



## Requirements for a Class I Time Trial (Record Attempt)

A Class I Time Trial is reserved for sanctioned Provincial and National record attempts.

Sanction applications for time trials are completed in the same manner as swim meets via Swimming Canada's RTR and must be submitted no less than 3 business days prior to the start of the time trial.

A Class I Time Trial may only be conducted in one session (multiple sessions are not allowed). Awards are not to be presented at a time trial. Also, a Class I Time Trial must have separate female and male events: no mixed gender racing.

A time trial information package, in an editable format (MS Word, Pages, RTF, etc.; not PDF) must be submitted in the sanction application, noting the following:

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1. **Name of the Time Trial**
2. **Date of the Time Trial**
3. **Sanctioned by Swim BC as a Class I Time Trial** Swim BC will add the sanction number once this time trial is approved.
4. **Safe Sport Statement** All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both "open" and "observable" to others.
5. **Location** Name and address for pool
6. **Timing System** Must include wording that indicates what 3 separate time devices will be used (i.e., touchpads and two plungers; three stopwatches, etc)
7. **Session Timelines** Publish starting times and warm-up times for the session
8. **Meet Manager** List name and email address
9. **Meet Referee** List name (This must be the name of the Level IV or V Referee who will be on deck during the time trial.)
10. **Swimmer(s) Names** List swimmers who will be involved in the record attempt. (i.e., if it is a relay attempt, list the 4 swimmers who will be on each specific team)
11. **Entries** Entries must be submitted through the Swimming Canada online system.
12. **Entry Deadline** State date and time that the entry upload is to close.
13. **Meet Rules** Must state the following:
  - This meet will be conducted under Swimming Canada rules and regulations.
  - Swim BC warm-up procedures will be in effect and will be monitored by safety marshals.
  - All swimmers are permitted to race with the swimwear of their choosing at all competitions sanctioned by Swim BC. It is not required to declare the choice of swimwear to the Referee if the fabric of the swimwear is a permeable open mesh textile and would not reasonably be seen to create a technical advantage in terms of speed, buoyancy, or endurance.
14. **Diving Rules** **One** of the following statements must be included in time trial information (when competitions are double-ended, more than one of the below may be included to distinguish between ends):
  - Starts will be conducted from Starting Platforms (blocks) as per WA FR 2.3 and SW 4.1; and/or
  - Starts will be conducted from the Deck or Bulkhead as per Canadian Facility Rule CFR 2.3.1 and CSW 4.1.1; and/or
  - In-water starts will be conducted as per Canadian Facility Rule CFR 2.3.1 and CSW 4.1.2.
15. **Event List** List events being contested