



## 2025 Summer BC Provincial Championships Technical Bulletin

**HOSTED BY:**



### **VENUE**

UBC Aquatic Centre  
6080 Student Union Blvd.  
Vancouver, BC. V6T 1Z1

### **POOL**

10 Lane 50m competition pool  
8 Lanes 25m warm down area

### **TECHNICAL / COACHES MEETING**

Wednesday, July 16, 2025 @ 4:00pm – 5:00pm – LIFE 2202

*Additional coaches' meeting may be held immediately prior to the start of sessions if deemed necessary.*

### **CONTACTS**

<b>Meet Manager</b>	Darryl Rudolf	<a href="mailto:meetmanager@vancouverpacificswimclub.com">meetmanager@vancouverpacificswimclub.com</a>
<b>Meet Referee</b>	Kerim Ozcan	<a href="mailto:kerim@ozcanomfs.com">kerim@ozcanomfs.com</a>
<b>Para Advisor</b>	Marilyn King	<a href="mailto:loveswimming2023@gmail.com">loveswimming2023@gmail.com</a>
<b>Swim BC &amp; Entries Contact</b>	Melissa Webster	<a href="mailto:melissa.webster@swimbc.ca">melissa.webster@swimbc.ca</a>

# 2025 Summer Provincial Championships

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### PRE-MEET TRAINING

There will be open training time available for all teams on:

**Wednesday, July 16 – 5:00pm – 7:00pm    10 Lanes LCM    Diving – Lane 0 @ 6:00pm – 7:00pm.**

**Diving is one direction only from the North end of the pool once the lane is clear and only in designated lanes. Swimmers are to swim to the end of the pool and exit there.**

*Entry permitted 10 min prior to the start of the booking (4:50pm). If at capacity teams will need to wait.*

### REGISTRATION & ACCREDITATION

Team registration to acquire accreditation will be available between 4:30pm and 6:00pm in the UBC Aquatic Centre main lobby on Wednesday July 16th.

Accreditation will be strictly enforced and will be required for all swimmers, coaches, officials, and volunteers to access the pool deck. The facility will be restricting access to the pool during competition and access control points will be in place to verify accreditations. Lost accreditation will be replaced at a cost of \$60.00 per accreditation.

### SESSION TIMELINE

	Thursday	Friday	Saturday	Sunday
<b>Prelims Warm Up</b>	7:00am – 8:20am*	7:00am – 8:20am*	7:00am – 8:20am*	7:00am – 8:20am*
<b>Competition Start</b>	8:30am	8:30am	8:30am	8:30am
<b>Prelims End (Approx)</b>	12:31pm	12:42pm	1:00pm	12:37pm
<b>Finals Warm Up</b>	4:00pm – 4:50pm	4:30pm – 5:20pm	4:30pm – 5:20pm	4:00pm – 4:50pm
<b>Competition Start</b>	5:00pm	5:30pm	5:30pm	5:00pm
<b>Finals End (Approx)</b>	7:42pm	8:24pm	7:53pm	8:00pm

*\* Please check your exact warm up time for prelims in the following 'Warm-Up Procedures' section.*

### SCRATCHES

**No changes to events (outside of scratches) will be allowed.**

#### Scratches

All scratches must be submitted through the corresponding online form.

Use the QR code to the right to link to the event page on the Swim BC website for provincials. There is a separate link for each session (8 in total). Once the scratch deadline has passed, there will be no access to the link. Penalties for late withdrawals may be waived for medical reasons.

It is the responsibility of the coach to ensure that the correct online scratch form is completed.

#### SCRATCHES



#### Scratch Deadlines

Session	Deadline
Session 1 (Thursday) Prelims	Wednesday, July 16 @ 6:00pm
Session 2 (Thursday) Finals	Thursday, July 17 @ 11:50am (approx.) *
Session 3 (Friday) Prelims	Thursday, July 17 @ 6:00pm
Session 4 (Friday) Finals	Friday, July 18 @ 11:40am (approx.) *
Session 5 (Saturday) Prelims	Friday, July 18 @ 6:00pm
Session 6 (Saturday) Finals	Saturday, July 19 @ 11:50am (approx.) *
Session 7 (Sunday) Prelims	Saturday, July 19 @ 6:00pm
Session 8 (Sunday) Finals	Sunday, July 20 @ 1:00pm (approx.) *

\* Scratch deadlines for Finals sessions are approx. and times will be announced.

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### Relays

Only the top 2 relay teams from each club are eligible for scoring and medal placement. Additional relay entries may swim but will not be eligible for awards or points.

### WARM-UP PROCEDURES

Athletes are NOT to enter the water without lifeguards on deck and Safety Marshals in place.

Coaches and swimmers should familiarize themselves with the use of Backstroke Ledges.

### Assigned Warm Up Schedule:

Please check for your team's group and daily warm up schedule.

Note this is for the Competition pool only. The 25m pool will be available during the sessions.

Group 1		Group 2	
Team	#	Team	#
CAMO	1	CASC	1
CSSSC	6	CDSC	45
DELTA	8	CHENA	21
KISU	24	CHIN	8
NRST	6	CRKW	12
OS	77	GATOR	6
PGB	3	HST	13
PSW	40	HYACK	29
SFC	3	ISC	28
SKSC	28	KAJ	35
SPART	18	KCS	8
UNCAN	2	LCSC	1
UVPCS	26	RAC	1
VKSC	10	RAPID	39
VPSC	40	RIDGE	13
WGB	4	SQUP	16
WLBF	3	TBSC	1
WRSC	1	UBCT	5
		WDSC	12
		WSC	15
		WVOSC	10

### GROUP 1 PRELIMS WARM UP TIMES

Thursday Prelims	7:00 – 7:40am – sprint/pace 7:25am <i>Para Lane until 7:40am (Lane 0)</i>
Friday Prelims	7:40 – 8:20am – sprint/pace 8:05am <i>Para Lane until 8:20am (Lane 0)</i>
Saturday Prelims	7:00 – 7:40am – sprint/pace 7:25am <i>Para Lane until 7:40am (Lane 0)</i>
Sunday Prelims	7:40 – 8:20am – sprint/pace 8:05am <i>Para Lane until 8:20am (Lane 0)</i>

### GROUP 1 PRELIMS WARM UP LANE DESIGNATIONS

Para Lane	Lane 0
Sprint Lanes	Lanes 1 & 2 (North End)   Lanes 8 & 9 (South End) Backstroke ledges available
Pace Lanes	Lanes 3 & 7

### GROUP 2 PRELIMS WARM UP TIMES

Thursday Prelims	7:40 – 8:20am – sprint/pace 8:05am
Friday Prelims	7:00 – 7:40am – sprint/pace 7:25am
Saturday Prelims	7:40 – 8:20am – sprint/pace 8:05am
Sunday Prelims	7:00 – 7:40am – sprint/pace 7:25am

### GROUP 2 PRELIMS WARM UP LANE DESIGNATIONS

Sprint Lanes	Lanes 1 & 2 (North End)   Lanes 8 & 9 (South End) Backstroke ledges available
Pace Lanes	Lanes 3 & 7

### FINALS WARM UP

Competition pool will be open, no assigned times except:	
Para Lane (Lane 0) for first 30 minutes of each session	
Last 15 mins of finals warm up Sprint & Pace lanes will be open	
Sprint Lanes	Lanes 1 & 2 (North End)   Lanes 8 & 9 (South End) Backstroke ledges available
Pace Lanes	Lanes 3 & 7

**Diving is one direction only once the lane is clear and only in designated lanes.**  
**Swimmers are to swim to the end of the pool and exit there.**

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### MEET FORMAT

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**Prelims:** Dive overs except for Backstroke Events

**Prelims:** Pool will be cleared between races for para events

**Finals:** Pool will be cleared between races

### Positive Check-In

There will be a positive check in for the following events:

800 Free	Thursday	Deadline – 8:30am
1500 Free (11-14)	Friday	Deadline – 8:30am
1500 Free (15 & O)	Saturday	Deadline – 8:30am
400 Free	Sunday	Deadline – 8:30am

### Relay Name Change Deadline

All AM Relays	8:00am
Thursday PM Relays:	4:30pm
Friday PM Relays:	5:00pm
Saturday PM Relays:	5:00pm
Sunday PM Relays:	4:30pm

**Names submitted for Relays through the entry process will be considered final UNLESS a change is requested. Relay name changes are to be submitted to the Admin Desk on forms provided 30 minutes prior to the session in which they are swum.**

### Para-Swimming Events

#### Womens Paralympic Program events

50 Free – swum as prelims/finals – added to Olympic program 50 Free

All other events will be time finals in final sessions

#### Mens Paralympic Program events

All events (except 200/400 Free) are being swum as prelim/finals

100 Fly – added to Olympic program 100 Fly – paralympic program 50 Fly will swim separate

100 Back – added to Olympic program 100 Back – paralympic program 50 Back will swim separate

150 and 200 IM added to Olympic program 200 IM

### 800 / 1500 Free

The fastest heat of women and fastest heat of men, (top 5 per age group) will swim in finals on the event's respective day.

### 50m Events

50m events (50BK, 50BR, 50FL, 50FR) will start at the South end and finish at the North end.

### Swim Offs

Where possible, swim offs will be run by the end of the session which the tie occurred.

### Alternates for Finals

Alternates should stand near the starter's podium and check in with one of the referees prior to their event.

### OFFICIALS SPLIT REQUEST

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Official Split request must be submitted to Meet Admin Desk 30 mins prior to the start of the session that the event is being swum.

**Club must provide 3 timers for the Official Split.** Those timers are to check in with the Meet Admin Desk 20 mins prior to the race.

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### PROVINCIAL RECORDS

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Provincial Records will be listed in the prelim and final heat sheets. Because the Provincial Meet age groups do not match the Provincial Records, there is a discrepancy in the labeling of records in the heat sheets:

- 11-12 records labeled correctly.
- 13-14 records labeled correctly.
- 15-17 records labeled as 15-16
- Open (18 & O) records labeled as 17 & O.

Records set by 17-year-old will be recognized as a 15-17 record, even if they are achieved in different event number.

### JURY OF APPEAL

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Your coach selections are:

Patrick Paradis	VPSC
Tina Hoeben	KISU
Sarah Hynd	CHIN

### TAPING

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If a swimmer intends to swim with tape on their body, please have them present themselves to the Taping Committee via the Meet Admin Desk **1 hour prior** to the session they are swimming in. The Taping Committee's decision will stand for the duration of the meet for that presented swimmer. Medical Devices (i.e. electronic insulin pumps) are not required to check in prior to swimming.

#### Taping Committee

Kerim Ozcan	Meet Referee
Marilyn King	Para Advisor
Allison Mailey	Official

### AWARDS & SCHEDULE

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#### Medal Presentations:

Awards presentations for all Finals will occur once the final has been made official, **the Top 3 swimmers of that Championship Final are asked to immediately report to the podium upon official results being announced and ratified.**

**Medal Podium Location:** Medal podium is located on the on the North side (Start End)

#### Exceptions:

1. All Para awards will be presented as quickly as possible after each event.
2. If there is a delay in the race being listed as official, Meet Management will announce when that event's awards will be presented.

#### Aggregate Awards and Team Championship Banner:

To be presented at the end of Sunday Finals.

#### Ribbons:

Ribbon packages will be available at the end of Sunday Finals. Coaches are responsible for picking up their packages before they leave.

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### POOL DECK & SPECTATOR AREA

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#### General:

All athletes, coaches, officials, volunteers, and spectators are to respect the directions of the UBC Aquatic Centre lifeguards and facility staff.

Clean-up of the facility will occur throughout the day, between sessions and overnight – Participants are asked to be responsible for their own belongings and equipment. Please remove all personal belongings from the facility in between sessions and overnight. All items left behind will be removed. The UBC Aquatic Centre staff and the host club are not responsible for lost or stolen items.

All competitors are asked to use personal water bottles and use the water bottle filling stations located on the pool deck within the facility. The facility will respect the swimmers' need to ensure proper nutrition as it relates to performance. However, food is not permitted on the pool deck. Absolutely no glass containers will be permitted in the facility. Please place all garbage in the appropriate bins provided.

Team banners can be set up – if on walls, paint safe tape must be used.

No outside or camping chairs are permitted on the deck.

No access around leisure pool or in front of guardroom

#### Athletes / Coaches:

Outside footwear is not permitted on the pool deck or shower areas. All participants must shower before entering the water.

An announcement will be used to clearly communicate that all swimmers must exit the water.

#### Facility:

Access to the facility, change rooms, and pool deck is as follows:

Thursday	6:45am entry
Friday	6:45am entry
Saturday	6:45am entry
Sunday	6:45am entry

Athletes are to set up on the bleachers set up on deck. Athletes are not permitted to set up in the upstairs bleachers.

The leisure pool, hot tub, sauna, and steam room are not open to swimmers.

#### Spectators:

No spectators on the pool deck. Please leave your space clean and clear between sessions.

Spectator seating is located in the mezzanine in the stands.

**Please be courteous when taking pictures and videotaping from the spectator areas.**

### LIVE STREAMING

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Swim BC is working with [Sports Canada TV](#), Canada's premier online amateur sport network, to provide live streaming for all Divisionals and the Provincial Champs.

Access to the Livestreaming: [Swim BC YouTube Channel](#)

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### FACILITY

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#### Wi-Fi:

Wireless internet is available on the UBC campus. To connect, open your wireless setting and select the “UBC Visitor” network. After connecting to the network open your web browser. You will be prompted to read the internet terms of use and enter your email address, and you will then be connected to the internet.

#### Parking:

**UBC Parking:** <https://parking.ubc.ca/>

#### **Closest long-term parking lot to the venue is:**

North Parkade

6115 Student Union Boulevard

<https://parking.ubc.ca/university-centre-lot>

#### **Closest short-term parking lot to the venue is:**

University Blvd Lot, 6131 University Boulevard

<https://parking.ubc.ca/university-centre-lot>

#### **Additional parking is available at:**

Health Sciences Parkade (2250 Health Sciences Mall)

Thunderbird Parkade (6085 Thunderbird Boulevard)

#### Washrooms:

**Swimmers** – Men’s and Women’s changerooms

**Coaches and Officials** – Universal changeroom

**Spectators** – Mezzanine and lobby

#### Food & Beverage:

All competitors are asked to use personal water bottles and use the water bottle filling stations located on the pool deck within the facility. The facility will respect the swimmers’ need to ensure proper nutrition as it relates to performance. However, food is not permitted on the pool deck. Absolutely no glass containers will be permitted in the facility. Please place all garbage in the appropriate bins provided.

There are several places to eat in the vicinity, including at the Life Building & AMS Student Nest, both located across from the UBC Aquatic Centre front lobby, at the Central building adjacent to War Memorial Gym on University Boulevard, and the University Village, located at the corner of University Boulevard and Wesbrook Mall.

#### Tobacco/Cannabis-Free Facility:

The UBC Aquatic Centre is a tobacco/cannabis-free facility.

#### Lost and Found:

Lost and found items are accessed via the Guardroom Room of the UBC Aquatic Centre. After the weekend of the swim meet, lost and found not claimed will be donated to a local charity.

All guests are also reminded of UBC statement of respectful environment.

#### Vendors:

**Esquire** will be set up outside the front lobby.

**Team Aquatics** will be set up by the viewing area near the leisure pool.

#### UBC Statement of Respectful Environment:

All guests are reminded of [UBC's Statement of Respectful Environment](#)

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### VOLUNTEERS

We are grateful to those local and visiting officials and volunteers that have already stepped forward to commit their time to making this meet a success. If anyone else is still interested in volunteering, please have them fill in the following form:

[Officials and Volunteer Sign-Up Form](#)

All officials and volunteers should check-in in the front Lobby or Right outside the front lobby

All officials and volunteers are required to wear the appropriate **Swim BC** provided t-shirt/polo (**No other red polos or white t-shirts are permitted**).

#### Contacts:

Volunteer Coordinator  
Senior Officials

Alycia Weber  
Kerim Ozcan

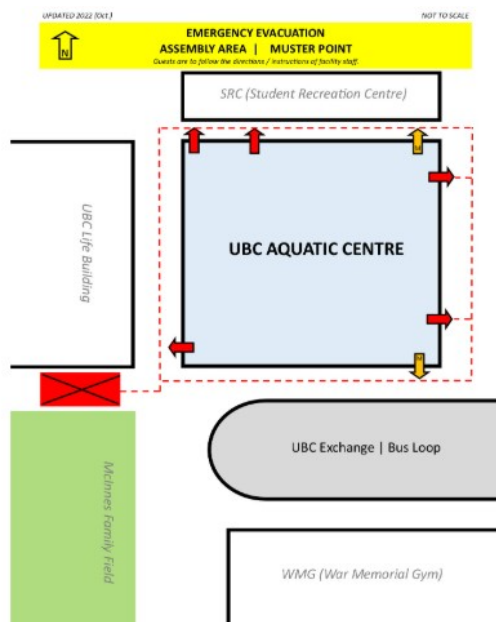
[alyciaweber@vancouverpacificswimclub.com](mailto:alyciaweber@vancouverpacificswimclub.com)  
[kerim@ozcanomfs.com](mailto:kerim@ozcanomfs.com)

### WHAT IF I NEED ASSISTANCE?

The UBC Aquatic Centre lifeguards will be happy to assist you. Please report any concerns about facility cleanliness or washroom supplies to facility staff or event organizers. For emergencies, dial 911 alert facility staff immediately.

In the event of an emergency the following procedures will take place:

- Look to the nearest lifeguard
- **Follow the lifeguard's directions or lifeguard announcements**
- In the event of an evacuation, exit via the nearest exit.
- Coaches: take attendance to ensure all swimmers are accounted for.
- Gather at the designated Muster Point – outside of the LIFE building.





# 2025 Summer Provincial Championships

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### **VIDEO RACE ANALYSIS**

#### **BC Summer Provincial Champs**

**UBC AC, July 17-20, 2025**

##### **RaceTek Race Video – Finals:**

Swim BC has arranged for RaceTek to provide full Race Video coverage for all Finals at the BC Summer Provincial Champs at the UBC Aquatic Centre. These Race Videos (RV) will be made available to all Swim BC affiliated Clubs/Teams at no charge (DropBox link provided).

- **All Finals Sessions:** RaceTek will produce three (3) Race Videos for each event and will be named according to the Meet Code, Gender (M/W), Age Group, Event Name and Lanes (L0-2, L3-6 & L7-9).
  - o Sample File Name – 2025BCSUM-M/F-170-200IM-FNL-L3-6
  - o 2025BCSUM Video Link:  
<https://www.dropbox.com/scl/fo/llhk4ej1krqpion80asil/ALpzZlr4dexAOZBiJ1Wy8zo?rlk=ev=mteomf1tv0pfjdumuzh4pibmw&e=1&st=a7ssgosn&dl=0>
- **Heats Sessions:** If there is sufficient interest (pre-orders) for Heats, RaceTek will endeavor to cover Heats Video Race Analysis (VRA).
  - o \$27/VRA or \$18/RV

##### **RaceTek Race Analysis Data Reports:**

After the Competition, RaceTek will generate VRA Data Reports for the Top 3 finalists in the following age categories – 12U, 13-14, 15- 16, 170. These Data Reports will be uploaded to DropBox for distribution (Team Folders). The Data from these reports will also be displayed in a CompTrak Database format for each event.

- Additional Race Data Reports may be purchased for swimmers not in the top 3 at finals:
  - o Individual VRA Data Report Pricing: \$10/Report
  - o CompTrak Entries: \$10/Entry

##### **Swim BC Enhanced Advance Athletes:**

RaceTek will update, develop and share Individual RacePlans, VRA Data Reports & Personal CompTrak's for this group.

- Each swimmer will receive updated Race Plans upon request, five (5) individual VRA Reports & five (5) Personal CompTrak entries.

**For Further Information Contact Ken Olson:**  
Text - 403-815-5516 or Email - [ken@racetek.ca](mailto:ken@racetek.ca)

**RaceTek Systems Inc. – [www.racetek.ca](http://www.racetek.ca)**

# 2025 Summer Provincial Championships Technical Bulletin

**SWIMMING  
CANADA  
NATATION**



## TAPING REVIEW FORM

**Date:** \_\_\_\_\_

The following athlete is requesting a taping review by the competition taping committee:

**Name:** \_\_\_\_\_

**Club:** \_\_\_\_\_

**Additional Comments / Brief Rationale for Tape:**

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If the taping is approved by the committee, the swimmer must have the taping verified after each race to confirm that the taping matches the photos taken during the review process.

- **During Prelims**, the swimmer must check-in at the Administration Desk after each race for the Post-Race Tape Check. The Administration Desk will inform the referee of the outcome of the verification immediately, whether the taping matches the approved application or not.
- **During Finals**, the co-referee (or a delegate from the commission) will meet the swimmer as they exit the pool and verify the taping prior to the scoreboard being declared "official".

**If verification of taping is not completed or approval is not granted prior to competition, the swimmer may be subject to disqualification under the applicable rule (II.C15.3.2).**

**Please note:**

- **Any record achieved outside a Canadian Record may not be ratified by the applicable governing body.** Please be aware that International records (WR/ WJR/ WPS/ Commonwealth) may not be ratified if taping is worn for record-breaking swims. It is advised to remove the taping in such instances.

**By signing this form:**

- I consent to photos of the tape on the swimmer for the purposes of review and verification.
- I understand the rule and procedure for taping approval and verification.

\_\_\_\_\_  
Athlete (Please print)

\_\_\_\_\_  
Signature:

\_\_\_\_\_  
Coach/Representative (Please print)

\_\_\_\_\_  
Signature:

# 2025 Summer Provincial Championships Technical Bulletin

**SWIMMING  
CANADA  
NATATION**



Please record ALL EVENTS:

Session:	Event #:	Heat #:	Lane #:	<i>Post-Race Tape Check (admin use only)</i>

## TAPING REVIEW COMMITTEE

Supporting documents: Please provide all supporting documents.

Committee Approval: Yes ☐ No ☐

Verification Process Explained to Swimmer and Coach: Yes ☐ No ☐

Committee Member Name (please print)	Signature

Committee Comments:

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