



## SWIM BC PROVINCIAL CHAMPIONSHIPS

### March 2 - 5, 2023



#### Swim BC - CompTrak Summary UPDATED MAY 4, 2023

			Start (15m)		Swim 1st 25			Swim 2nd 25			Swim 50m Clean Swim				Finish	End Time							
COMP	TEAM	SWIMMER	B-O (m)	15m (sec)	25m(sec)	DPS / 25	SC / 25	SR / 25	25m(sec)	DPS / 25	SC / 25	SR / 25	V (m/s)	DPS (m/c)	SC/50	SR (c/m)	5m (sec)	(min/sec)					
			<b>WORLD AVERAGE*</b>		<b>13.6</b>	<b>5.4</b>	<b>10.28</b>	<b>1.8</b>	<b>6.2</b>	<b>66.9</b>	<b>12.78</b>	<b>1.9</b>	<b>13.0</b>	<b>63.5</b>	<b>1.99</b>	<b>1.8</b>	<b>19.2</b>	<b>64.7</b>	<b>2.6</b>	<b>23.06</b>			
			<b>CDN-SR RECORD**</b>		<b>13.5</b>	<b>5.4</b>	<b>10.37</b>	<b>1.8</b>	<b>6.5</b>	<b>68.3</b>	<b>12.90</b>	<b>1.8</b>	<b>13.1</b>	<b>65.1</b>	<b>1.97</b>	<b>1.8</b>	<b>19.6</b>	<b>66.2</b>	<b>2.6</b>	<b>23.27</b>			
			<b>AGE CATEGORY</b>																				
2023BCWIN	ISC	DONGFANG, Bill	170	10.0	6.0	11.70	1.8	8.3	60.0	14.18	2.0	12.6	55.8	1.8	1.9	20.5	57.2	3.2	<b>25.88</b>				
2023BCWIN	VPSC	HIRUKI, Tadahiro	170	9.0	5.9	11.50	1.6	10.0	65.5	14.66	1.7	14.4	61.3	1.8	1.7	24.0	62.7	3.2	<b>26.16</b>				
2023BCWIN	LOSC	ZHANG, Jimmy	170	9.0	5.8	11.40	1.6	10.0	65.0	14.80	1.8	14.1	60.8	1.8	1.7	23.5	62.2	3.4	<b>26.20</b>				
<b>AVERAGE</b>			<b>9.3</b>	<b>5.9</b>	<b>11.5</b>	<b>1.7</b>	<b>9.4</b>	<b>63.5</b>	<b>14.55</b>	<b>1.8</b>	<b>13.7</b>	<b>59.3</b>	<b>1.8</b>	<b>1.8</b>	<b>22.7</b>	<b>60.7</b>	<b>3.3</b>	<b>26.08</b>					
2023BCWIN	HSC	GOVIER, Tristan	15-17	11.0	5.9	11.50	1.7	8.2	63.5	14.19	1.9	13.3	59.3	1.8	1.8	21.1	60.7	3.3	<b>25.69</b>				
2023BCWIN	HYACK	OROGO, Paul	15-17	13.0	5.9	11.50	1.8	6.7	58.0	14.47	2.0	12.6	55.5	1.8	1.9	18.9	56.3	3.4	<b>25.97</b>				
2023BCWIN	HST	SIMARD, Bodie	15-17	9.5	6.2	11.80	1.8	8.6	58.5	14.56	1.9	13.1	58.3	1.8	1.8	21.5	58.3	3.2	<b>26.36</b>				
<b>AVERAGE</b>			<b>11.2</b>	<b>6.0</b>	<b>11.6</b>	<b>1.8</b>	<b>7.8</b>	<b>60.0</b>	<b>14.41</b>	<b>1.9</b>	<b>13.0</b>	<b>57.7</b>	<b>1.8</b>	<b>1.8</b>	<b>20.5</b>	<b>58.4</b>	<b>3.3</b>	<b>26.01</b>					
2023BCWIN	UVPCS	CAMARAIRE, Alex	13-14	9.0	6.4	12.50	1.8	8.9	55.5	15.42	1.9	12.9	53.8	1.7	1.9	21.4	54.3	3.5	<b>27.92</b>				
2023BCWIN	RAPID	DU, Gary	13-14	10.5	6.6	12.40	1.9	7.6	55.0	15.61	1.9	12.9	52.3	1.7	1.9	20.6	53.2	3.3	<b>28.01</b>				
2023BCWIN	RAPID	SONG, Yiguo	13-14	10.5	6.1	12.60	1.5	9.7	61.0	15.45	1.7	15.0	59.0	1.6	1.6	24.1	59.7	3.2	<b>28.05</b>				
<b>AVERAGE</b>			<b>10.0</b>	<b>6.4</b>	<b>12.5</b>	<b>1.7</b>	<b>8.7</b>	<b>57.2</b>	<b>15.49</b>	<b>1.8</b>	<b>13.6</b>	<b>55.0</b>	<b>1.6</b>	<b>1.8</b>	<b>22.0</b>	<b>55.7</b>	<b>3.3</b>	<b>27.99</b>					

CODES: \* WORLD AVERAGE - Average of Top 8 World Performances from RSI Data Base

\*\* CDN RECORD MODEL - Based on World Average Models

B-O (m) - Breakout Distance (m)

T (sec) - Split Time (sec)

DPS / 50 - Av Distance per Stroke (metres/stroke cycle) / 50m

SC / 50 - Stroke Count (cyc) / 50m

SR / 50 - Av Stroke Rate / 50m



## SWIM BC PROVINCIAL CHAMPIONSHIPS March 2 - 5, 2023



**Swim BC - CompTrak Summary**  
UPDATED MAY 4, 2023

COMP	TEAM	SWIMMER
2023BCWIN	ISC	DONGFANG, Bill
2023BCWIN	SKSC	HUANG, Peter
2023BCWIN	NRST	MORCH, Peter

			Start (15m)		Swim 1st 50				LC Turn / Turn Av sc			Swim 2nd 50					Finish	End Time	End Time	
			B-O (m)	15m (sec)	25m (sec)	50m (sec)	DPS / 50m	SC / 50m	SR / 50m	5m in	B-O(m)	15 out	25m (sec)	50m (sec)	DPS / 50m	SC / 50m	SR / 50m	5m (sec)	(sec)	(min/sec)
<b>WORLD AVERAGE*</b>			13.9	5.2	10.31	23.34	2.2	16.3	54.0	2.6	12.7	7.3	14.27	26.93	2.02	18.1	53.17	2.93	50.26	50.27
<b>CDN-SR RECORD**</b>			14.0	5.2	10.33	23.38	2.1	16.9	55.8	2.6	11.0	7.3	14.29	26.98	1.94	19.6	55.36	2.93	50.36	50.36
<b>AGE CATEGORY</b>																				
		170	11.0	6.3	11.80	26.75	2.0	19.5	52.2	3.2	11.0	7.7	13.40	28.50	1.90	20.5	54.0	3.38	55.25	0:55.25
		170	11.0	6.2	11.90	27.31	1.9	20.2	52.8	3.5	8.5	8.2	14.20	30.07	1.93	21.5	51.5	3.40	57.38	0:57.38
		170	10.0	6.1	11.90	27.05	2.0	20.3	51.3	3.4	5.5	8.6	14.50	30.43	1.90	23.4	51.5	3.49	57.48	0:57.48
<b>AVERAGE</b>			10.7	6.2	11.87	27.04	2.0	20.0	52.1	3.4	8.3	8.2	14.03	29.67	1.9	21.8	52.3	3.4	56.70	0:56.70
		15-17	10.0	6.1	11.80	26.71	2.0	20.0	52.2	3.3	6.0	8.0	13.80	29.02	2.00	22.0	50.7	3.27	55.73	0:55.73
		15-17	12.5	6.0	11.70	26.53	2.0	18.8	52.8	3.3	7.0	8.5	14.50	29.93	2.00	21.5	49.8	3.20	56.46	0:56.46
		15-17	9.0	6.3	12.10	27.14	1.9	22.0	54.7	3.3	5.0	8.4	14.70	31.08	1.70	26.5	55.00	3.41	58.22	0:58.22
<b>AVERAGE</b>			10.5	6.1	11.87	26.79	2.0	20.2	53.2	3.3	6.0	8.3	14.33	30.01	1.9	23.3	51.8	3.3	56.80	0:56.80
		13-14	12.0	6.2	12.10	27.36	2.1	18.4	49.2	3.2	7.5	8.2	14.80	30.79	2.03	20.9	46.67	3.59	58.15	0:58.15
		13-14	10.0	6.5	12.50	28.95	1.8	22.2	52.7	3.6	7.5	8.4	14.60	32.00	1.80	23.6	51.83	3.98	60.95	1:00.95
		13-14	9.5	6.6	12.60	29.11	2.0	20.6	49.5	3.7	5.5	8.9	15.60	32.83	1.90	23.4	46.50	3.61	61.94	1:01.94
<b>AVERAGE</b>			10.5	6.4	12.40	28.47	1.9	20.4	50.4	3.5	6.8	8.5	15.00	31.87	1.9	22.6	48.3	3.7	60.35	1:00.35

CODES: \* WORLD AVERAGE - Average of Top 8 World Performances from RSI Data Base

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B-O (m) - Breakout Distance (m)

T (sec) - Split Time (sec)

DPS / 50 - Av Distance per Stroke (metres/stroke cycle) / 50m

SC / 50 - Stroke Count (cyc) / 50m

SR / 50 - Av Stroke Rate / 50m



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**Swim BC - CompTrak Summary**  
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COMP	TEAM	SWIMMER
2023BCWIN	ISC	DONGFANG, Bill
2023BCWIN	SKSC	HUANG, Peter
2023BCWIN	ISC	BAKER, Bryce

MENS 200 FLY LC		Start (15m)		1st 50 Swim				Turn 1			2nd 50 Swim				Turn 2			3rd 50 Swim				Turn 3			4th 50 Swim				Finish	End Time	End Time		
		B-O (m)	T (sec)	T (sec)	DPS/50	SC/50	SR/50m	5-in	B-O (m)	15-out	T (sec)	DPS/50	SC/50	SR/50m	5-in	B-O (m)	15-out	T (sec)	DPS/50	SC/50	SR/50m	5-in	B-O (m)	15-out	T (sec)	DPS/50	SC/50	SR/50m	5m (sec)	(sec)	T (min/sec)		
<b>WORLD AVERAGE*</b>		13.2	5.5	25.11	2.2	16.1	48.8	2.9	9.1	7.8	28.28	2.2	17.7	45.9	3.0	8.0	8.1	29.00	2.2	18.9	47.1	3.2	8.1	8.2	29.39	2.1	19.8	47.9	3.0	111.77	1:51.77		
<b>CDN-SR RECORD**</b>		13.0	5.7	25.72	2.1	16.7	49.3	3.0	9.0	8.0	28.96	2.2	18.3	46.5	3.1	9.0	8.3	29.71	2.1	19.0	47.6	3.2	9.0	8.4	30.10	2.0	20.0	48.3	3.1	114.49	1:54.49		
<b>AGE CATEGORY</b>																																	
	170	12.5	7.0	28.9	2.0	19.1	49.3	3.4	10.0	8.1	30.05	2.1	19.4	47.3	3.3	8.5	9.4	31.66	2.0	21.1	48.7	3.4	8.5	9.1	31.39	1.9	21.5	49.3	3.5	121.97	2:01.97		
	170	11.0	6.3	28.4	2.0	19.2	47.3	3.3	8.0	8.5	31.66	2.0	21.0	45.2	3.3	7.0	8.8	32.05	1.9	23.0	49.8	3.7	7.5	9.0	33.02	1.8	23.6	48.8	3.6	125.10	2:05.10		
	170	11.0	6.7	28.0	2.0	19.5	49.3	3.0	8.0	8.9	31.55	1.9	22.1	48.8	3.4	7.0	9.5	33.02	1.9	23.0	48.3	3.5	6.5	9.3	33.29	1.9	23.3	48.0	3.7	125.81	2:05.81		
<b>AVERAGE</b>		11.5	6.7	28.40	2.0	19.2	48.7	3.2	8.7	8.5	31.09	2.0	20.8	47.1	3.3	7.5	9.2	32.24	1.9	22.4	48.9	3.5	7.5	9.1	32.57	1.9	22.8	48.7	3.6	124.29	2:04.29		
2023BCWIN	KAJ	KIRK, Aiden	15-17	10.0	6.9	29.0	1.9	21.1	50.7	3.4	7.0	9.2	32.45	1.8	24.3	50.3	3.3	7.0	9.3	32.90	1.7	24.8	50.3	3.2	7.0	9.2	32.38	1.8	24.3	51.8	3.5	126.76	2:06.76
2023BCWIN	WDSC	MCLEOD, Zachary	15-17	9.5	7.0	28.6	1.8	22.9	55.0	3.3	5.0	9.2	32.17	1.8	24.5	50.5	3.6	5.0	9.4	32.77	1.8	25.5	51.2	3.7	5.0	9.6	33.41	1.8	25.0	49.8	3.8	126.97	2:06.97
2023BCWIN	LOSC	BAE, Jihoon	15-17	10.0	7.2	29.1	1.9	21.1	50.8	3.4	5.5	8.9	32.99	1.8	24.7	49.2	3.8	5.0	9.3	33.41	1.8	25.5	49.7	3.8	5.0	9.3	33.26	1.7	26.5	52.0	3.6	128.79	2:08.79
<b>AVERAGE</b>		9.8	7.0	28.93	1.9	21.7	52.2	3.4	5.8	9.1	32.54	1.8	24.5	50.0	3.6	5.7	9.3	33.03	1.8	25.3	50.4	3.6	5.7	9.4	33.02	1.8	25.3	51.2	3.6	127.51	2:07.51		
2023BCWIN	HYACK	KIM, Laon	13-14	12.5	6.6	28.1	2.1	17.9	47.0	3.1	10.0	9.0	32.31	2.1	19.4	44.3	3.7	7.5	9.0	33.28	1.9	22.0	45.2	3.5	7.0	9.5	33.25	2.0	21.9	45.3	3.4	126.90	2:06.90
2023BCWIN	LOSC	PARK, Minhyuk - DANNY	13-14	11.0	7.1	30.0	2.0	19.5	46.8	3.4	7.0	9.5	33.95	2.0	21.5	43.5	3.6	6.5	9.7	35.20	2.0	22.1	42.8	3.7	6.0	9.9	35.76	1.9	23.6	43.5	4.0	134.88	2:14.88
2023BCWIN	RAPID	SONG, Yiguo	13-14	11.5	6.9	29.8	1.9	20.3	49.7	3.4	7.5	9.5	35.24	1.7	24.5	47.0	3.9	7.5	9.9	36.89	1.7	25.0	46.3	4.0	7.0	9.8	38.04	1.7	25.8	45.5	4.2	139.93	2:19.93
<b>AVERAGE</b>		11.7	6.9	29.26	2.0	19.2	47.8	3.3	8.2	9.3	33.83	1.9	21.8	44.9	3.7	7.2	9.5	35.12	1.9	23.0	44.8	3.7	6.7	9.7	35.68	1.8	23.7	44.8	3.9	133.90	2:13.90		

CODES: \* WORLD AVERAGE -  
 \*\* CDN RECORD MODEL - Based on World Average Models  
 B-O (m) - Breakout Distance (m)  
 T (sec) - Split Time (sec)  
 DPS/50 - Av Distance per Stroke (metres/stroke cycle) / 50m  
 SC/50 - Stroke Count (cyc) / 50m  
 SR/50 - Av Stroke Rate / 50m