



TECHNICAL BULLETIN

2026 BC Winter Divisionals Vancouver & Fraser

February 20-22, 2026

Hosted By: Swim BC & Surrey Knights Swim Club

VENUE

Surrey Sport and Leisure Complex
16555 Fraser Hwy, #100
Surrey, BC. V4N 0E9

POOL

Competition Pool: 25m X 8 Lanes
Warm-up/Cool Down: 21m X 3 Lanes

ORGANIZING COMMITTEE

Meet Director	Melissa Webster	melissa.webster@swimbc.ca
Meet Manager	Shannon VanDiermen	office@surreyknights.com
Meet Referee	Chris Wakelin	wakelin3395@gmail.com
Entries Coordinator	Melissa Webster	melissa.webster@swimbc.ca

TECHNICAL / COACH MEETING

February 20, 2026	8:40am	Admin Desk
-------------------	--------	------------

SESSION TIMELINES

	Preliminaries		Finals	
	Warm-Up	Competition	Warm-Up	Competition
Friday	7:30am – 8:50am	9:00am – 12:49pm	3:30pm – 4:20pm	4:30pm – 7:34pm
Saturday	7:30am – 8:50am	9:00am – 12:44pm	3:30pm – 4:20pm	4:30pm – 7:56pm
Sunday	7:00am – 8:20am	8:30am – 1:17pm	3:30pm – 4:20pm	4:30pm – 6:38pm

IMPORTANT:

Coaches that are found to have incorrectly entered swimmers – by not using the swimmers best Short Course or Long Course time to avoid dequalifying standards where they have recorded an official dequalifying time may be considered in breach of the Swim BC Code of Conduct and may be subject to sanction under the Swim BC Discipline and Complaints Policy.



2026 BC Winter Divisionals Vancouver & Fraser

WARM UP PROCEDURES

Athletes are NOT to enter the water without lifeguards on deck and Safety Marshals in place.

ASSIGNED WARM UP SCHEDULE

Please check for your team's group and daily warm up schedule. Assigned warm-up schedules are **Prelims only**.

Pace & Sprint Lanes: Open last 5 minutes of warm-up (Prelims) | Last 15 mins of warm up (Finals).
Pool cleared 1 minute before.

Dive Lanes: One-way only

TEAM WARM UP GROUP & TIMES

Group 1	Group 2	Group 3	Group 1 Warm Up Times		
CHIN	GATOR	HYACK	Friday Prelims	7:30am – 7:55am	sprint/pace @ 7:50am
DELTA	SKSC	PSW	Saturday Prelims	8:20am – 8:45am	sprint/pace @ 8:40am
OS	VPSC	RIDGE	Sunday Prelims	7:25am – 7:50am	sprint/pace @ 8:45am
SPART		WSWSC			
			Group 2 Warm Up Times		
			Friday Prelims	7:55am – 8:20am	sprint/pace @ 8:15am
			Saturday Prelims	7:30am – 7:55am	sprint/pace @ 7:50am
			Sunday Prelims	7:50am – 8:15am	sprint/pace @ 8:10am
			Group 3 Warm Up Times		
			Friday Prelims	8:20am – 8:45am	sprint/pace @ 8:40am
			Saturday Prelims	7:55am – 8:20am	sprint/pace @ 8:15am
			Sunday Prelims	7:00am – 7:25am	sprint/pace @ 7:20am
Lane Designations – PRELIMS Warmups			ALL Finals Warm Up Times		
Sprint Lanes	ALL		Friday Finals	3:30pm – 4:20pm	sprint/pace @ 4:05pm
Lane Designations – FINALS Warmups			Saturday Finals	3:30pm – 4:20pm	sprint/pace @ 4:05pm
Sprint Lanes	1, 7, 8		Sunday Finals	3:30pm – 4:20pm	sprint/pace @ 4:05pm
Pace Lanes	2				

**Diving is one direction only once the lane is clear and only in designated lanes.
Swimmers are to swim to the end of the pool and exit there.**

MEET FORMAT

Prelims:	Dive overs except for Backstroke Events
Finals:	Pool will be cleared between races
Exiting the Pool:	A single extended horn blast will be used to clearly communicated that all swimmers must exit the water.

DISTANCE EVENTS

400 FREESTYLE

Positive Check In:	Friday @ 9:00am
Seeding:	Top 8 per age group: swim in a single heat in Finals. Remaining swimmers: senior-seeded, fastest-to-slowest, alternating genders

400 IM

Positive Check In:	Saturday @ 9:00am
Seeding:	Top 8 per age group: swim in a single heat in Finals. Remaining swimmers: senior-seeded, fastest-to-slowest, alternating genders



2026 BC Winter Divisionals Vancouver & Fraser

800 FREESTYLE

Positive Check In: Sunday @ 8:30am

Seeding: Top 8 per age group: swim in a single heat.
Remaining swimmers: senior-seeded, fastest-to-slowest, alternating genders

SCRATCH DEADLINES

	Prelims	Finals
Friday		30 mins following prelims
Saturday	Friday @ 5:30pm	30 mins following prelims
Sunday	Saturday @ 5:30pm	30 mins following prelims

RELAY NAME CHANGE DEADLINES

DEADLINES

Friday	4:00pm
Saturday	4:00pm
Sunday	4:00pm

PROVINCIALY QUALIFIED SWIMMERS

It is the responsibility of the coach to ensure that no swimmer who has achieved a Provincial qualifying time (SCM or LCM) is entered to swim a relay leg for which they are Provincially qualified. All relay swimmer times will be verified by the Meet Administration Desk upon submission. Any relay found to include a Provincially qualified swimmer in violation of this rule will be disqualified.

OFFICIAL SPLITS

Requests: Official Split request must be submitted to Meet Admin Desk prior to the start of the session that the event is being swum.

Requirements: Club must provide 3 timers for the Official Split. Those timers are to check in with the Meet Admin Desk 20 mins prior to the race.

Fee: The fee for an Official Split is \$10.00 per split. Payment must be made in cash to the Meet Administration Desk prior to the start of the event in which the split will occur.

JURY OF APPEAL (COACH SELECTIONS)

Justin Daly	SPART
Sarah Hynd	CHIN
Anchie Xu	GATOR

TAPING

No records may be set by taped athletes.

AWARDS & SCHEDULE

MEDALS

Podium Location: West side of the facility, at the start end of the pool.

Presentations: Presentations for all Finals will occur once the final has been made official.
The Top 3 swimmers of that Final are asked to immediately report to the podium upon official results being announced and ratified.

Presentation Exceptions: 400 Free and 400 IM – presented at the end of that day’s final session (after relays).
800 Free – presented prior to the start of Sunday’s Finals Session.



2026 BC Winter Divisionals Vancouver & Fraser

RIBBONS

Ribbon packages will be available at the end of Sunday Finals.
Coaches are responsible for picking up their ribbons before they leave.

POOL DECK, ACCESS & SPECTATORS

GENERAL

All athletes, coaches, officials, volunteers, and spectators are to respect the directions of Surrey Sport and Leisure Complex lifeguards and facility staff.

Cleanliness: Clean-up of the facility will occur throughout the day, between sessions and overnight – Participants are asked to be responsible for their own belongings and equipment.
Please remove all personal belongings from the facility in between sessions and overnight.
All items left behind will be removed.
The Surrey Sport and Leisure Complex staff, Swim BC, and host club are not responsible for lost or stolen items.
Outside footwear is not permitted on the pool deck or shower areas.
All participants must shower before entering the water.

Food & Beverage: All competitors are asked to use personal water bottles and use the water bottle filling stations located on the pool deck within the facility.
The facility will respect the swimmers’ need to ensure proper nutrition as it relates to performance. However, food is not permitted on the pool deck.
Absolutely no glass containers will be permitted in the facility.
Please place all garbage in the appropriate bins provided.

FACILITY ACCESS

	Facility Entry	Change Rooms
Friday	7:00am	7:00am
Saturday	6:50am	7:00am
Sunday	6:40am	6:40am

Facility Amenities: Hot tub, sauna, and steam room are closed to swimmers.

SPECTATORS

Seating: Spectator seating is available in the upstairs bleachers and upstairs viewing area. This is accessed via the stairs off the lobby.
No personal chairs will be permitted in the upstairs bleacher area of the pool.
There will be a no standing zone in front of the bleachers near the main race pool.
No spectators permitted on Deck - Multiple infractions, could result in their swimmer being removed from the competition for that session.

Cleanliness: Please leave your space clean and clear between sessions.

Photography: Please be courteous of others and the swimmers when taking pictures and videotaping from the spectator areas during the meet.



2026 BC Winter Divisionals Vancouver & Fraser

FACILITY

Parking:	Parking is free; space is limited.	
Wi-Fi:	The City of Surrey offers free public wifi within the SSLC facility.	
Washrooms:	<u>Swimmers:</u>	Washrooms are located in the change room.
	<u>Spectators:</u>	Washrooms are located off the lobby of the pool, or lobby of the ice arena.
Food & Beverage:	Booster Juice is located in the facility. Other food options are located 5 minutes west on Fraser Hwy.	
Tobacco / Cannabis:	Surrey Sport and Leisure Complex is a tobacco/cannabis-free facility.	
Lost & Found:	<u>Location:</u> Officials Room on deck (deep end of the pool). <i>After the weekend of the swim meet, lost and found items not claimed will be donated to a local charity.</i>	
Vendors:	<u>T-Shirt People (Esquire):</u>	Friday, February 20 & Saturday, February 21
	<u>Team Aquatics:</u>	Sunday, February 22 in the lobby (Prelims Only)

LIVE STREAMING

Access: [Swim BC YouTube Channel](#)

ASSISTANCE & EMERGENCY PROCEDURES

The Surrey Sport and Leisure Complex lifeguards and staff will be happy to assist you.
Please report any concerns about facility cleanliness or washroom supplies to facility staff or event organizers.
For emergencies, dial 911 alert facility staff immediately.

EMERGENCY PROTOCOL

In the event of an emergency the following procedures will take place:

- Look to the nearest lifeguard
- Follow the lifeguard's directions or lifeguard announcements
- In the event of an evacuation, exit via the nearest exit.
- Coaches: take attendance to ensure all swimmers are accounted for.
- Gather at the designated Muster Point at grassy area in the middle of the drop off loop.

OFFICIALS & VOLUNTEERS

We thank those local and visiting officials and volunteers that have already stepped forward to commit their time to making this meet a success.

Sign Up Form:	Officials and Volunteer Sign-Up Form	
Check-In Location:	Lobby of the Facility.	
Required Attire:	All officials and volunteers are required to wear the appropriate Swim BC provided t-shirt/polo (No other red polos or white t-shirts are permitted).	

OFFICIALS & VOLUNTEER CONTACTS

Officials Coordinator:	Shannon VanDiermen	office@surreyknights.com
Senior Officials:	Chris Wakelin	wakelin3395@gmail.com