



2026 - 2027

SWIM BC TIME STANDARDS

DIVISIONALS - NORTH & INTERIOR

FEMALE								
EVENT	12 & UNDER		13 - 14		15 - 16		17 + OVER	
	LCM	SCM	LCM	SCM	LCM	SCM	LCM	SCM
50 Free	0:35.39	0:34.70	0:32.74	0:32.10	0:31.52	0:30.90	0:31.31	0:30.70
100 Free	1:18.74	1:17.20	1:11.60	1:10.20	1:08.14	1:06.80	1:08.14	1:06.80
200 Free	2:49.63	2:46.30	2:34.53	2:31.50	2:26.47	2:23.60	2:26.47	2:23.60
400 Free	5:58.43	5:51.40	5:26.50	5:20.10	5:12.94	5:06.80	5:12.12	5:06.00
800 Free	12:13.07	11:58.70	11:12.89	10:59.70	10:40.66	10:28.10	10:40.66	10:28.10
1500 Free	23:57.28	23:29.10	21:46.93	21:21.30	20:52.46	20:27.90	20:39.20	20:14.90
50 Back	0:41.21	0:40.40	0:37.23	0:36.50	0:35.90	0:35.20	0:35.90	0:35.20
100 Back	1:28.54	1:26.80	1:20.48	1:18.90	1:17.01	1:15.50	1:16.91	1:15.40
200 Back	3:09.41	3:05.70	2:52.38	2:49.00	2:45.75	2:42.50	2:44.42	2:41.20
50 Breast	0:47.02	0:46.10	0:42.33	0:41.50	0:40.60	0:39.80	0:40.60	0:39.80
100 Breast	1:42.31	1:40.30	1:32.41	1:30.60	1:28.54	1:26.80	1:28.54	1:26.80
200 Breast	3:39.10	3:34.80	3:19.41	3:15.50	3:11.15	3:07.40	3:10.64	3:06.90
50 Fly	0:39.27	0:38.50	0:35.60	0:34.90	0:33.86	0:33.20	0:33.86	0:33.20
100 Fly	1:28.94	1:27.20	1:19.66	1:18.10	1:15.79	1:14.30	1:15.48	1:14.00
200 Fly	3:25.12	3:21.10	3:01.46	2:57.90	2:53.30	2:49.90	2:50.65	2:47.30
200 IM	3:11.05	3:07.30	2:55.24	2:51.80	2:46.46	2:43.20	2:46.16	2:42.90
400 IM	6:45.86	6:37.90	6:11.79	6:04.50	5:57.92	5:50.90	5:55.78	5:48.80

MALE								
EVENT	12 & UNDER		13 - 14		15 - 16		17 + OVER	
	LCM	SCM	LCM	SCM	LCM	SCM	LCM	SCM
50 Free	0:35.50	0:34.80	0:30.91	0:30.30	0:28.76	0:28.20	0:27.74	0:27.20
100 Free	1:19.15	1:17.60	1:08.03	1:06.70	1:02.83	1:01.60	1:01.51	1:00.30
200 Free	2:50.95	2:47.60	2:27.59	2:24.70	2:16.88	2:14.20	2:13.21	2:10.60
400 Free	5:59.04	5:52.00	5:17.02	5:10.80	4:54.17	4:48.40	4:43.76	4:38.20
800 Free	12:20.83	12:06.30	10:48.72	10:36.00	10:10.27	9:58.30	9:53.44	9:41.80
1500 Free	23:35.56	23:07.80	20:55.11	20:30.50	19:38.30	19:15.20	19:00.87	18:38.50
50 Back	0:41.41	0:40.60	0:35.90	0:35.20	0:33.05	0:32.40	0:31.72	0:31.10
100 Back	1:30.07	1:28.30	1:17.42	1:15.90	1:11.30	1:09.90	1:09.26	1:07.90
200 Back	3:10.84	3:07.10	2:47.28	2:44.00	2:35.04	2:32.00	2:29.74	2:26.80
50 Breast	0:46.61	0:45.70	0:39.78	0:39.00	0:36.52	0:35.80	0:35.80	0:35.10
100 Breast	1:42.41	1:40.40	1:26.39	1:24.70	1:20.07	1:18.50	1:17.83	1:16.30
200 Breast	3:39.71	3:35.40	3:07.88	3:04.20	2:54.62	2:51.20	2:51.56	2:48.20
50 Fly	0:39.37	0:38.60	0:33.86	0:33.20	0:31.21	0:30.60	0:30.29	0:29.70
100 Fly	1:29.66	1:27.90	1:15.79	1:14.30	1:09.67	1:08.30	1:07.52	1:06.20
200 Fly	3:21.86	3:17.90	2:53.71	2:50.30	2:38.20	2:35.10	2:33.41	2:30.40
200 IM	3:13.29	3:09.50	2:46.87	2:43.60	2:34.53	2:31.50	2:30.96	2:28.00
400 IM	6:47.80	6:39.80	5:52.10	5:45.20	5:36.29	5:29.70	5:23.34	5:17.00

CLUBS INVITED

BVOSC	Bulkley Valley Otters Swim Club	KMSC	Kitimat Marlins Swim Club
CKSC	Kootenay Swim Club	PGB	Prince George Barracudas
CONNU	Fort St. John Inconnu	PRASC	Prince Rupert Amateur Swim Club
CSSSC	Columbia Shuswap Selkirk's Swim Club	SOSC	Summerland Orca Swim Club
CTSC	Cranbrook Tritons Swim Club	TBSC	Terrace Blue Back Swim Club
CVSC	Columbia Valley Swim Club	VKSC	Vernon Kokanee Swim Club
EVDSC	Elk Valley Dolphins Swim Club	WGB	Whitehorse Glacier Bears
KAC	Kamloops Aquatic Club	WLBF	Williams Lake Blue Fins
KAJ	Kelowna AquaJets	WRSC	Waveriders Swim Club
KISU	KISU Swim Club		