



TECHNICAL BULLETIN

2026 BC Summer Divisionals

Vancouver & Fraser

JUNE 26-28, 2026

Hosted By: Swim BC & Olympians Swimming

VENUE

Walnut Grove Community Centre
8889 Walnut Grove Dr.
Langley Twp, BC. V1M 2N7

POOL

Competition Pool: 25m X 8 Lanes
Warm-up/Cool Down: 25m X 4 Lanes

ORGANIZING COMMITTEE

Meet Director	Melissa Webster	melissa.webster@swimbc.ca
Meet Manager	Miranda McNamara	miranda.mcnamara@gmail.com
Meet Referee	Khay See	khaysee1@gmail.com
Officials Coordinator	Khay See	khaysee1@gmail.com
Entries Coordinator	Melissa Webster	melissa.webster@swimbc.ca

TECHNICAL / COACH MEETING

Friday, June 26, 2026 8:45am Venue: Under the score board.

SESSION TIMELINES

	Preliminaries		Finals	
	Warm-Up	Competition	Warm-Up	Competition
Friday	7:00am – 8:20am	8:30am – 1:52pm	3:30pm – 4:20pm	4:30pm – 7:59pm
Saturday	7:00am – 8:20am	8:30am – 1:35pm	3:30pm – 4:20pm	4:30pm – 7:43pm
Sunday	6:30am – 7:50am	8:00am – 2:07pm	3:30pm – 4:20pm	4:30pm – 6:38pm

IMPORTANT:

Please note the updated warm up and competition start times

IMPORTANT:

Coaches that are found to have incorrectly entered swimmers – by not using the swimmers best Short Course or Long Course time to avoid dequalifying standards where they have recorded an official dequalifying time may be considered in breach of the Swim BC Code of Conduct and may be subject to sanction under the Swim BC Discipline and Complaints Policy.



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WARM UP PROCEDURES

Athletes are NOT to enter the water without lifeguards on deck and Safety Marshals in place.

ASSIGNED WARM UP SCHEDULE

Please check for your team's group and daily warm up schedule. Assigned warm-up schedules are **Prelims only**.

Pace & Sprint Lanes: Prelims: Open last 5 minutes of warm-up. Pool cleared 1 minute before.
Finals: Open last 15 minutes of warm-up. Pool cleared 1 minute before.

Dive Lanes: One-way only

TEAM WARM UP GROUP & TIMES

Group 1	Group 2	Group 3	Group 1 Warm Up Times		
DELTA 15	GATOR 17	ISC 21	Friday Prelims	7:00am – 7:25am	sprint/pace @ 7:20am
HYACK 53	OS 73	PSW 67	Saturday Prelims	7:25am – 7:50am	sprint/pace @ 7:45am
RIDGE 14	WDSC 18	SPART 26	Sunday Prelims	7:20am – 7:45am	sprint/pace @ 7:40am
SFC 9	WSC 38	UVPCS 34	Group 2 Warm Up Times		
SKSC 54			Friday Prelims	7:25am – 7:50am	sprint/pace @ 7:45am
			Saturday Prelims	7:50am – 8:15am	sprint/pace @ 7:10am
			Sunday Prelims	6:30am – 6:55am	sprint/pace @ 6:50am
			Group 3 Warm Up Times		
			Friday Prelims	7:50am – 8:15am	sprint/pace @ 7:10am
			Saturday Prelims	7:00am – 7:25am	sprint/pace @ 7:20am
			Sunday Prelims	6:55am – 7:20am	sprint/pace @ 7:15am
Lane Designations – ALL Warmups			ALL Finals Warm Up Times		
Sprint Lanes	5, 6, 7, 8		Friday Finals	3:30pm – 4:20pm	sprint/pace @ 4:05pm
Pace Lanes	1		Saturday Finals	3:30pm – 4:20pm	sprint/pace @ 4:05pm
			Sunday Finals	3:30pm – 4:20pm	sprint/pace @ 4:05pm

**Diving is one direction only once the lane is clear and only in designated lanes.
Swimmers are to swim to the end of the pool and exit there.**

MEET FORMAT

Prelims:	Dive overs except for Backstroke Events
Finals:	Pool will be cleared between races
Exiting the Pool:	A single extended horn blast will be used to clearly communicated that all swimmers must exit the water.

DISTANCE EVENTS

1500 FREESTYLE

Positive Check In:	Sunday @ 8:30am
Seeding:	All athletes senior-seeded, fastest-to-slowest, alternating genders
Scoring:	Scored by age category (12 & Under 13-14 15-16 17 & Over)

SCRATCH DEADLINES

	Prelims	Finals
Friday		30 mins following prelims
Saturday	Friday @ 5:30pm	30 mins following prelims
Sunday	Saturday @ 5:30pm	30 mins following prelims



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RELAY NAME CHANGE DEADLINES

DEADLINES

Friday	4:00pm
Saturday	4:00pm
Sunday	4:00pm

PROVINCIALY QUALIFIED SWIMMERS

It is the responsibility of the coach to ensure that no swimmer who has achieved a Provincial qualifying time (SCM or LCM) is entered to swim a relay leg for which they are Provincially qualified. All relay swimmer times will be verified by the Meet Administration Desk upon submission. Any relay found to include a Provincially qualified swimmer in violation of this rule will be disqualified.

OFFICIAL SPLITS

Requests:	Official Split request must be submitted to Meet Admin Desk prior to the start of the session that the event is being swum.
Requirements:	Club must provide 3 timers for the Official Split. Those timers are to check in with the Meet Admin Desk 20 mins prior to the race.
Fee:	The fee for an Official Split is \$10.00 per split. Payment must be made in cash to the Meet Administration Desk prior to the start of the event in which the split will occur.

JURY OF APPEAL (COACH SELECTIONS)

Chloe Good	RIDGE
Jimmy Zhang	OS
Hattie Sun	OS

TAPING

No records may be set by taped athletes.

AWARDS & SCHEDULE

MEDALS

Podium Location:	North West corner
Presentations:	Presentations for all Finals will occur once the final has been made official. The Top 3 swimmers of that Final are asked to immediately report to the podium upon official results being announced and ratified.
Presentation Exceptions:	1500 Free – presented prior to the start of Sunday's Finals Session.

RIBBONS

Ribbon packages will be available at the end of Sunday Finals.
Coaches are responsible for picking up their ribbons before they leave.



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POOL DECK, ACCESS & SPECTATORS

GENERAL

All athletes, coaches, officials, volunteers, and spectators are to respect the directions of Walnut Grove Community Centre lifeguards and facility staff.

- Cleanliness:** Clean-up of the facility will occur throughout the day, between sessions and overnight – Participants are asked to be responsible for their own belongings and equipment.
Please remove all personal belongings from the facility in between sessions and overnight.
All items left behind will be removed.
The Walnut Grove Community Centre staff, Swim BC, and host club are not responsible for lost or stolen items.
Outside footwear is not permitted on the pool deck or shower areas.
All participants must shower before entering the water.
- Food & Beverage:** All competitors are asked to use personal water bottles and use the water bottle filling stations located on the pool deck within the facility.
The facility will respect the swimmers' need to ensure proper nutrition as it relates to performance. However, food is not permitted on the pool deck.
Absolutely no glass containers will be permitted in the facility.
Please place all garbage in the appropriate bins provided.

FACILITY ACCESS

	Facility Entry & Change Room
Friday	6:30am
Saturday	6:30am
Sunday	6:15am

Facility Amenities: Hot tub, sauna, steam room, waterslide and leisure pool are closed to swimmers.

SPECTATORS

- Seating:** Bleachers are located on the North side of the pool
No spectators permitted on Deck.
- Cleanliness:** Please leave your space clean and clear between sessions.
- Photography:** Please be courteous of others and the swimmers when taking pictures and videotaping from the spectator areas during the meet.

FACILITY

- Parking:** School parking lot adjacent to the pool
- Wi-Fi:** TOL
- Washrooms:** Swimmers: On Deck
Officials & Coaches: Next to gym
- Food & Beverage:** Second Wave fresh food café at the pool lobby and surrounding restaurants
- Tobacco / Cannabis:** Walnut Grove Community Centre is a tobacco/cannabis-free facility.
- Lost & Found:** Location: Lifeguard room
After the weekend of the swim meet, lost and found items not claimed will be donated to a local charity.



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LIVE STREAMING

Access: [Swim BC YouTube Channel](#)

ASSISTANCE n& EMERGENCY PROCEDURES

The Walnut Grove Community Centre lifeguards and staff will be happy to assist you.

Please report any concerns about facility cleanliness or washroom supplies to facility staff or event organizers.

For emergencies, dial 911 alert facility staff immediately.

EMERGENCY PROTOCOL

In the event of an emergency the following procedures will take place:

- Look to the nearest lifeguard
- Follow the lifeguard's directions or lifeguard announcements
- In the event of an evacuation, exit via the nearest exit.
- Coaches: take attendance to ensure all swimmers are accounted for.
- Gather at the designated Muster Point at the east of the building near the Walnut Grove Community Park.

OFFICIALS & VOLUNTEERS

We thank those local and visiting officials and volunteers that have already stepped forward to commit their time to making this meet a success.

Check In Location: North West corner behind the starting blocks

Attire: All officials and volunteers are required to wear the appropriate **Swim BC** provided t-shirt/polo (**No other red polos or white t-shirts are permitted**).

Contacts: Miranda McNamara miranda.mcnamara@gmail.com

VENDORS

Esquire (The T-Shirt Guys) is now accepting online orders for this meet.

At this time, they are unsure whether they will be able to attend the event in person, so ordering online is the best way to ensure you receive the items you want.

If you would like to purchase meet apparel, please place your order using the following [link](#) or by scanning the QR code.

