, 2022 FINALS			
Warm-Up:		Approx. 2hrs. after conclusion of prelims	
Competition:		Start of competition 1hr. later	
FEMALE	MALE	AGE	EVENT
35	36	Open	200 Breast
37	38	Open	100 Free
39	40	Open	50 Back
41	42	Open	100 Fly
43	44	Open	Top 8 (of each age group) of 800m

**BC Winter Divisionals - Fraser & Island
February 25-27, 2022**

Hosted by Swim BC & Nanaimo Riptides Swim Club



We wish to share with you important information to facilitate the hotel booking process for your upcoming event:

Divisional Swim Meet (Feb. 24, 2022, to Feb. 26, 2022)

Secured Rate: 2 Double Beds @ \$125.00CAD per night plus taxes (16%)

Must book by February 4th, 2022, to ensure the secured rate.

MAKING RESERVATIONS

A dedicated website is now available for your attendees to book their hotel rooms online. Reservations can be made starting Dec. 10, 2021, at this web address:

Booking Website:

<https://book.passkey.com/e/50271026>



BC Winter Divisionals - Fraser & Island

February 25-27, 2022

Hosted by Swim BC & Nanaimo Riptides Swim Club



COMPETITION WARM-UP SAFETY PROCEDURES

Meet Management for all sanctioned Swim BC swimming competitions must ensure the following safety procedures are applied. It is incumbent on coaches, swimmers, and officials to work together to comply with these procedures during all scheduled warm-up periods. Coaches are requested to encourage swimmers to cooperate with Safety Marshals.

GENERAL WARM-UP:

- Swimmers must enter the pool **FEET FIRST** in a cautious manner, entering from a start or turn end only and from a standing or sitting position.
- Running on the pool deck and running entries into the pool are prohibited.
- Meet Management may designate the use of sprint or pace lanes during the scheduled warm-up time. Any such lane usage must be communicated through a pre-competition handout or announcement and visible through on deck signage.
- Swim BC recommends that**, where lane density exceeds 20 swimmers per lane SC or 40 swimmers per lane LC, Meet Management split warm-up to ensure a safe environment (swimmers per lane) exists (i.e. by club, gender or age). A split warm up must be communicated in some fashion prior to the start of warm-up. This can be through a pre-competition handout or email, a technical meeting, or a general announcement.
- Diving starts shall be permitted only in designated sprint lanes. Only one-way swimming from the start end of sprint lanes is permitted.
- Pools with backstroke starting ledges available may offer a designated lane for backstroke starts, at meet management's discretion. (This is not mandatory if not enough general lane space is available for the number of swimmers in the meet.)
- Notices or barriers must be placed on starting blocks to indicate no diving during warm-up.
- Pre-event training shall be managed by the coaches and will have sufficient lifeguards on deck. There will be no Safety Marshals in place during pre-event training.
- Safety Marshals will not be in place during the competition in warm-up/warm-down pools.

EQUIPMENT:

- Kick Boards, Pull-Buoys, Ankle Bands, and Snorkels are permitted for use in the main warm-up pool during warm-up.
- Hand paddles and flippers are permitted for use in a secondary warm-up pool only (where available), at meet management's discretion and recommended only for national events or senior competitions.
- At meet management's discretion and based on available space, the Meet Manager may permit use of tubing or cord assisted sprinting in designated lanes and during specific times of the warm-up only. It is recommended that this only be allowed in secondary warm-up pools as space allows. Coaches are responsible for equipment reliability and use. This is recommended only for national events or senior competitions.

VIOLATIONS:

It is recognized that there is a level of interpretation and common sense that must be applied when applying these guidelines. Diving headfirst quietly into an empty pool at the start of warm-up is not the same as diving headfirst into a crowded lane. Judgment and context are required. This section is specific to diving violations and not equipment.

- Swimmers witnessed by a Safety Marshal diving or entering the water in a dangerous fashion may be removed, by the Meet Referee, without warning from their first individual event following the warm-up period in which the violation occurred and the alternates in that event notified should that event be a final. They may also receive a verbal warning from the Safety Marshal. Swimmers receiving verbal warnings will have their names and clubs registered with the Meet Manager and should subsequent violations occur the swimmer may be removed by the Referee without warning from their first individual event as noted above.
- In the case of a second offense during the same competition the swimmer may be removed from the remainder of the competition by the Meet Referee.

BC Winter Divisionals - Fraser & Island

February 25-27, 2022

Hosted by Swim BC & Nanaimo Riptides Swim Club



SAFETY MARSHALS:

The Safety Marshal is a trained position designated by Meet Management. Safety Marshals shall:

- Be visible by safety vest;
- Be situated at each end of the competition pool and when applicable, similarly situated in designated warm-up pools when pre-competition warm-ups are scheduled;
- Actively monitor all scheduled warm-up periods;
- Ensure participants comply with warm-up safety procedures and report violations to the Referee.

A minimum of 2 safety marshals are recommended for each of the 25m warm-up pools in use during short course competitions, and a minimum of 4 safety marshals are recommended for 50m warm-up pools in use during long course competitions.

Depending on the level of competition, Safety Marshals have a role to help work with coaches and swimmers to ensure a safe warm-up environment. This may include educating a younger swimmer on the procedures or communicating a concern to a coach.

Judgment, tact and confidence is required and therefore the Safety Marshal should ideally be a more experienced official.

PARA SWIMMER NOTIFICATION:

Coaches are requested to notify Meet Manager, prior to the meet, of any Para swimmers participating in warm-ups. Meet Management may designate a Para swimmer lane for warm-up when necessary.

The following statement must appear in all Swim BC sanctioned meet information and posted notices:

“SWIM BC COMPETITION WARM-UP SAFETY PROCEDURES WILL BE IN EFFECT AT THIS MEET.”

BC Winter Divisionals - Fraser & Island

February 25-27, 2022

Hosted by Swim BC & Nanaimo Riptides Swim Club



Event Photography and Videography Procedure

Swimming Canada believes that when used properly photography and videography are excellent tools to celebrate and promote one's involvement and achievements within the sport. We also understand that while the great majority of images are appropriate and are taken in good faith, it is fact that certain images can be misused and/or misinterpreted to put an event participant, most notably children, at risk.

Definitions

The following term has meaning in this document:

“Photography and Videography”: A blanket term referring to all forms of image capture, including but not limited to still photography, video recording, social media posts and/or video streaming.

Procedure

In order to minimize risk, all photographs and video taken at Swimming Canada/Provincial Section sanctioned competitions, whether taken by a professional photographer or videographer, spectator, team support staff or any other participant, must observe generally accepted standards of decency - in particular:

- Photography and videography are prohibited from behind swimming blocks at the start of a race or where otherwise posted;
- Photography and videography are prohibited in locker-rooms or bathrooms or any other dressing or prep area;
- Action shots should be a celebration of the sporting activity and not a sexualized image in a sporting context;
- Action shots should not be taken or retained where the photograph reveals a torn or displaced swim suit;
- Avoid images, camera angles and poses that may be more prone to misinterpretation or misuse by others.

Failure to adhere to these procedures are subject to the [Code of Conduct and Professional Ethics](#) as per section 4.b of that policy, stating one must “Operate within the rules and spirit of the Sport including; being aware of and complying, at all times, with Swimming Canada’s bylaws, policies, procedures and rules and regulations, as adopted and amended”. In addition, failure to adhere to these procedures may also result in accreditation being revoked or removal from the event.

All event participants and spectators should be made aware of these photography and videography standards with event announcements. See below for a sample announcement, which can be added to current pre-session announcements.

“A reminder to participants; Under NO circumstances are cameras or other recording devices allowed in the area immediately behind the starting blocks during practice or competition starts, OR in locker rooms, bathrooms, or any other dressing area.”