



2026 - 2027
SWIM BC TIME STANDARDS
DIVISIONALS - ISLAND & COASTAL VANCOUVER

FEMALE								
EVENT	12 & UNDER		13 - 14		15 - 16		17 + OVER	
	LCM	SCM	LCM	SCM	LCM	SCM	LCM	SCM
50 Free	0:33.35	0:32.70	0:31.01	0:30.40	0:29.48	0:28.90	0:29.38	0:28.80
100 Free	1:14.05	1:12.60	1:07.73	1:06.40	1:03.85	1:02.60	1:03.85	1:02.60
200 Free	2:39.43	2:36.30	2:26.37	2:23.50	2:17.29	2:14.60	2:17.29	2:14.60
400 Free	5:36.91	5:30.30	5:09.16	5:03.10	4:53.25	4:47.50	4:52.43	4:46.70
800 Free	11:29.21	11:15.70	10:37.19	10:24.70	10:00.27	9:48.50	10:00.27	9:48.50
1500 Free	22:31.30	22:04.80	20:37.57	20:13.30	19:33.41	19:10.40	19:21.07	18:58.30
50 Back	0:38.76	0:38.00	0:35.29	0:34.60	0:33.66	0:33.00	0:33.66	0:33.00
100 Back	1:23.23	1:21.60	1:16.19	1:14.70	1:12.11	1:10.70	1:12.01	1:10.60
200 Back	2:58.09	2:54.60	2:43.30	2:40.10	2:35.35	2:32.30	2:34.02	2:31.00
50 Breast	0:44.17	0:43.30	0:40.09	0:39.30	0:38.05	0:37.30	0:38.05	0:37.30
100 Breast	1:36.19	1:34.30	1:27.52	1:25.80	1:22.93	1:21.30	1:22.93	1:21.30
200 Breast	3:26.04	3:22.00	3:08.80	3:05.10	2:59.11	2:55.60	2:58.60	2:55.10
50 Fly	0:36.92	0:36.20	0:33.76	0:33.10	0:31.72	0:31.10	0:31.72	0:31.10
100 Fly	1:23.64	1:22.00	1:15.38	1:13.90	1:10.99	1:09.60	1:10.79	1:09.40
200 Fly	3:12.88	3:09.10	2:51.77	2:48.40	2:42.38	2:39.20	2:39.83	2:36.70
200 IM	2:59.62	2:56.10	2:45.85	2:42.60	2:35.96	2:32.90	2:35.75	2:32.70
400 IM	6:21.58	6:14.10	5:52.10	5:45.20	5:35.27	5:28.70	5:33.34	5:26.80

MALE								
EVENT	12 & UNDER		13 - 14		15 - 16		17 + OVER	
	LCM	SCM	LCM	SCM	LCM	SCM	LCM	SCM
50 Free	0:33.35	0:32.70	0:29.07	0:28.50	0:27.03	0:26.50	0:26.01	0:25.50
100 Free	1:14.46	1:13.00	1:03.85	1:02.60	0:58.96	0:57.80	0:57.63	0:56.50
200 Free	2:40.75	2:37.60	2:18.52	2:15.80	2:08.32	2:05.80	2:04.85	2:02.40
400 Free	5:37.72	5:31.10	4:57.53	4:51.70	4:35.81	4:30.40	4:26.02	4:20.80
800 Free	11:36.86	11:23.20	10:08.94	9:57.00	9:32.12	9:20.90	9:16.41	9:05.50
1500 Free	22:11.61	21:45.50	19:38.10	19:15.00	18:24.66	18:03.00	17:49.57	17:28.60
50 Back	0:38.96	0:38.20	0:33.76	0:33.10	0:30.91	0:30.30	0:29.78	0:29.20
100 Back	1:24.66	1:23.00	1:12.73	1:11.30	1:06.81	1:05.50	1:04.87	1:03.60
200 Back	2:59.52	2:56.00	2:37.08	2:34.00	2:25.35	2:22.50	2:20.45	2:17.70
50 Breast	0:43.86	0:43.00	0:37.33	0:36.60	0:34.27	0:33.60	0:33.56	0:32.90
100 Breast	1:36.39	1:34.50	1:21.09	1:19.50	1:15.07	1:13.60	1:12.93	1:11.50
200 Breast	3:26.65	3:22.60	2:56.36	2:52.90	2:43.71	2:40.50	2:40.85	2:37.70
50 Fly	0:37.03	0:36.30	0:31.72	0:31.10	0:29.27	0:28.70	0:28.36	0:27.80
100 Fly	1:24.35	1:22.70	1:11.20	1:09.80	1:05.38	1:04.10	1:03.34	1:02.10
200 Fly	3:11.56	3:07.80	2:43.10	2:39.90	2:28.31	2:25.40	2:23.82	2:21.00
200 IM	3:01.87	2:58.30	2:36.57	2:33.50	2:24.94	2:22.10	2:21.47	2:18.70
400 IM	6:23.62	6:16.10	5:30.48	5:24.00	5:15.28	5:09.10	5:03.14	4:57.20

CLUBS INVITED			
ARBU	Arbutus Swim Club	RAPID	Richmond Rapids Swim Club
CDSC	Canadian Dolphins Swim Club	SFC	Swim Faster Swim Club
CHENA	Chena Swim Team	SFU	Simon Fraser University
COMOX	Comox Valley Aquatic Club	SQUP	Squamish Pirates Swim Club
CRKW	Campbell River Killer Whales	TSUN	Port Alberni Tsunami
DELTA	Delta Sungod Swim Club	UBCT	UBC Thunderbirds
DST	Duncan Swim Team	UVIC	University of Victoria Swim Team
HST	Hollyburn Swim Team	UVPCS	UVic Pacific Coast Swimming
ISC	Island Swimming Club	WDSC	Winkill Dolphins Swim Club
LCSC	Ladysmith-Chemainus Swim Club	WIND	West Coast Wind
NRST	Nanaimo Riptides Swim Team	WSC	Wayland Swim Club
RAC	Ravensong Aquatic Club	WVOSC	West Vancouver Otters Swim Club