



Requirements for a Class I Time Trial (Record Attempt)

A Class I Time Trial is reserved for sanctioned Provincial and National record attempts.

Sanction applications for time trials are completed in the same manner as swim meets via Swimming Canada's REMS and must be submitted no less than 5 business days prior to the start of the time trial.

A Class I Time Trial may only be conducted in one session (multiple sessions are not allowed). Awards are not to be presented at a time trial. Also, a Class I Time Trial must have separate female and male events: no mixed gender racing.

A time trial information package, in an editable format (MS Word, Pages, RTF, etc.; not PDF) must be submitted in the sanction application, noting the following:

1. **Name of the Meet**

2. **Date of the Meet**

3. **Sanctioned by Swim BC** *Required Meet Information statement:* Sanctioned by Swim BC as a Class I Time Trial

Note: Swim BC will add sanction number once approved

4. **Land Acknowledgement** *Required Meet Information statement:* [Club Name] would like to acknowledge that the land on which we gather is the traditional, ancestral, unceded territory of the [insert].

5. **Safe Sport** *Required Meet Information statement:* All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both "open" and "observable" to others.

Required Meet Information statement: Deck changes are explicitly prohibited.

Action Required and Meet Information statement: All organizing committees must either allocate adult only washrooms (volunteers, coaches, officials) and swimmer only washrooms, or indicate that this configuration is not available due to facility constraints. Every effort must be made to allocate separate washrooms.

Note: Applicable signage is available on the Swim BC website ([link](#))

6. **Location** Name of the pool Address of the pool

7. **Timing System** Must include wording that indicates what 3 separate time devices will be used (i.e., touchpads and two plungers; three stopwatches, etc.)

8. **Session Timelines** Publish starting times Warm-up times for each session

9. **Meet Manager** Name of Meet Manager Email of Meet Manager

10. **Meet Referee** Name of Meet Referee

Note: This must be the name of the official who will be on deck during the Time Trial



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11. **Swimmer(s) Name(s)** List swimmers who will be involved in the record attempt. (i.e., if it is a relay attempt, list the 4 swimmers who will be on each specific team)
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12. **Entries** *Required Meet Information statement:* Entries must be submitted through the Swimming Canada online system
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13. **Entry Deadline** State date and time entries are to close
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14. **Meet Rules**
- Required Meet Information statement:* This meet will be conducted under Swimming Canada rules and regulations.
 - Required Meet Information statement:* Swim BC warm-up procedures will be in effect and will be monitored by safety marshals.
Document must be added to the meet information package ([Page 1](#) | [Page 2](#))
 - Required Meet Information statement:* All swimmers are permitted to race with the swimwear of their choosing at all competitions sanctioned by Swim BC. It is not required to declare the choice of swimwear to the Referee if the fabric of the swimwear is a permeable open mesh textile and would not reasonably be seen to create a technical advantage in terms of speed, buoyancy, or endurance.
 - Required Meet Information statement:* This competition can provide the following accommodations for swimmers who are D/deaf or Hard of hearing:
 1. Non-verbal instruction provided by a support person from the swimmer's own club, who is registered in the REMS as 'support staff'
 2. Visual hand signals given by the starter/referee
 3. Facility or Swimming Canada provided strobe light: An external strobe light is available at this competitionClubs must contact Meet Management by the [Entry Deadline](#) of the need for accommodations.
 - Required Meet Information statement:* In order to minimize risk, all photographs and video taken at Swimming Canada/Swim BC sanctioned competitions, whether taken by a professional photographer or videographer, spectator, team support staff or any other participant, must observe generally accepted standards of decency. Under no circumstances are cameras or other recording devices allowed in the area immediately behind the starting blocks during practice or competition starts, or in locker rooms, bathrooms, or any other dressing area.
Note: The full details on the Swim BC Event Photography and Video Policy can be found [here](#)
 - Action Required and Meet Information statement:* During events only one (1) swimmer per lane is permitted.
 - Action Required and Meet Information statement:* Coaches are reminded that once competition begins, the field of play is reserved for swimmers, officials and support staff. Coaches are not permitted behind the starting blocks or at the turn end but are welcome to coach and encourage their swimmers from the sides of the pool.



Required Meet Information statement: The Starter shall report a swimmer to the Referee for misconduct taking place at the start of a race as per Swimming Canada Part II 2.3.2. The “misconduct” shall include but is not limited to (C.2.3.2.1):

- Deliberate or negligent acts such as spitting, spouting of water, or blowing the nose in the pool or on the pool deck immediately prior to the start may be considered misconduct.
- Deliberate kicking or striking of the starting platform, including the back plate prior to the start.
- Unsafe or uncontrolled entry into the pool immediately prior to the start of a race. All swimmers must enter the pool with a controlled, feet-first entry.

The Referee may disqualify a swimmer for such misconduct.

15. Diving Rules

One of the following statements must be included in meet information (when competitions are double-ended, more than one of the below may be included to distinguish between ends):

- Starts will be conducted from Starting Platforms (blocks) as per World Aquatics II.4.1 and II.16.1.4 (from both ends or from deep end only); and/or
- Starts will be conducted from the Deck or Bulkhead as per Canadian Facility Rule II.C4.1.1 and II.C16.1.4.1 (from both ends or from _____ end); and/or

In-water starts will be conducted as per Canadian Facility Rule II.C4.1.1 and II.C16.1.4.1 (from both ends or from _____ end).

16. Event List

List events that will be run in this Time Trial