



## SWIM BC PROVINCIAL CHAMPIONSHIPS

### March 2 - 5, 2023



**Swim BC - CompTrak Summary**  
**UPDATED MAY 5, 2023**

			Start (15m)		Swim 1st 25			Swim 2nd 25			Swim 50m Clean Swim				Finish	End Time				
COMP	TEAM	SWIMMER	B-O (m)	15m (sec)	25m(sec)	DPS / 25	SC / 25	SR / 25	25m(sec)	DPS / 25	SC / 25	SR / 25	V (m/s)	DPS / 50	SC / 50	SR / 50	5m (sec)	(min/sec)		
			<b>WORLD AVERAGE*</b>		<b>13.4</b>	<b>6.7</b>	<b>12.42</b>	<b>2.0</b>	<b>5.9</b>	<b>53.8</b>	<b>14.81</b>	<b>2.0</b>	<b>12.2</b>	<b>51.4</b>	<b>1.7</b>	<b>2.0</b>	<b>18.1</b>	<b>52.2</b>	<b>3.0</b>	<b>27.22</b>
			<b>CDN-SR RECORD**</b>		<b>12.5</b>	<b>6.7</b>	<b>12.40</b>	<b>1.9</b>	<b>6.5</b>	<b>54.8</b>	<b>14.78</b>	<b>1.9</b>	<b>12.3</b>	<b>53.4</b>	<b>1.7</b>	<b>1.9</b>	<b>18.8</b>	<b>53.9</b>	<b>3.0</b>	<b>27.18</b>
			<b>AGE CATEGORY</b>																	
2023BCWIN	LOSC	SCHROEDER, Katelyn	170	12.5	7.1	13.40	2.00	6.3	46.5	16.54	2.0	12.2	48.5	1.57	1.97	18.6	47.8	3.7	<b>29.94</b>	
2023BCWIN	VKSC	LEPAGE, Alexanne	170	12.0	7.4	13.70	1.90	6.8	49.5	16.77	2.0	12.4	46.5	1.55	1.93	19.1	47.5	3.7	<b>30.47</b>	
2023BCWIN	ISC	BIKADI, Kaysha	170	11.5	7.9	14.20	2.00	6.8	47.5	16.49	2.0	12.0	46.3	1.56	2.00	18.8	46.7	3.5	<b>30.69</b>	
			<b>AVERAGE</b>	<b>12.0</b>	<b>7.5</b>	<b>13.77</b>	<b>2.0</b>	<b>6.6</b>	<b>47.8</b>	<b>16.60</b>	<b>2.0</b>	<b>12.2</b>	<b>47.1</b>	<b>1.6</b>	<b>2.0</b>	<b>18.8</b>	<b>47.3</b>	<b>3.6</b>	<b>30.37</b>	
2023BCWIN	HYACK	KORBELY, Paige	15-17	12.5	7.4	13.80	2.00	6.3	46.0	16.89	2.1	11.6	44.3	1.53	2.07	17.7	44.8	3.7	30.69	
2023BCWIN	PSW	FIRTH, Kailyn	15-17	12.0	7.4	13.80	2.40	5.4	39.5	17.11	2.5	9.9	35.5	1.49	2.43	15.2	36.8	3.4	30.91	
2023BCWIN	KAJ	MURRAY, Teagan	15-17	10.5	7.7	14.00	1.70	8.5	54.5	17.08	1.8	13.6	50.5	1.54	1.77	21.8	51.8	3.9	31.08	
			<b>AVERAGE</b>	<b>11.7</b>	<b>7.5</b>	<b>13.87</b>	<b>2.0</b>	<b>6.7</b>	<b>46.7</b>	<b>17.03</b>	<b>2.1</b>	<b>11.7</b>	<b>43.4</b>	<b>1.5</b>	<b>2.1</b>	<b>18.2</b>	<b>44.5</b>	<b>3.7</b>	<b>30.89</b>	
2023BCWIN	LOSC	JIA, Carlyne	13-14	11.0	7.5	13.90	2.00	7.0	46.5	17.82	1.9	12.4	45.3	1.48	1.93	19.7	45.7	3.9	<b>31.72</b>	
2023BCWIN	KISU	RUTTEN, Hannah	13-14	7.5	8.1	14.70	1.70	10.3	52.5	17.09	1.7	14.1	51.5	1.50	1.70	24.4	51.8	3.6	<b>31.79</b>	
2023BCWIN	CDSC	LIU, Yingxuan Lucy	13-14	9.5	8.3	14.80	1.80	8.6	51.0	17.30	1.9	13.1	47.3	1.49	1.83	21.5	48.5	3.6	<b>32.10</b>	
			<b>AVERAGE</b>	<b>9.3</b>	<b>8.0</b>	<b>14.47</b>	<b>1.8</b>	<b>8.6</b>	<b>50.0</b>	<b>17.40</b>	<b>1.8</b>	<b>13.2</b>	<b>48.0</b>	<b>1.5</b>	<b>1.8</b>	<b>21.9</b>	<b>48.7</b>	<b>3.7</b>	<b>31.87</b>	

CODES: \* WORLD AVERAGE - Average of Top 8 World Performances from RSI Data Base  
 \*\* CDN RECORD MODEL - Based on World Average Models  
 B-O (m) - Breakout Distance (m)  
 T (sec) - Split Time (sec)  
 DPS / 50 - Av Distance per Stroke (metres/stroke cycle) / 50m  
 SC / 50 - Stroke Count (cyc) / 50m  
 SR / 50 - Av Stroke Rate / 50m



## SWIM BC PROVINCIAL CHAMPIONSHIPS March 2 - 5, 2023



### Swim BC - CompTrak Summary UPDATED MAY 5, 2023

COMP	TEAM	SWIMMER
2023BCWIN	RAPID	HANUS, Danielle
2023BCWIN	LOSC	SCHROEDER, Katelyn
2023BCWIN	ISC	BIKADI, Kaysha

WOMENS 100 BK LC			Start (15m)		Swim 1st 50				LC Turn / Turn Av sc			Swim 2nd 50				Finish	End Time	End Time			
			B-O (m)	15m (sec)	25m (sec)	50m (sec)	DPS / 50m	SC / 50m	SR / 50m	5m in	B-O(m)	15 out	25m (sec)	50m (sec)	DPS / 50m	SC / 50m	SR / 50m	5m (sec)	(sec)	(min/sec)	
<b>WORLD AVERAGE*</b>			13.1	6.9	12.69	28.25	2.0	17.9	50.0	3.4	10.3	7.5	15.99	29.68	2.0	18.3	47.7	3.2	57.93	57.93	
<b>CDN-SR RECORD**</b>			13.5	7.0	12.74	28.18	2.0	18.2	51.6	3.3	9.0	7.6	15.79	29.52	1.9	20.7	49.5	3.1	57.70	57.70	
<b>AGE CATEGORY</b>																					
		170	11.5	7.1	13.30	30.03	2.1	18.9	44.9	3.8	11.0	8.1	14.60	31.92	2.1	18.9	43.5	3.9	61.95	1:01.95	
		170	12.5	7.2	13.60	30.65	2.2	18.3	41.9	4.0	8.5	8.3	14.90	32.40	2.1	19.8	42.3	3.9	63.05	1:03.05	
		170	11.5	7.8	14.20	31.73	2.1	19.4	43.3	4.2	9.0	8.7	15.60	33.56	2.1	19.8	42.2	3.9	65.29	1:05.29	
<b>AVERAGE</b>			11.8	7.4	13.70	30.80	2.1	18.9	43.4	4.0	9.5	8.4	15.03	32.63	2.1	19.5	42.7	3.9	63.43	0.00	
2023BCWIN	LOSC	FACK, Leilani	15-17	11.0	8.0	14.60	32.04	1.9	21.5	45.7	3.7	6.0	8.7	15.60	33.27	1.9	22.8	44.8	3.9	65.31	1:05.31
2023BCWIN	KCS	ANGOVE, Sienna	15-17	10.5	7.5	14.30	32.25	2.1	19.7	42.0	4.3	7.5	8.8	15.80	33.65	2.1	20.2	41.5	3.8	65.90	1:05.90
2023BCWIN	LOSC	KO, Ashley	15-17	12.5	7.9	14.20	32.31	2.1	19.5	41.8	4.0	7.0	8.9	15.60	33.76	2.0	21.1	41.5	4.0	66.07	1:06.07
<b>AVERAGE</b>			11.3	7.8	14.37	32.20	2.0	20.2	43.1	4.0	6.8	8.8	15.67	33.56	2.0	21.4	42.6	3.9	65.76	0.00	
2023BCWIN	KISU	RUTTEN, Hannah	13-14	9.0	7.8	14.60	32.40	1.8	24.2	47.9	4.4	4.0	9.0	16.20	35.07	1.8	25.6	45.7	3.8	67.47	1:07.47
2023BCWIN	LOSC	JIA, Carlyne	13-14	12.5	7.5	14.40	33.36	2.0	19.9	40.3	4.4	7.0	9.0	16.50	35.94	2.0	21.1	38.8	4.2	69.30	1:09.30
2023BCWIN	CDSC	LIU, Yingxuan Lucy	13-14	9.0	8.8	15.50	33.63	1.9	22.3	43.8	4.3	5.0	9.4	16.70	35.73	1.9	23.7	42.5	4.2	69.36	1:09.36
<b>AVERAGE</b>			10.2	8.0	14.83	33.13	1.9	22.1	44.0	4.4	5.3	9.1	16.47	35.58	1.9	23.5	42.3	4.1	68.71	0.00	

CODES: \* WORLD AVERAGE - Average of Top 8 World Performances from RSI Data Base

\*\* CDN RECORD MODEL - Based on World Average Models

B-O (m) - Breakout Distance (m)

T (sec) - Split Time (sec)

DPS / 50 - Av Distance per Stroke (metres/stroke cycle) / 50m

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2023BCWIN	RAPID	HANUS, Danielle
2023BCWIN	LOSC	SCHROEDER, Katelyn
2023BCWIN	ISC	BIKADI, Kajsha

WOMENS 200 BK LC	Start (15m)		1st 50 Swim			Turn 1			2nd 50 Swim			Turn 2			3rd 50 Swim			Turn 3			4th 50 Swim			Finish	End Time	End Time							
	B-O (m)	T (sec)	T (sec)	DPS/50	SC/50	SR/50m	5-in	B-O (m)	15-out	T (sec)	DPS/50	SC/50	SR/50m	5-in	B-O (m)	15-out	T (sec)	DPS/50	SC/50	SR/50m	5-in	B-O (m)	15-out	T (sec)	DPS/50	SC/50	SR/50m	5m (sec)	(sec)	T (min/sec)			
<b>WORLD AVERAGE*</b>	12.6	7.2	29.47	2.1	17.2	45.4	3.4	8.1	8.1	31.17	2.2	18.6	42.3	3.5	7.9	8.4	31.77	2.1	19.2	43.1	3.7	7.5	8.3	31.98	2.0	20.3	43.5	3.3	124.39	2:04.39			
<b>CDN-SR RECORD**</b>	13.0	7.3	29.72	2.0	17.7	47.2	3.4	10.0	8.2	31.42	2.1	18.5	43.8	3.5	10.0	8.4	32.04	2.0	19.0	44.8	3.7	10.0	8.4	32.24	2.0	20.0	45.0	3.3	125.42	2:05.42			
<b>AGE CATEGORY</b>																																	
170	12.5	7.4	32.15	2.2	17.0	40.3	4.3	11.0	8.4	34.94	2.2	17.7	37.5	4.9	10.5	8.6	35.51	2.2	18.2	37.5	4.7	10.0	8.8	34.53	2.2	18.2	38.2	4.1	137.13	2:17.13			
170	13.5	7.6	32.58	2.5	14.8	35.8	4.4	9.5	8.5	35.21	2.4	17.1	34.2	4.5	8.5	8.7	35.71	2.3	17.8	34.7	4.8	7.5	8.6	35.25	2.3	18.5	35.2	4.5	138.75	2:18.75			
170	11.0	8.3	32.71	2.2	18.0	41.5	4.3	9.0	9.1	35.45	2.2	18.4	37.3	4.5	8.0	9.6	36.94	2.2	18.8	36.2	4.6	8.0	9.8	36.39	2.1	20.0	37.5	3.8	141.29	2:21.49			
<b>AVERAGE</b>	12.3	7.8	32.48	2.3	16.6	39.2	4.3	9.8	8.7	35.20	2.3	17.7	36.3	4.6	9.0	9.0	36.05	2.2	18.3	36.1	4.7	8.5	9.1	35.39	2.2	18.9	36.9	4.1	139.06	2:19.12			
2023BCWIN	KCS	ANGOVE, Sienna	15-17	12.0	7.9	33.58	2.1	18.1	39.8	4.4	7.5	9.0	35.96	2.2	19.6	36.8	4.6	6.5	9.2	35.63	2.1	21.0	39.2	4.2	6.0	8.9	34.14	2.1	21.3	40.8	3.7	139.31	2:19.31
2023BCWIN	SPART	SAUNDERS, Calli	15-17	11.0	7.8	33.25	2.5	15.8	34.2	4.2	6.0	8.8	35.30	2.5	17.4	32.5	4.8	5.5	9.0	36.06	2.5	18.0	33.2	4.8	5.5	9.0	35.01	2.4	18.5	34.5	4.1	139.62	2:19.62
2023BCWIN	LOSC	FACK, Leilani	15-17	10.5	7.9	33.72	2.0	19.4	40.7	4.2	5.5	8.8	35.69	2.1	21.5	39.0	4.6	4.5	9.2	36.47	2.0	23.1	40.0	4.5	4.0	9.2	35.52	2.0	23.4	41.2	4.2	141.40	2:21.40
<b>AVERAGE</b>	11.2	7.9	33.52	2.2	17.8	38.2	4.3	6.3	8.9	35.65	2.3	19.5	36.1	4.7	5.5	9.1	36.05	2.2	20.7	37.4	4.5	5.2	9.0	34.89	2.1	21.1	38.8	4.0	140.11	2:20.11			
2023BCWIN	KISU	RUTTEN, Hannah	13-14	10.0	8.1	32.91	1.8	22.2	48.5	4.2	4.5	9.2	35.94	1.8	25.3	44.5	4.5	4.0	9.5	37.10	1.8	25.1	43.5	4.9	3.5	9.7	36.77	1.8	25.4	43.7	4.4	142.72	2:22.72
2023BCWIN	KISU	DE MITRI, Kyah	13-14	9.0	9.2	35.80	2.3	18.1	35.8	4.3	5.0	10.0	37.68	2.4	19.0	33.3	4.5	4.0	10.3	38.62	2.3	19.7	32.2	4.4	4.0	9.9	37.24	2.3	20.3	34.2	4.4	149.34	2:29.34
2023BCWIN	SKSC	HEFEEDA, Raneem	13-14	10.0	8.6	35.41	2.1	19.0	38.8	4.5	6.5	9.5	37.82	2.1	21.0	36.7	4.9	5.0	9.9	38.94	2.1	21.8	36.0	4.9	5.0	9.6	37.31	2.0	22.5	37.8	4.2	149.48	2:29.48
<b>AVERAGE</b>	9.7	8.6	34.71	2.1	19.8	41.1	4.3	5.3	9.6	37.15	2.1	21.8	38.2	4.6	4.3	9.9	38.22	2.1	22.2	37.2	4.7	4.2	9.7	37.11	2.0	22.7	38.6	4.3	147.18	2:27.18			

CODES: \* WORLD AVERAGE -  
 \*\* CDN RECORD MODEL - Based on World Average Models  
 B-O (m) - Breakout Distance (m)  
 T (sec) - Split Time (sec)  
 DPS/50 - Av Distance per Stroke (metres/stroke cycle) / 50m  
 SC/50 - Stroke Count (cyc) / 50m  
 SR/50 - Av Stroke Rate / 50m