



Swim BC - CompTrak Summary
UPDATED JULY 28, 2023

COMP	TEAM	SWIMMER
2023BCWIN	LOSC	YEUNG, Hayden
2023BCWIN	ISC	HULTEN, Kristofer
2023BCWIN	WGB	BAKICA, Thomas
2023SBCSUM	LOSC	YEUNG, Hayden
2023SBCSUM	ISC	HULTEN, Kristofer
2023SBCSUM	KAJ	MCDONALD, Alexander

MENS 50 BR LC	Start (15m)		Swim 1st 25				Swim 2nd 25				Swim 50m Clean Swim				Finish	End Time
	B-O (m)	15m (sec)	25m(sec)	DPS / 25	SC / 25	SR / 25	25m(sec)	DPS / 25	SC / 25	SR / 25	V (m/s)	DPS / 50	SC / 50	SR / 50	5m (sec)	(min/sec)
WORLD AVERAGE*	13.1	6.4	12.04	1.6	7.3	64.4	14.58	1.59	15.2	64.1	1.7	1.6	22.5	64.2	2.7	26.62
CDN-SR RECORD**	13.5	6.6	12.42	1.7	6.7	59.7	15.03	1.66	14.2	58.9	1.7	1.7	20.9	59.2	2.8	27.45
AGE CATEGORY																
170	12.5	6.6	12.90	1.4	8.9	67.5	16.69	1.4	17.1	65.5	1.56	1.4	26.1	66.2	3.8	29.59
170	12.5	6.8	13.30	1.5	8.3	60.5	16.71	1.6	15.7	58.8	1.53	1.5	23.8	59.3	3.6	30.01
170	11.5	6.7	13.30	1.4	9.6	63.0	16.94	1.5	16.7	63.8	1.52	1.4	26.2	63.5	3.8	30.24
170	14.0	6.4	12.60	1.4	7.9	67.5	17.06	1.4	17.6	66.3	1.55	1.4	25.6	66.7	3.9	29.66
170	12.5	6.5	12.90	1.5	8.3	63.5	17.09	1.6	15.7	59.0	1.55	1.5	23.8	60.5	4.1	29.99
170	15.0	6.1	12.80	1.4	7.1	64.5	17.23	1.5	16.4	58.8	1.49	1.5	23.2	60.7	3.8	30.03
AVERAGE	13.0	6.5	12.97	1.4	8.4	64.4	16.95	1.5	16.5	62.0	1.5	1.5	24.8	62.8	3.8	29.92
15-16	11.5	6.9	13.40	1.4	9.6	68.0	16.84	1.5	16.7	63.5	1.5	1.4	26.2	65.0	3.8	30.24
15-16	12.5	6.7	13.40	1.6	7.8	57.5	17.11	1.5	15.7	60.0	1.5	1.5	23.8	59.2	3.9	30.51
15-16	12.5	6.6	13.30	1.4	8.9	63.0	17.49	1.5	16.4	57.8	1.5	1.5	24.9	59.5	3.7	30.79
15-16	11.5	6.7	13.20	1.4	9.6	67.0	17.13	1.5	16.7	62.5	1.5	1.4	26.2	64.0	3.9	30.33
15-16	11.0	7.6	14.40	1.6	8.8	54.5	17.61	1.6	15.0	54.0	1.5	1.6	23.8	54.2	3.8	32.01
15-16	13.0	6.7	13.60	1.6	7.5	53.0	18.05	1.9	13.6	47.8	1.5	1.8	20.4	49.5	4.5	31.65
AVERAGE	12.0	6.9	13.55	1.5	8.7	60.5	17.37	1.6	15.7	57.6	1.5	1.5	24.2	58.6	3.9	30.92
13-14	11.5	7.0	13.80	1.5	9.0	58.5	18.15	1.5	16.4	60.3	1.5	1.5	25.6	59.7	4.3	31.95
13-14	12.5	7.7	14.70	1.4	8.9	60.0	18.13	1.4	17.1	60.0	1.4	1.4	26.1	60.0	3.8	32.83
13-14	11.5	7.6	14.90	1.6	8.4	50.0	18.36	1.6	15.0	51.0	1.4	1.6	23.4	50.7	4.0	33.26
13-14	12.0	7.5	14.50	1.4	9.3	61.0	17.97	1.4	17.1	59.3	1.4	1.4	26.4	59.8	4.0	32.47
13-14	12.0	7.2	14.30	1.6	8.1	54.0	18.49	1.6	15.0	53.0	1.4	1.6	23.1	53.3	4.2	32.79
13-14	12.0	7.5	14.70	1.4	9.3	58.0	18.32	1.5	16.4	55.8	1.4	1.5	25.2	56.5	4.3	33.02
AVERAGE	11.9	7.4	14.48	1.5	8.8	56.9	18.24	1.5	16.2	56.5	1.4	1.5	25.0	56.7	4.1	32.72

CODES: * WORLD AVERAGE - Average of Top 8 World Performances from RSI Data Base
 ** CDN RECORD MODEL - Based on World Average Models
 B-O (m) - Breakout Distance (m)
 T (sec) - Split Time (sec)
 DPS / 50 - Av Distance per Stroke (metres/stroke cycle) / 50m
 SC / 50 - Stroke Count (cyc) / 50m
 SR / 50 - Av Stroke Rate / 50m



MENS 100 BR LC

Swim BC - CompTrak Summary
UPDATED JULY 28, 2023

COMP	TEAM	SWIMMER
2023BCWIN	ISC	KORMENDY, Dylan
2023BCWIN	LOSC	YEUNG, Hayden
2023BCWIN	LOSC	CHO, Kyuhyun
2023SBCSUM	LOSC	YEUNG, Hayden
2023SBCSUM	ISC	KORMENDY, Dylan
2023SBCSUM	KISU	WALLICH, Liam

	Start (15m)		Swim 1st 50				LC Turn / Turn Av sc			Swim 2nd 50					Finish	End Time	End Time	
	B-O (m)	15m (sec)	25m (sec)	50m (sec)	DPS / 50m	SC / 50m	SR / 50m	5m in	B-O(m)	15 out	25m (sec)	50m (sec)	DPS / 50m	SC / 50m	SR / 50m	5m (sec)	(min/sec)	(sec)
WORLD AVERAGE*	13.1	6.3	12.19	27.02	1.9	19.5	54.6	2.9	9.9	8.7	16.06	30.91	1.7	23.6	57.0	3.1	57.94	57.94
CDN-SR RECORD**	13.0	6.6	12.59	27.92	2.0	18.3	49.8	3.0	10.0	9.0	16.59	31.93	1.8	22.2	52.1	3.2	59.85	59.85
AGE CATEGORY																		
170	12.0	6.9	13.60	30.79	1.8	21.1	50.2	3.8	8.0	9.0	16.00	34.04	1.5	28.0	56.5	4.1	1:04.83	64.83
170	14.0	6.8	13.50	31.00	2.0	17.7	43.7	4.0	10.0	8.7	15.60	33.98	1.5	26.7	57.8	4.3	1:04.98	64.98
170	14.0	6.7	13.40	31.07	2.0	18.3	44.5	4.1	10.0	9.0	16.10	34.31	1.8	22.2	47.8	4.0	1:05.38	65.38
170	14.0	6.8	13.40	30.59	1.8	20.0	49.8	3.8	10.0	8.7	15.70	34.49	1.5	26.7	56.3	4.3	1:05.08	65.08
170	12.0	7.3	13.90	31.16	2.0	18.7	44.5	3.9	8.0	9.1	16.10	34.18	1.8	23.3	48.5	4.1	1:05.34	65.34
170	11.0	7.0	13.70	30.87	1.7	22.5	52.2	3.7	8.0	9.1	16.20	34.68	1.7	25.2	50.5	4.3	1:05.55	65.55
AVERAGE	12.8	6.9	13.58	30.9	1.9	19.7	47.5	3.9	9.0	8.9	15.95	34.3	1.6	25.3	52.9	4.2	1:05.19	65.19
15-16	15.0	6.8	13.80	31.35	1.8	19.1	48.2	3.9	8.0	9.4	16.40	34.46	1.7	24.2	48.5	4.0	1:05.81	65.81
15-16	12.5	6.8	13.70	31.44	1.9	20.1	46.8	3.8	8.0	9.5	16.60	35.35	1.9	22.5	44.5	4.2	1:06.79	66.79
15-16	12.0	7.1	13.50	31.32	1.7	21.9	51.2	3.9	7.5	9.7	16.90	36.95	1.5	27.7	51.5	4.6	1:08.27	68.27
15-16	13.0	7.3	13.90	31.31	1.9	19.8	47.8	3.7	8.0	9.4	16.60	34.90	1.7	24.7	49.3	4.2	1:06.21	66.21
15-16	12.0	7.4	14.20	32.15	1.8	21.5	48.7	3.8	8.0	9.4	16.70	35.13	1.7	24.2	49.0	4.3	1:07.28	67.28
15-16	11.5	7.0	13.80	31.52	1.7	22.2	50.2	3.9	8.0	9.9	17.10	36.01	1.6	26.8	52.0	4.1	1:07.53	67.53
AVERAGE	12.7	7.07	13.8	31.5	1.8	20.8	48.8	3.8	7.9	9.6	16.72	35.5	1.7	25.0	49.1	4.2	1:06.98	66.98
13-14	14.5	6.6	13.20	30.56	1.9	18.4	47.0	3.8	10.0	9.6	16.90	35.56	1.9	21.4	45.2	4.3	1:06.12	66.12
13-14	12.5	7.4	14.70	33.40	1.8	20.8	45.7	4.3	8.5	10.2	17.60	37.91	1.8	23.1	42.7	4.4	1:11.31	71.31
13-14	12.5	7.4	14.70	33.88	1.9	19.7	42.8	4.3	8.5	9.3	17.00	38.10	1.7	23.9	43.0	4.8	1:11.98	71.98
13-14	10.0	7.4	14.40	32.54	1.6	24.5	52.5	3.8	7.0	9.8	17.30	36.68	1.7	25.3	47.3	4.4	1:09.22	69.22
13-14	12.0	7.6	14.90	33.54	1.8	21.1	46.5	4.2	8.0	10.1	18.10	38.35	1.7	25.2	45.3	4.5	1:11.89	71.89
13-14	13.0	7.8	15.60	34.80	1.9	19.1	40.5	4.2	7.0	10.1	18.10	37.78	1.8	23.5	43.0	4.6	1:12.58	72.58
AVERAGE	12.4	7.37	14.6	33.1	1.8	20.6	45.8	4.1	8.2	9.9	17.50	37.4	1.8	23.7	44.4	4.5	1:10.52	70.52

CODES: * WORLD AVERAGE - Average of Top 8 World Performances from RSI Data Base
 ** CDN RECORD MODEL - Based on World Average Models
 B-O (m) - Breakout Distance (m)
 T (sec) - Split Time (sec)
 DPS / 50 - Av Distance per Stroke (metres/stroke cycle) / 50m
 SC / 50 - Stroke Count (cyc) / 50m
 SR / 50 - Av Stroke Rate / 50m



MENS 200 BR LC

Swim BC - CompTrak Summary
UPDATED JULY 28, 2023

COMP	TEAM	SWIMMER	Start (15m)		1st 50 Swim				Turn 1			2nd 50 Swim				Turn 2			3rd 50 Swim				Turn 3			4th 50 Swim				Finish	End Time	End Time	
			B-O (m)	T (sec)	T (sec)	DPS/50	SC/50	SR/50m	5-in	B-O (m)	15-out	T (sec)	DPS/50	SC/50	SR/50m	5-in	B-O (m)	15-out	T (sec)	DPS/50	SC/50	SR/50m	5-in	B-O (m)	15-out	T (sec)	DPS/50	SC/50	SR/50m	5m (sec)	T (min/sec)	(sec)	
WORLD AVERAGE*			14.0	6.6	29.48	2.7	12.9	34.2	3.3	11.3	8.9	32.52	2.8	13.5	32.1	3.3	10.6	8.9	32.63	2.4	15.9	37.0	3.2	10.3	9.0	32.51	2.0	20.0	45.6	3.3	2:07.13	127.13	
CDN-SR RECORD**			14.0	6.7	29.87	2.7	12.6	33.1	3.3	11.3	9.0	32.96	2.8	13.3	31.4	3.4	10.6	9.1	33.07	2.4	15.8	36.2	3.3	10.3	9.1	32.94	2.0	19.8	44.9	3.3	2:08.84	128.84	
AGE CATEGORY																																	
2023BCWIN	ISC	KORMENDY, Dylan	170	11.5	7.2	32.52	2.1	18.3	41.0	4.1	8.0	9.8	35.85	1.9	21.7	41.8	4.1	8.0	9.9	36.97	1.7	24.2	45.5	4.5	7.5	10.0	37.56	1.6	27.1	49.3	4.2	2:22.90	142.90
2023BCWIN	LOSC	HISLOP, Phoenix	170	12.5	7.7	32.73	2.0	19.1	44.0	4.0	8.0	10.1	35.84	1.9	21.7	42.8	3.9	7.5	10.1	37.02	1.8	23.2	43.3	4.2	7.0	10.3	37.54	1.6	26.3	47.7	4.4	2:23.13	143.13
2023BCWIN	WGB	BAKICA, Thomas	170	14.0	7.2	33.03	2.5	14.4	33.7	4.4	11.0	10.0	37.03	2.5	15.6	32.2	4.5	10.0	10.1	37.30	2.3	17.4	34.2	4.5	9.5	9.9	37.61	1.9	21.3	40.8	4.4	2:24.97	144.97
2023SBCSUM	UBC	YOUNG, Brodie	170	13.0	7.1	31.50	2.5	14.8	34.8	3.8	9.0	9.4	35.23	2.3	17.6	35.2	4.1	8.0	9.4	36.13	2.2	19.4	36.8	4.3	8.0	9.7	36.83	1.9	21.7	40.3	3.9	2:19.69	139.69
2023SBCSUM	ISC	KORMENDY, Dylan	170	13.0	7.3	33.07	2.5	15.0	33.8	4.0	8.5	9.6	36.93	2.4	17.5	33.2	4.3	8.0	9.9	36.95	2.2	19.1	35.8	4.2	8.0	10.2	37.68	2.0	21.0	38.5	4.1	2:24.63	144.63
2023SBCSUM	LOSC	HISLOP, Phoenix	170	11.0	7.6	33.28	1.8	21.3	44.7	3.8	7.0	9.9	37.10	1.9	22.2	40.7	4.3	7.0	10.5	38.01	1.8	23.9	42.3	3.9	6.5	10.3	38.29	1.7	25.6	45.3	4.4	2:26.68	146.68
AVERAGE				12.5	7.4	32.69	2.2	17.1	38.7	4.0	8.6	9.8	36.33	2.2	19.4	37.6	4.2	8.1	10.0	37.06	2.0	21.2	39.7	4.3	7.8	10.07	37.6	1.8	23.8	43.7	4.2	2:23.67	143.67
2023BCWIN	HYACK	JUNG, Justin	15-16	14.0	7.0	32.50	2.1	17.4	40.5	4.1	10.0	9.8	36.46	2.2	18.5	36.8	4.3	9.0	10.3	37.82	2.1	19.5	37.5	4.4	8.5	9.7	36.72	1.9	22.2	42.5	4.4	2:23.50	143.50
2023BCWIN	SKSC	KIM, Lucas	15-16	12.5	7.5	32.89	1.9	19.4	44.3	4.2	9.0	9.8	36.54	2.0	20.2	40.2	4.5	8.0	10.3	38.51	1.9	22.1	39.8	4.4	8.0	10.4	39.96	1.7	25.2	44.5	4.8	2:27.90	147.90
2023BCWIN	HYACK	VELLESGG, Evan	15-16	13.0	7.3	33.04	2.0	18.5	41.2	4.2	9.0	9.9	37.53	2.1	19.8	37.7	4.4	8.0	10.0	38.38	1.9	22.1	39.2	4.3	7.5	10.6	39.76	1.9	22.4	39.5	4.8	2:28.71	148.71
2023SBCSUM	HYACK	VELLESGG, Evan	15-16	13.0	7.0	32.05	2.4	15.6	36.2	3.8	11.0	9.6	36.51	2.3	17.0	34.0	3.9	8.0	9.8	37.10	2.4	17.5	33.2	4.3	8.0	10.0	37.86	2.1	19.7	35.7	4.3	2:23.52	143.52
2023SBCSUM	HYACK	VELLESGG, Ean	15-16	13.0	7.7	33.03	2.0	18.8	42.2	3.9	8.0	9.9	37.23	2.2	19.1	35.2	4.2	8.0	10.3	37.66	2.0	21.0	38.8	4.1	8.0	10.0	37.28	1.9	22.5	42.2	4.1	2:25.20	145.20
2023SBCSUM	ISC	NAMBA, Kai	15-16	13.0	7.2	33.31	2.2	16.6	36.8	3.9	8.5	9.7	37.16	2.2	18.6	34.8	4.2	8.5	9.9	37.47	2.2	19.2	36.0	4.3	8.5	9.9	37.53	1.9	22.2	41.3	4.6	2:25.47	145.47
AVERAGE				13.1	7.3	32.80	2.1	17.7	40.2	4.0	9.3	9.8	36.91	2.2	18.8	36.4	4.3	8.3	10.1	37.82	2.1	20.2	37.4	4.3	8.1	10.10	38.2	1.9	22.4	40.9	4.5	2:25.72	145.72
2023BCWIN	RAPID	SONG, Yiguo	13-14	13.5	7.5	35.37	2.3	16.1	34.5	4.6	10.0	10.4	40.40	2.2	17.9	32.3	4.9	9.0	10.5	39.49	2.1	19.8	36.2	4.7	9.0	10.5	39.88	1.9	21.2	37.7	4.6	2:35.14	155.14
2023BCWIN	HYACK	YANG, Derex	13-14	11.5	7.7	35.33	2.0	19.6	39.8	4.4	8.0	10.6	39.74	1.9	22.5	38.3	4.3	7.5	10.9	40.17	1.8	23.2	40.3	4.7	7.0	10.7	40.76	1.6	26.9	43.8	4.5	2:36.00	156.00
2023BCWIN	HST	SMITH, Bayden	13-14	9.5	8.7	35.80	1.8	22.5	44.5	4.2	7.0	11.1	39.71	1.7	25.8	44.8	4.5	6.5	11.3	40.96	1.6	27.2	46.0	4.7	6.5	11.1	39.58	1.5	29.7	50.3	4.6	2:36.05	156.05
2023SBCSUM	RAPID	SU, ANTHONY	13-14	11.0	7.4	33.41	2.0	19.5	41.3	4.0	8.0	10.2	37.66	2.1	19.7	36.3	4.3	7.0	10.5	38.99	2.0	21.1	37.2	4.4	7.0	10.5	38.74	1.7	24.8	42.8	4.2	2:38.90	148.90
2023SBCSUM	RAPID	SONG, Yiguo	13-14	12.5	7.8	34.90	2.0	19.1	41.7	4.7	9.0	10.1	39.96	2.0	20.5	36.5	5.1	8.5	9.9	40.90	1.8	23.1	38.2	4.5	8.5	10.6	41.52	1.8	22.6	37.0	4.6	2:37.28	157.28
2023SBCSUM	LOSC	YU, Beck	13-14	12.0	7.8	35.98	2.3	16.5	32.3	4.1	9.0	10.2	40.61	2.2	18.9	32.0	4.5	8.0	10.6	40.42	2.0	20.7	35.0	4.5	8.0	10.4	40.38	1.8	23.8	39.5	4.1	2:37.39	157.39
AVERAGE				11.7	7.8	35.13	2.1	18.9	39.0	4.3	8.5	10.4	39.68	2.0	20.9	36.7	4.6	7.8	10.6	40.16	1.9	22.5	38.8	4.6	7.7	10.63	40.1	1.7	24.8	41.9	4.4	2:35.11	155.11

CODES: * WORLD AVERAGE -
 ** CDN RECORD MODEL - Based on World Average Models
 B-O (m) - Breakout Distance (m)
 T (sec) - Split Time (sec)
 DPS/50 - Av Distance per Stroke (metres/stroke cycle) / 50m
 SC/50 - Stroke Count (cyc) / 50m
 SR/50 - Av Stroke Rate / 50m