

Wording for Disqualifications, Including SWAD

SWAD Starts:

Dive start

- sitting or standing on or beside the block is allowed
- swimmer can use support from either the block or a support person
 - support assists with balance and cannot provide swimmer with an unfair advantage

Water start

- class S1, S2, & S3 may have their feet held against the wall for the start
- swimmers need to be still on the start (no sculling) – a small amount of movement is acceptable if there is no advantage to the swimmer

Hearing impaired

- a visual (light flash) or physical prompt may be used (physical prompt cannot be a push)

Visually impaired

- class S11 must wear blackened goggles (to be checked by Referee or designate at completion of race) or have prosthetic eyes (glass eyes)

Freestyle

1. Failure to touch ___m

Backstroke

1. Failure to touch ___m
2. Non continuous turn at ___m
3. Failure to return to back at ___m (upon leaving wall / roll more than 89 degrees when toes leave wall after turn)
4. Failure to break water surface with stroke cycle at ___m
5. Two or more arm pulls on breast at ___m
6. Did not finish on the back (may be submerged at touch)

SWAD: Start may use one or two hands, grip side of pool, or use approved starting device

Butterfly

1. Non simultaneous touch at ___m (one hand after the other)
2. Flutter kick / alternating leg movement at ___m
3. Breaststroke kick at ___m
4. Underwater arm recovery at ___m (at touch)
5. Non simultaneous movement of arms
6. Body not on breast at ___m (after turn)

SWAD: Failure to keep shoulders in line with the normal water surface
Failure to perform simultaneous intent to touch at turn and finish

Short or contracted upper limb must reach for wall at the same time that sound limb does, demonstrating a simultaneous intent to touch. In the absence of limbs or limbs shorter than the head, the upper body must touch.

Breaststroke

1. Non simultaneous touch at ___m
2. Two underwater arm pulls before head surfaces
3. Alternative / Non simultaneous leg movement
4. Alternating arm movement
5. Downward dolphin kick / thrust at ___m
6. Failure of head to break surface during each stroke cycle
7. Failure of head to surface before the hands turn inward at the widest part of the second stroke on start or after turns ___m
8. Arms below hip line during swim phase

SWAD: Failure to perform a simultaneous intent to touch (if both upper limbs are used)

Failure to turn foot out

Failure to show intent to kick

Swimmers with non functioning legs may trail or drag

A swimmer with an amputation or dysmelia must turn foot out or show intent (the movement needs to mimic a breaststroke kick; flutter, scissor, or downward dolphin kick is not permitted)

Medley

1. Roll past 90 degrees at ___m (before finish touch, before change to breaststroke)
2. Did not finish on back at ___m (tumble turn before touch out)

SWAD: as per individual strokes

Relay Take Over

1. #___ swimmer left blocks before #___ swimmer touched at ___m (know distance from the wall)

SWAD: Refer to SWAD starts

A swimmer may not enter the water until the preceding swimmer starts

Swimmers may remain in the water after their leg

All Strokes

1. Did not finish (climbed out of pool at ___m)
2. Walked forward during ___m / lap of ___m swim
3. Pulled on lane rope at ___m / ___lap
4. Failure of the head to surface at the 15m mark after start or after turn at ___m (except for breaststroke)