



SWIM BC PROVINCIAL CHAMPIONSHIPS March 2 - 5, 2023



Swim BC - CompTrak Summary UPDATED MAY 4, 2023

COMP	TEAM	SWIMMER
2023BCWIN	LOSC	YEUNG, Hayden
2023BCWIN	ISC	HULTEN, Kristofer
2023BCWIN	WGB	BAKICA, Thomas

MENS 50 BR LC	Start (15m)		Swim 1st 25			Swim 2nd 25			Swim 50m Clean Swim				Finish	End Time		
	B-O (m)	15m (sec)	25m(sec)	DPS / 25	SC / 25	SR / 25	25m(sec)	DPS / 25	SC / 25	SR / 25	V (m/s)	DPS (m/c)	SC/50	SR (c/m)	5m (sec)	(min/sec)
WORLD AVERAGE*	13.1	6.4	12.04	1.6	7.3	64.4	14.58	1.59	15.2	64.1	1.7	1.6	22.5	64.2	2.7	26.62
CDN-SR RECORD**	13.5	6.6	12.42	1.7	6.7	59.7	15.03	1.66	14.2	58.9	1.7	1.7	20.9	59.2	2.8	27.45
AGE CATEGORY																
170	12.5	6.6	12.90	1.4	8.9	67.5	16.69	1.4	17.1	65.5	1.56	1.4	26.1	66.2	3.8	29.59
170	12.5	6.8	13.30	1.5	8.3	60.5	16.71	1.6	15.7	58.8	1.53	1.5	23.8	59.3	3.6	30.01
170	11.5	6.7	13.30	1.4	9.6	63.0	16.94	1.5	16.7	63.8	1.52	1.4	26.2	63.5	3.8	30.24
AVERAGE	12.2	6.7	13.2	1.4	9.0	63.7	16.8	1.5	16.5	62.7	1.5	1.5	25.3	63.0	3.7	29.95
15-17	11.5	6.9	13.40	1.4	9.6	68.0	16.84	1.5	16.7	63.5	1.5	1.4	26.2	65.0	3.8	30.24
15-17	12.5	6.7	13.40	1.6	7.8	57.5	17.11	1.5	15.7	60.0	1.5	1.5	23.8	59.2	3.9	30.51
15-17	12.5	6.6	13.30	1.4	8.9	63.0	17.49	1.5	16.4	57.8	1.5	1.5	24.9	59.5	3.7	30.79
AVERAGE	12.2	6.7	13.4	1.5	8.8	62.8	17.1	1.5	16.3	60.4	1.5	1.5	25.0	61.2	3.8	30.51
13-14	11.5	7.0	13.80	1.5	9.0	58.5	18.15	1.5	16.4	60.3	1.5	1.5	25.6	59.7	4.3	31.95
13-14	12.5	7.7	14.70	1.4	8.9	60.0	18.13	1.4	17.1	60.0	1.4	1.4	26.1	60.0	3.8	32.83
13-14	11.5	7.6	14.90	1.6	8.4	50.0	18.36	1.6	15.0	51.0	1.4	1.6	23.4	50.7	4.0	33.26
AVERAGE	11.8	7.4	14.5	1.5	8.8	56.2	18.2	1.5	16.2	57.1	1.4	1.5	25.0	56.8	4.0	32.68

CODES: * WORLD AVERAGE - Average of Top 8 World Performances from RSI Data Base

** CDN RECORD MODEL - Based on World Average Models

B-O (m) - Breakout Distance (m)

T (sec) - Split Time (sec)

DPS / 50 - Av Distance per Stroke (metres/stroke cycle) / 50m

SC / 50 - Stroke Count (cyc) / 50m

SR / 50 - Av Stroke Rate / 50m



SWIM BC PROVINCIAL CHAMPIONSHIPS March 2 - 5, 2023



Swim BC - CompTrak Summary
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COMP	TEAM	SWIMMER
2023BCWIN	ISC	KORMENDY, Dylan
2023BCWIN	LOSC	YEUNG, Hayden
2023BCWIN	LOSC	CHO, Kyuhyun

MENS 100 BR LC	Start (15m)		Swim 1st 50				LC Turn / Turn Av sc			Swim 2nd 50					Finish	End Time	End Time		
	B-O (m)	15m (sec)	25m (sec)	50m (sec)	DPS / 50m	SC / 50m	SR / 50m	5m in	B-O(m)	15 out	25m (sec)	50m (sec)	DPS / 50m	SC / 50m	SR / 50m	5m (sec)	(sec)	(min/sec)	
WORLD AVERAGE*	13.1	6.3	12.19	27.02	1.9	19.5	54.6	2.9	9.9	8.7	16.06	30.91	1.7	23.6	57.0	3.1	57.94	57.94	
CDN-SR RECORD**	13.0	6.6	12.59	27.92	2.0	18.3	49.8	3.0	10.0	9.0	16.59	31.93	1.8	22.2	52.1	3.2	59.85	59.85	
AGE CATEGORY																			
	170	12.0	6.9	13.60	30.79	1.8	21.1	50.2	3.8	8.0	9.0	16.00	34.04	1.5	28.0	56.5	4.1	64.83	1:04.83
	170	14.0	6.8	13.50	31.00	2.0	17.7	43.7	4.0	10.0	8.7	15.60	33.98	1.5	26.7	57.8	4.3	64.98	1:04.98
	170	14.0	6.7	13.40	31.07	2.0	18.3	44.5	4.1	10.0	9.0	16.10	34.31	1.8	22.2	47.8	4.0	65.38	1:05.38
AVERAGE	13.3	6.8	13.50	30.95	1.9	19.0	46.1	4.0	9.3	8.9	15.90	34.11	1.6	25.6	54.1	4.1	65.06	1:05.06	
	15-17	15.0	6.8	13.80	31.35	1.8	19.1	48.2	3.9	8.0	9.4	16.40	34.46	1.7	24.2	48.5	4.0	65.81	1:05.81
	15-17	12.5	6.8	13.70	31.44	1.9	20.1	46.8	3.8	8.0	9.5	16.60	35.35	1.9	22.5	44.5	4.2	66.79	1:06.79
	15-17	12.0	7.1	13.50	31.32	1.7	21.9	51.2	3.9	7.5	9.7	16.90	36.95	1.5	27.7	51.5	4.6	68.27	1:08.27
AVERAGE	13.2	6.9	13.67	31.37	1.8	20.4	48.7	3.9	7.8	9.5	16.63	35.59	1.7	24.8	48.2	4.3	66.96	1:06.96	
	13-14	14.5	6.6	13.20	30.56	1.9	18.4	47.0	3.8	10.0	9.6	16.90	35.56	1.9	21.4	45.2	4.3	66.12	1:06.12
	13-14	12.5	7.4	14.70	33.40	1.8	20.8	45.7	4.3	8.5	10.2	17.60	37.91	1.8	23.1	42.7	4.4	71.31	1:11.31
	13-14	12.5	7.4	14.70	33.88	1.9	19.7	42.8	4.3	8.5	9.3	17.00	38.10	1.7	23.9	43.0	4.8	71.98	1:11.98
AVERAGE	13.2	7.1	14.20	32.61	1.9	19.6	45.2	4.1	9.0	9.7	17.17	37.19	1.8	22.8	43.6	4.5	69.80	1:09.80	

CODES: * WORLD AVERAGE - Average of Top 8 World Performances from RSI Data Base

** CDN RECORD MODEL - Based on World Average Models

B-O (m) - Breakout Distance (m)

T (sec) - Split Time (sec)

DPS / 50 - Av Distance per Stroke (metres/stroke cycle) / 50m

SC / 50 - Stroke Count (cyc) / 50m

SR / 50 - Av Stroke Rate / 50m



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COMP	TEAM	SWIMMER	AGE CATEGORY
2023BCWIN	ISC	KORMENDY, Dylan	170
2023BCWIN	LOSC	HISLOP, Phoenix	170
2023BCWIN	WGB	BAKICA, Thomas	170

MENS 200 BR LC		Start (15m)		1st 50 Swim				Turn 1			2nd 50 Swim				Turn 2			3rd 50 Swim				Turn 3			4th 50 Swim				Finish	End Time	End Time
B-O (m)	T (sec)	T (sec)	DPS/50	SC/50	SR/50m	5-in	B-O (m)	15-out	T (sec)	DPS/50	SC/50	SR/50m	5-in	B-O (m)	15-out	T (sec)	DPS/50	SC/50	SR/50m	5-in	B-O (m)	15-out	T (sec)	DPS/50	SC/50	SR/50m	5m (sec)	(sec)	T (min/sec)		
14.0	6.6	29.48	2.7	12.9	34.2	3.3	11.3	8.9	32.52	2.8	13.5	32.1	3.3	10.6	8.9	32.63	2.4	15.9	37.0	3.2	10.3	9.0	32.51	2.0	20.0	45.6	3.3	127.13	2:07.13		
14.0	6.7	29.87	2.7	12.6	33.1	3.3	11.3	9.0	32.96	2.8	13.3	31.4	3.4	10.6	9.1	33.07	2.4	15.8	36.2	3.3	10.3	9.1	32.94	2.0	19.8	44.9	3.3	128.84	2:08.84		
11.5	7.2	32.52	2.1	18.3	41.0	4.1	8.0	9.8	35.85	1.9	21.7	41.8	4.1	8.0	9.9	36.97	1.7	24.2	45.5	4.5	7.5	10.0	37.56	1.6	27.1	49.3	4.2	142.90	2:22.90		
12.5	7.7	32.73	2.0	19.1	44.0	4.0	8.0	10.1	35.84	1.9	21.7	42.8	3.9	7.5	10.1	37.02	1.8	23.2	43.3	4.2	7.0	10.3	37.54	1.6	26.3	47.7	4.4	143.13	2:23.13		
14.0	7.2	33.03	2.5	14.4	33.7	4.4	11.0	10.0	37.03	2.5	15.6	32.2	4.5	10.0	10.1	37.30	2.3	17.4	34.2	4.5	9.5	9.9	37.61	1.9	21.3	40.8	4.4	144.97	2:24.97		
AVERAGE	12.7	7.4	32.76	2.2	17.3	39.6	4.2	9.0	10.0	36.24	2.1	19.7	38.9	4.2	8.5	10.0	37.10	2.0	21.6	41.0	4.4	8.0	10.1	37.57	1.7	24.9	45.9	4.3	143.67	2:23.67	
15-17	14.0	7.0	32.50	2.1	17.4	40.5	4.1	10.0	9.8	36.46	2.2	18.5	36.8	4.3	9.0	10.3	37.82	2.1	19.5	37.5	4.4	8.5	9.7	36.72	1.9	22.2	42.5	4.4	143.50	2:23.50	
15-17	12.5	7.5	32.89	1.9	19.4	44.3	4.2	9.0	9.8	36.54	2.0	20.2	40.2	4.5	8.0	10.3	38.51	1.9	22.1	39.8	4.4	8.0	10.4	39.96	1.7	25.2	44.5	4.8	147.90	2:27.90	
15-17	13.0	7.3	33.04	2.0	18.5	41.2	4.2	9.0	9.9	37.53	2.1	19.8	37.7	4.4	8.0	10.0	38.38	1.9	22.1	39.2	4.3	7.5	10.6	39.76	1.9	22.4	39.5	4.8	148.71	2:28.71	
AVERAGE	13.2	7.3	32.81	2.0	18.4	42.0	4.2	9.3	9.8	36.84	2.1	19.5	38.2	4.4	8.3	10.2	38.24	2.0	21.2	38.8	4.4	8.0	10.2	38.81	1.8	23.3	42.2	4.7	146.70	2:26.70	
13-14	13.5	7.5	35.37	2.3	16.1	34.5	4.6	10.0	10.4	40.40	2.2	17.9	32.3	4.9	9.0	10.5	39.49	2.1	19.8	36.2	4.7	9.0	10.5	39.88	1.9	21.2	37.7	4.6	155.14	2:35.14	
13-14	11.5	7.7	35.33	2.0	19.6	39.8	4.4	8.0	10.6	39.74	1.9	22.5	38.3	4.3	7.5	10.9	40.17	1.8	23.2	40.3	4.7	7.0	10.7	40.76	1.6	26.9	43.8	4.5	156.00	2:36.00	
13-14	9.5	8.7	35.80	1.8	22.5	44.5	4.2	7.0	11.1	39.71	1.7	25.8	44.8	4.5	6.5	11.3	40.96	1.6	27.2	46.0	4.7	6.5	11.1	39.58	1.5	29.7	50.3	4.6	156.05	2:36.05	
AVERAGE	11.5	8.0	35.50	2.0	19.4	39.6	4.4	8.3	10.7	39.95	1.9	22.1	38.5	4.6	7.7	10.9	40.21	1.8	23.4	40.8	4.7	7.5	10.8	40.07	1.7	25.9	43.9	4.5	155.73	2:35.73	

CODES: * WORLD AVERAGE -
 ** CDN RECORD MODEL - Based on World Average Models
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 T (sec) - Split Time (sec)
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 SC/50 - Stroke Count (cyc) / 50m
 SR/50 - Av Stroke Rate / 50m