



DEFINITION: HIGH PERFORMANCE

Swim BC has adopted the Swimming Canada definition of High Performance, as stated below:

For the *Olympic Program*, Swimming Canada defines High Performance as:

- *“Top 8 World ranking with continual progression towards, and the achievement of, Olympic podium performances.”*

For the *Paralympic Program*, Swimming Canada defines High Performances as:

- *“A dedicated training environment,*
- *professional coaching supported by science and medicine,*
- *in and out of the pool,*
- *full-time commitment to achieving life-time best performances when it matters (i.e. – International summer meet), and*
- *a Top 5 in the world trending to improvement”*

Swimming Canada recognizes that the pursuit of High Performance is a continuum, and that the above definition is broader than simply Olympic and Paralympic medal performances. Therefore, High Performance is viewed based off of three tiers of criteria in priority order (applies to both pool based and open water performances):

1. Podium performance at the Olympic and Paralympic Games
2. Podium performance at the FINA World Championships and World Para-swimming (WPS) World Championships (long course)
3. Swimming in the Final (top 8) at either the Olympic Games or FINA World Championships (long course) or top 5 at the WPS World Championships & Paralympics.

In no particular order, athletes may be identified or targeted as having potential to achieve High Performance if:

- They have achieved published ‘On Track Times’ (podium pathway), and show significant evidence that these ‘On Track Times’
- They demonstrate continued development of complimentary events that support their primary event focus,
- They have won a medal at either the FINA World Junior Championships and/or the Junior Pan Pacific Championships,
- They have finished Top 8 at the FINA World Junior Championships,



- Top 5 performance at WPS World Series event,
- They are a senior athlete who has made a Top 16 performance at the Olympic Games/FINA World Championships (50m) and continue to post performances that indicate improvement towards Top 8 in the world,
- They are athletes progressing from FINA World Junior Championships and/or the Junior Pan Pacific Championships top 8 toward top 16 in the world.

These criteria do not restrict athletes from achieving High Performance status through these more conventional routes. However, outside of achieving the aforementioned criteria, a significant performance (Top 8) at the Olympic Games or FINA World Championships (long course) or Top 5 at the Paralympics or equivalent would be required to be identified as such.