



Swim BC - CompTrak Summary
UPDATED JULY 28, 2023

COMP	TEAM	SWIMMER
2023BCWIN	HPCVN	LEBUKE, James
2023BCWIN	UVIC	FANG, Maxwell
2023BCWIN	CDSC	ERAKOVIC, Koca
2023BCSUM	ISC	MAK, Marcus
2023BCSUM	SKSC	STEWART-BENDER, Luke
2023BCSUM	ISC	ROGERS, Lochlan

MENS 50 FR LC	Start (15m)		Swim 1st 25				Swim 2nd 25				Swim 50m Clean Swim				Finish	End Time
	B-O (m)	15m (sec)	25m(sec)	DPS / 25	SC / 25	SR / 25	25m(sec)	DPS / 25	SC / 25	SR / 25	V (m/s)	DPS / 50	SC / 50	SR / 50	5m (sec)	(min/sec)
WORLD AVERAGE*	11.1	5.1	9.49	2.2	6.3	63.1	11.92	2.2	11.2	59.3	2.2	2.2	17.5	60.6	2.5	21.42
CDN-SR RECORD**	11.0	5.2	9.58	2.1	6.6	64.2	12.03	2.1	11.3	60.6	2.2	2.1	17.9	61.8	2.5	21.61
AGE CATEGORY																
170	9.0	5.4	10.50	1.8	8.9	65.0	13.09	1.9	12.9	62.3	1.9	1.9	21.4	63.2	2.8	23.59
170	10.0	5.6	10.60	1.9	7.9	64.5	13.17	2.0	12.4	59.0	2.0	1.9	20.2	60.8	2.9	23.77
170	9.5	5.7	10.80	2.0	7.8	60.5	13.35	2.1	11.6	55.5	1.9	2.1	19.1	57.2	2.9	24.15
170	12.0	5.6	10.60	1.9	6.8	64.0	13.22	1.8	13.1	62.3	1.9	1.8	20.2	62.8	2.6	23.82
170	11.0	5.3	10.30	1.9	7.4	63.5	13.58	1.9	12.9	59.5	1.9	1.9	20.4	60.8	2.9	23.88
170	11.0	5.7	10.80	2.0	7.0	59.5	13.37	2.0	12.0	56.8	1.9	2.0	19.0	57.7	2.8	24.17
AVERAGE	10.4	5.6	10.60	1.9	7.6	62.8	13.30	1.9	12.5	59.2	1.9	1.9	20.0	60.4	2.8	23.9
15-16	12.5	5.7	10.70	2.1	6.0	57.0	13.39	2.1	11.4	54.5	2.0	2.1	17.4	55.3	3.0	24.09
15-16	8.5	5.9	10.90	2.0	8.3	60.5	13.58	1.8	12.9	61.8	1.9	1.9	21.7	61.3	2.9	24.48
15-16	10.0	5.8	11.20	2.1	7.1	52.0	13.39	2.3	10.9	52.0	1.9	2.2	17.7	52.0	3.0	24.59
15-16	12.0	5.8	10.80	1.8	7.2	66.0	13.42	2.0	12.4	59.8	2.0	1.9	19.1	61.8	3.1	24.22
15-16	10.0	6.0	11.10	2.3	6.5	51.5	13.50	2.2	10.7	51.3	1.9	2.2	17.5	51.3	2.9	24.60
15-16	10.0	5.7	10.80	2.0	7.5	57.5	13.87	2.0	12.0	56.0	1.9	2.0	19.5	56.5	3.0	24.67
AVERAGE	10.5	5.8	10.92	2.1	7.1	57.4	13.53	2.1	11.7	55.9	1.9	2.1	18.8	56.4	3.0	24.4
13-14	11.5	5.6	10.60	2.1	6.4	56.0	13.21	2.2	11.1	53.5	2.0	2.2	17.3	54.3	3.0	23.81
13-14	9.0	6.1	11.70	2.0	8.0	53.0	14.11	2.2	11.4	50.0	1.8	2.1	19.0	51.0	2.8	25.81
13-14	9.5	6.5	11.80	1.9	8.2	58.5	14.08	1.9	12.6	56.5	1.8	1.9	20.8	57.2	2.9	25.88
13-14	10.0	3.7	11.20	1.3	11.5	62.5	14.14	2.1	13.3	54.3	1.7	1.8	21.7	57.0	3.2	25.34
13-14	10.0	6.0	11.70	2.0	7.5	53.0	14.23	2.2	11.4	51.0	1.8	2.1	18.6	51.7	3.1	25.93
13-14	11.0	6.3	11.70	1.9	7.4	57.0	14.41	2.0	12.4	54.0	1.8	1.9	19.7	55.0	3.0	26.11
AVERAGE	10.2	5.7	11.45	1.9	8.2	56.7	14.03	2.1	12.1	53.2	1.8	2.0	19.5	54.4	3.0	25.5

CODES: * WORLD AVERAGE - Average of Top 8 World Performances from RSI Data Base
 ** CDN RECORD MODEL - Based on World Average Models
 B-O (m) - Breakout Distance (m)
 T (sec) - Split Time (sec)
 DPS / 50 - Av Distance per Stroke (metres/stroke cycle) / 50m
 SC / 50 - Stroke Count (cyc) / 50m
 SR / 50 - Av Stroke Rate / 50m



Swim BC - CompTrak Summary
UPDATED JULY 28, 2023

COMP	TEAM	SWIMMER
2023BCWIN	UVIC	FANG, Maxwell
2023BCWIN	LOSC	MACPHERSON, Callum
2023BCWIN	NRST	MORCH, Peter
2023SBCSUM	ISC	MAK, Marcus
2023SBCSUM	SKSC	STEWART-BEINDER, Luke
2023SBCSUM	ISC	ROGERS, Lochlan

MENS 100 FR LC	Start (15m)		Swim 1st 50					LC Turn / Turn Av sc			Swim 2nd 50					Finish	End Time	End Time
	B-O (m)	15m (sec)	25m (sec)	50m (sec)	DPS / 50m	SC / 50m	SR / 50m	5m in	B-O(m)	15 out	25m (sec)	50m (sec)	DPS / 50m	SC / 50m	SR / 50m	5m (sec)	(min/sec)	(sec)
WORLD AVERAGE*	10.2	5.4	10.02	22.53	2.4	16.2	52.1	2.8	7.1	6.3	13.42	24.75	2.3	18.2	49.5	2.8	47.29	47.29
CDN-SR RECORD**	10.0	5.4	10.01	22.53	2.4	16.6	53.3	2.8	6.5	6.3	13.41	24.74	2.3	18.8	50.7	2.7	47.27	47.27
AGE CATEGORY																		
170	9.0	5.7	10.90	25.18	2.1	19.5	53.2	3.3	5.5	6.8	12.40	26.74	2.2	20.5	49.3	3.0	51.92	51.92
170	8.0	6.0	11.30	25.54	2.2	19.1	50.8	3.5	4.5	7.0	12.50	27.01	2.1	21.7	51.2	3.3	52.55	52.55
170	9.0	5.9	11.30	25.67	2.4	17.3	47.0	3.4	4.5	7.0	12.40	27.00	2.2	20.4	47.8	3.3	52.67	52.67
170	12.5	5.7	11.00	25.25	2.2	17.0	51.0	3.5	6.5	6.6	12.20	27.08	1.9	22.9	55.8	3.3	52.33	52.33
170	12.0	5.6	10.70	24.85	2.1	18.4	55.0	3.5	7.0	6.8	12.60	27.74	2.1	20.8	49.5	3.4	52.59	52.59
170	10.0	5.9	11.20	25.41	2.3	17.4	49.5	3.4	6.5	6.8	12.60	27.18	2.2	20.1	47.7	3.2	52.59	52.59
AVERAGE	10.1	5.8	11.07	25.32	2.2	18.1	51.1	3.4	5.8	6.8	12.45	27.13	2.1	21.1	50.2	3.2	52.44	52.44
15-16	11.5	5.9	11.10	25.49	2.3	16.7	49.2	3.8	6.5	7.1	12.60	27.30	2.2	19.8	48.0	3.0	52.79	52.79
15-16	10.0	6.0	11.40	25.87	2.3	17.4	48.2	3.7	6.0	7.1	12.80	27.85	2.3	19.4	46.3	3.5	53.72	53.72
15-16	10.0	6.0	11.30	25.63	2.4	16.7	46.0	3.3	6.5	7.3	13.10	28.12	2.4	18.1	43.0	3.4	53.75	53.75
15-16	13.0	6.0	11.40	26.09	2.3	15.9	47.3	3.8	7.0	6.9	12.60	27.21	2.2	19.3	46.8	3.2	53.30	53.30
15-16	11.0	6.0	11.30	25.92	2.3	16.7	48.0	3.9	6.0	6.9	12.70	27.66	2.1	20.6	47.8	3.2	53.58	53.58
15-16	12.0	5.8	11.50	26.13	2.7	14.3	41.0	3.7	9.5	6.8	12.50	27.66	2.5	16.4	42.2	3.4	53.79	53.79
AVERAGE	11.3	6.0	11.33	25.86	2.4	16.3	46.6	3.7	6.9	7.0	12.72	27.63	2.3	18.9	45.7	3.3	53.49	53.49
13-14	8.5	6.4	12.00	27.35	2.2	18.6	47.2	3.8	4.5	7.6	13.30	28.32	2.2	20.4	46.0	3.2	55.67	55.67
13-14	7.5	6.6	12.10	27.36	2.0	20.9	51.2	3.7	4.5	7.6	13.40	28.88	2.0	22.4	50.0	3.5	56.24	56.24
13-14	8.5	6.6	12.20	27.57	2.2	19.2	48.7	3.7	4.0	7.7	13.60	28.97	2.0	23.0	50.2	3.6	56.54	56.54
13-14	8.0	5.9	11.60	27.27	2.1	20.0	49.7	4.0	5.0	7.1	13.30	28.54	2.1	21.1	46.8	3.3	55.81	55.81
13-14	10.0	6.3	12.00	27.50	2.3	17.6	46.2	4.0	5.5	7.1	13.10	29.11	2.1	20.9	45.0	3.4	56.61	56.61
13-14	8.5	6.2	11.80	27.41	2.2	19.2	49.2	4.2	4.5	7.3	13.50	29.20	2.2	20.7	43.8	3.2	56.61	56.61
AVERAGE	8.5	6.3	11.95	27.41	2.2	19.2	48.7	3.9	4.7	7.4	13.37	28.84	2.1	21.4	47.0	3.4	56.25	56.25

CODES: * WORLD AVERAGE - Average of Top 8 World Performances from RSI Data Base
 ** CDN RECORD MODEL - Based on World Average Models
 B-O (m) - Breakout Distance (m)
 T (sec) - Split Time (sec)
 DPS / 50 - Av Distance per Stroke (metres/stroke cycle) / 50m
 SC / 50 - Stroke Count (cyc) / 50m
 SR / 50 - Av Stroke Rate / 50m



Swim BC - CompTrak Summary
 UPDATED JULY 28, 2023

COMP	TEAM	SWIMMER
2023BCWIN	HPCVN	LEBUKE, James
2023BCWIN	UVPCS	FANG, Maxwell
2023BCWIN	LOSC	MACPHERSON, Callum
2023BCSUM	SKSC	WU, Yu Tong
2023BCSUM	SPART	JOHNSON, Niall
2023BCSUM	RAC	BENNETT, Nicholas

MENS 200 FR LC	Start (15m)		1st 50 Swim				Turn 1			2nd 50 Swim				Turn 2			3rd 50 Swim				Turn 3			4th 50 Swim				Finish	End Time	End Time
	B-O (m)	T (sec)	T (sec)	DPS/50	SC/50	SR/50m	5-in	B-O (m)	15-out	T (sec)	DPS/50	SC/50	SR/50m	5-in	B-O (m)	15-out	T (sec)	DPS/50	SC/50	SR/50m	5-in	B-O (m)	15-out	T (sec)	DPS/50	SC/50	SR/50m	5m (sec)	T (min/sec)	(sec)
WORLD AVERAGE*	11.1	5.8	24.4	2.7	13.7	42.2	3.0	7.3	6.8	26.2	2.7	15.3	41.2	3.2	7.0	6.8	26.3	2.6	15.9	42.0	3.2	7.1	6.9	26.2	2.4	17.1	44.5	2.7	1:43.17	103.17
CDN-SR RECORD**	10.0	6.0	25.20	2.7	14.2	41.3	3.12	6.0	7.0	27.05	2.7	15.9	40.3	3.32	6.0	7.0	27.17	2.6	16.4	41.1	3.3	6.0	7.1	26.97	2.4	17.7	43.4	2.8	1:46.40	106.40
AGE CATEGORY																														
170	10.5	6.0	26.55	2.2	18.0	47.0	3.2	6.0	7.7	28.92	2.3	19.1	44.0	3.6	5.0	7.5	29.02	2.1	21.1	46.3	3.5	5.0	7.4	28.86	2.0	22.1	48.8	3.2	1:53.35	113.35
170	12.0	5.9	26.49	2.4	15.8	44.2	3.5	7.0	7.3	28.71	2.3	18.4	43.5	3.7	5.5	7.5	29.74	2.3	19.1	42.3	3.9	5.5	7.7	28.88	2.3	19.1	42.8	3.1	1:53.82	113.82
170	10.0	6.2	26.63	2.4	16.4	44.2	3.5	5.0	7.6	29.13	2.4	18.5	41.5	3.6	5.0	7.6	29.74	2.3	19.6	41.8	3.6	5.0	7.6	29.78	2.2	20.5	44.3	3.5	1:55.28	115.28
170	10.0	5.9	26.41	2.5	15.8	42.2	3.7	6.0	7.2	28.75	2.6	17.1	39.3	3.9	6.0	7.2	29.00	2.6	17.1	39.3	3.8	6.0	7.1	28.40	2.5	17.4	40.0	3.4	1:52.56	112.56
170	9.0	6.1	26.30	2.2	18.4	48.5	3.6	5.0	7.4	28.80	2.2	20.5	46.7	3.8	5.0	7.6	30.21	2.0	22.1	46.5	3.8	5.0	7.7	30.24	2.0	22.5	46.8	3.3	1:55.55	115.55
170	10.0	6.1	26.27	2.3	17.6	48.0	3.6	6.5	7.3	29.17	2.2	20.1	46.5	3.9	5.0	7.5	30.16	2.1	21.4	45.2	3.9	5.0	7.8	30.01	2.1	21.4	45.3	3.5	1:55.61	115.61
AVERAGE	10.3	6.0	26.44	2.3	17.0	45.7	3.5	5.9	7.4	28.91	2.3	19.0	43.6	3.7	5.3	7.5	29.65	2.2	20.1	43.6	3.8	5.3	7.6	29.36	2.2	20.5	44.7	3.3	1:54.36	114.36
15-16	9.0	6.3	28.22	2.4	16.8	41.2	3.9	4.5	7.7	30.04	2.4	18.7	40.0	3.9	4.5	7.6	30.35	2.3	19.8	41.5	4.0	4.0	7.6	28.83	2.2	20.6	45.8	3.5	1:57.44	117.44
15-16	8.5	6.3	27.49	1.9	21.5	54.0	4.2	4.5	7.7	30.20	2.0	22.8	50.3	4.4	4.0	7.8	31.12	2.0	23.4	48.5	4.2	4.0	7.8	29.02	2.0	22.6	50.3	3.5	1:57.83	117.83
15-16	10.5	6.7	27.86	2.8	14.3	37.2	3.7	7.5	7.7	30.28	2.8	15.0	34.8	4.2	6.5	7.6	30.90	2.6	16.5	35.7	4.0	6.5	7.7	29.21	2.4	18.4	42.3	3.6	1:58.25	118.25
15-16	9.5	6.3	27.57	2.2	18.4	47.0	3.8	5.5	7.4	29.81	2.2	20.2	44.5	4.1	5.5	7.5	30.32	2.1	20.9	45.0	4.2	5.5	7.6	28.87	2.0	22.3	49.3	3.1	1:56.57	116.57
15-16	9.5	6.2	27.41	2.4	17.1	44.0	3.8	4.5	7.3	30.01	2.3	19.5	41.5	4.2	5.0	7.6	30.22	2.3	19.6	42.3	4.1	4.5	7.6	29.46	2.2	21.0	45.5	3.5	1:57.10	117.10
15-16	8.0	6.4	27.35	1.9	22.1	56.2	4.0	4.5	7.4	29.87	1.9	23.9	52.2	4.2	4.0	7.6	30.74	1.9	24.2	50.2	4.3	4.0	7.8	29.42	1.9	23.8	51.8	3.5	1:57.38	117.38
AVERAGE	9.2	6.4	27.65	2.3	18.4	46.6	3.9	5.2	7.5	30.04	2.3	20.0	43.9	4.2	4.9	7.6	30.61	2.2	20.7	43.9	4.1	4.8	7.7	29.14	2.1	21.4	47.5	3.4	1:57.43	117.43
13-14	11.5	5.9	26.87	2.8	13.9	37.7	3.8	7.5	7.5	29.34	2.9	14.7	35.2	4.1	6.0	7.4	30.17	2.8	15.5	33.8	4.0	7.0	7.7	30.00	2.8	15.2	33.8	3.6	1:56.38	116.38
13-14	9.0	7.1	28.85	2.3	18.1	44.7	3.9	5.0	8.1	31.07	2.3	19.3	42.0	4.3	4.5	8.3	31.55	2.2	21.0	43.7	4.2	4.5	8.5	30.42	2.2	21.0	45.3	3.4	2:01.89	121.89
13-14	10.0	6.7	28.52	2.5	16.2	40.3	3.8	5.0	8.1	31.44	2.4	19.0	39.0	3.8	4.5	8.2	31.33	2.3	19.5	40.2	3.8	4.5	8.1	30.86	2.3	19.5	40.2	3.4	2:02.15	122.15
13-14	9.5	6.4	28.23	2.2	18.1	45.2	3.9	4.5	8.0	31.65	2.1	22.0	44.3	4.2	4.0	7.8	31.10	2.1	21.9	44.5	4.1	4.0	7.8	30.17	2.1	22.3	47.0	3.8	2:01.15	121.15
13-14	9.0	6.3	28.43	2.2	18.6	44.5	3.9	5.0	7.5	31.05	2.2	20.5	42.0	4.2	5.0	8.0	32.14	2.1	21.4	43.2	4.3	4.5	8.2	32.74	2.2	20.7	39.5	3.8	2:04.36	124.36
13-14	10.0	6.6	29.27	2.3	17.4	43.2	4.4	4.0	7.7	31.83	2.2	20.6	40.8	4.5	4.0	8.1	32.11	2.3	20.0	40.2	4.6	4.0	7.9	31.56	2.2	20.9	40.5	3.6	2:04.77	124.77
AVERAGE	9.8	6.5	28.36	2.4	17.1	42.6	4.0	5.2	7.8	31.06	2.4	19.3	40.6	4.2	4.7	8.0	31.40	2.3	19.9	40.9	4.2	4.8	8.0	30.96	2.3	19.9	41.1	3.6	2:01.78	121.78

CODES: * WORLD AVERAGE -
 ** CDN RECORD MODEL - Based on World Average Models
 B-O (m) - Breakout Distance (m)
 T (sec) - Split Time (sec)
 DPS/50 - Av Distance per Stroke (metres/stroke cycle) / 50m
 SC/50 - Stroke Count (cyc) / 50m
 SR/50 - Av Stroke Rate / 50m



Swim BC - CompTrak Summary
UPDATED JULY 28, 2023

COMP	TEAM	SWIMMER
2023BCWIN	KAJ	SAVELEV, Daniil
2023BCWIN	LOSC	WOZNY, Maksym
2023BCWIN	LOSC	YIP, Channah
2023SBCSUM	SKSC	WU, Yu Tong
2023SBCSUM	SKSC	HUANG, Peter
2023SBCSUM	KAJ	SAVELEV, Daniil

MENS 400 FR LC		Start (15m)		Swim 1st 50				Turn (Average)			Clean Swim Values - 50-350m (Average)				Swim last 50				Finish	End Time	End Time		
		B-O (m)	T (sec)	Lap Split	DPS/50	SC/50	SR/50	5m in	B-O(m)	15 out	Lap Av	DPS (m/c)	SC/50	SR/50	Lap Split	DPS/50	SC/50	SR/50	5m (sec)	T (min/sec)	(sec)		
WORLD AVERAGE*		10.4	6.1	25.92	2.9	13.1	37.2	3.3	6.2	7.3	28.05	2.9	14.8	36.3	26.36	2.6	16.5	42.1	2.9	3:40.55	220.55		
CDN-SR RECORD**		10.0	6.2	26.26	2.8	13.8	38.3	3.3	7.0	7.4	28.41	2.8	15.1	37.3	26.71	2.5	16.9	43.6	3.0	3:43.46	223.46		
AGE CATEGORY																							
	170	10.0	6.1	28.55	2.5	15.8	39.5	4.3	5.0	7.7	30.93	2.4	18.7	39.6	29.78	2.2	22.7	43.0	3.5	4:05.06	245.06		
	170	7.5	6.2	28.11	2.4	17.7	41.8	4.1	4.0	7.8	31.25	2.3	19.7	40.1	30.69	2.2	22.4	42.0	3.6	4:06.88	246.88		
	170	12.0	6.6	29.56	2.5	15.0	37.7	4.4	5.5	7.8	31.56	2.4	18.6	38.9	28.93	2.2	22.7	44.7	3.4	4:10.49	250.49		
	170	10.0	6.0	27.52	2.8	14.5	37.2	4.1	5.6	7.6	30.68	2.6	16.9	36.5	30.55	2.4	20.5	37.8	3.3	4:02.30	242.30		
	170	9.5	6.3	28.54	2.9	14.0	34.3	4.2	5.1	7.6	31.55	2.7	16.7	34.5	29.98	2.3	21.7	41.5	3.5	4:09.42	249.42		
	170	10.5	6.5	28.04	2.4	16.2	42.3	4.3	5.0	8.0	31.69	2.3	19.3	40.1	29.56	2.3	21.4	41.8	3.2	4:09.87	249.87		
AVERAGE		9.9	6.3	28.39	2.6	15.5	38.8	4.2	5.0	7.8	31.28	2.5	18.3	38.3	29.92	2.3	21.9	41.8	3.4	4:07.34	247.34		
2023BCWIN	WDSC	MCLEOD, Zachary	15-16	8.5	6.3	27.93	1.9	21.5	53.0	4.4	4.0	8.0	31.64	2.0	23.3	47.7	30.67	1.9	25.9	48.8	3.7	4:09.41	249.41
2023BCWIN	KAJ	KIRK, Aiden	15-16	10.5	6.3	28.70	2.4	16.5	41.2	4.3	6.0	7.8	31.73	2.3	19.2	40.4	30.99	2.1	23.8	44.2	3.6	4:10.82	250.82
2023BCWIN	VPSC	DESCHAMBAULT, Noah	15-16	10.0	6.9	29.68	2.4	16.7	40.8	4.4	4.3	7.9	32.13	2.2	20.7	41.3	30.96	2.1	24.2	44.3	3.7	4:14.59	264.59
2023SBCSUM	WDSC	MCLEOD, Zachary	15-16	9.0	6.7	28.39	2.0	20.8	51.2	4.2	4.0	8.0	31.00	2.0	23.2	48.6	29.59	2.0	25.0	49.3	3.5	4:05.38	245.38
2023SBCSUM	KAJ	KIRK, Aiden	15-16	9.0	6.3	28.33	2.2	18.4	45.0	4.2	5.4	7.7	31.12	2.2	20.5	43.5	30.10	2.0	25.4	47.7	3.4	4:06.20	246.20
2023SBCSUM	HYACK	JUNG, Justin	15-16	10.0	6.3	28.96	2.5	16.0	39.0	4.1	5.4	7.9	31.69	2.4	19.0	39.2	30.09	2.1	23.4	44.3	3.4	4:10.81	250.81
AVERAGE		9.5	6.5	28.67	2.2	18.3	45.0	4.3	4.9	7.9	31.55	2.2	21.0	43.4	30.40	2.0	24.6	46.4	3.6	4:09.53	251.20		
2023BCWIN	LOSC	VELICICO, Alexandru	13-14	8.5	6.6	28.78	2.4	17.5	42.5	4.5	4.5	8.1	32.56	2.3	19.5	39.4	31.35	2.1	23.8	44.8	3.9	4:16.70	266.70
2023BCWIN	UVPCS	CAMARAIRE, Alex	13-14	9.5	6.8	29.56	2.4	16.9	39.7	4.3	4.9	8.3	32.79	2.4	18.7	37.2	31.32	2.4	21.1	39.3	3.7	4:19.12	269.12
2023BCWIN	LOSC	PARK, Minhyuk (DANNY)	13-14	8.5	6.5	29.24	2.4	17.5	40.7	4.5	5.1	8.2	33.24	2.3	19.5	38.5	32.15	2.3	22.1	39.0	3.7	4:21.95	271.95
2023SBCSUM	KAJ	PARMAR, Max	13-14	11.0	6.9	29.59	2.0	19.2	48.2	4.4	4.2	8.4	33.40	2.0	23.2	44.9	32.13	1.9	25.9	46.0	3.5	4:23.37	263.37
2023SBCSUM	ISC	SAXON, Chase	13-14	7.0	7.1	29.72	2.2	19.8	44.5	4.5	4.2	8.6	33.45	2.1	21.4	41.8	32.41	2.1	23.8	42.8	3.6	4:23.90	263.90
2023SBCSUM	UVPCS	LEE, Rubin	13-14	10.0	6.6	30.00	2.5	16.0	38.3	4.8	4.2	8.1	33.57	2.3	20.0	38.2	31.75	2.2	22.4	40.7	3.8	4:24.98	264.98
AVERAGE		9.1	6.8	29.48	2.3	17.8	42.3	4.5	4.5	8.3	33.17	2.2	20.4	40.0	31.85	2.2	23.2	42.1	3.7	4:21.67	266.67		

CODES: * WORLD AVERAGE -
 ** CDN RECORD MODEL - Based on World Average Models
 B-O (m) - Breakout Distance (m)
 T (sec) - Split Time (sec)
 DPS/50 - Av Distance per Stroke (metres/stroke cycle) / 50m
 SC/50 - Stroke Count (cyc) / 50m
 SR/50 - Av Stroke Rate / 50m



Swim BC - CompTrak Summary
 UPDATED JULY 28, 2023

MENS 800 FR LC

COMP	TEAM	SWIMMER
2023BCWIN	LOSC	ERICKSON, Aidan
2023BCWIN	LOSC	YIP, Channah
2023BCWIN	LOSC	WOZNY, Maksym
2023SBCSUM	LOSC	WOZNY, Maksym
2023SBCSUM	LOSC	WOINOSKI, Alex
2023SBCSUM	ISC	DONGFANG, Bill

	Start (15m)		Swim 1st 50				Turn (Average)			Clean Swim Values (Average)				Swim last 50				Finish		End Time	End Time
	B-O (m)	T (sec)	Lap Split	DPS/50	SC/50	SR/50	5m in	B-O(m)	15 out	Lap Av	DPS (m/c)	SC/50	SR (c/m)	Lap Split	DPS/50	SC/50	SR/50	5m (sec)	T (min/sec)	(sec)	
WORLD AVERAGE*	9.5	6.4	26.85	2.7	14.6	39.3	3.2	6.3	7.6	28.97	2.9	14.7	34.8	27.30	2.4	17.9	44.0	2.7	7:39.74	459.74	
CDN-SR RECORD**	9.0	6.4	26.97	2.6	15.3	40.0	3.2	6.0	7.7	29.10	2.8	15.3	35.6	27.43	2.3	18.4	45.1	2.8	7:41.86	461.86	
AGE CATEGORY																					
170	10.0	6.5	28.90	2.5	15.6	38.5	4.1	4.0	8.1	32.55	2.5	18.1	35.9	32.26	2.5	19.6	36.0	3.8	8:36.80	516.80	
AVERAGE	10.0	6.5	28.90	2.5	15.6	38.5	4.1	4.0	8.1	32.55	2.5	18.1	35.9	32.26	2.5	19.6	36.0	3.8	8:36.80	516.80	
15-16	9.0	6.9	27.90	2.1	19.0	50.0	4.2	4.0	8.5	32.50	2.0	22.3	45.0	31.15	2.0	24.5	46.0	3.8	8:34.06	514.06	
15-16																					
15-16	10.5	6.6	28.89	2.4	16.0	40.5	4.1	5.9	7.9	32.11	2.3	18.6	38.8	29.05	2.2	22.3	45.5	3.4	8:27.41	507.41	
15-16	10.0	6.7	28.56	2.0	19.0	48.5	4.0	4.3	8.2	32.13	2.0	22.6	46.0	29.16	2.0	24.5	50.0	3.3	8:27.50	507.50	
AVERAGE	9.8	6.7	28.45	2.2	18.0	46.3	4.1	4.7	8.2	32.24	2.1	21.2	43.3	29.79	2.1	23.8	47.2	3.5	8:29.66	509.66	
13-14	12.0	6.1	28.40	2.9	12.8	34.0	4.3	5.8	8.0	32.22	3.0	14.5	30.4	31.90	2.8	17.5	32.0	3.6	8:31.40	511.40	
13-14	8.0	6.7	29.49	2.5	16.4	39.5	4.4	4.1	8.5	33.82	2.4	18.8	36.1	30.43	2.1	23.3	45.0	3.5	8:53.39	533.39	
13-14																					
13-14	10.5	7.0	29.24	2.1	18.3	47.0	4.2	4.1	8.8	34.45	2.0	22.6	42.4	33.28	2.0	24.5	42.5	3.6	9:04.84	484.84	
13-14	8.0	7.1	30.33	2.3	17.8	41.0	4.1	4.5	9.0	34.61	2.1	20.8	39.1	33.59	2.1	23.3	40.5	3.5	9:08.42	488.42	
13-14	9.5	7.3	30.03	2.0	19.8	49.0	4.3	5.3	8.4	34.69	2.0	22.0	41.2	33.28	1.9	25.8	43.0	3.6	9:09.03	489.03	
AVERAGE	9.6	6.8	29.50	2.4	17.0	42.1	4.3	4.8	8.5	33.96	2.3	19.7	37.8	32.50	2.2	22.9	40.6	3.6	8:57.42	501.42	

CODES: * WORLD AVERAGE -
 ** CDN RECORD MODEL - Based on World Average Models
 B-O (m) - Breakout Distance (m)
 T (sec) - Split Time (sec)
 DPS/50 - Av Distance per Stroke (metres/stroke cycle) / 50m
 SC/50 - Stroke Count (cyc) / 50m
 SR/50 - Av Stroke Rate / 50m